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MUSIC FOR EXERCISES IN DANCING

FOURTH COLLECTION, JUNIOR PART

ARRANGED BY LOUIS H. CHALIF

PRINCIPAL, CHALIF NORMAL SCHOOL OF DANCING

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MUSIC FOR EXERCISES IN DANCING; THE

FOURTH COLLECTION, JUNIOR PART.

FOR ALL EXERCISES DESCRIBED IN BOOKS I AND II OF THE "CHALIF TEXT BOOK OF DANCING"

With the Fourth Collection, Senior Part, superseding the 3rd edition of "Music for the Classical Exercises for Technique in Dancing"

MANY ADDITIONS MAKE 50 SELECTIONS IN THIS VOLUME AND 30 IN THE SENIOR PART, ALL ENTIRELY NEW SELECTIONS

ARRANGED BY LOUIS H. CHALIF

GRADUATE OF THE RUSSIAN IMPERIAL BALLET SCHOOL
PRINCIPAL OF THE CHALIF NORMAL SCHOOL OF DANCING, N. Y.

Price $3.00 See next page.

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Louis H. Chalif, Principal.
163-5 West 57th St. New York.

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DIVERS DIRECTIONS

The **References** at the close of each title are to the places where the exercise is completely described in the CHALIF TEXT BOOK OF DANCING, Books I and II, by L. H. Chalif. Book I covers the fundamental positions & ex'es; 173 pp., ill. with photographs of the author & diagrams. Book II covers further ex'es, Port de Bras & the pedagogy of the standard ballroom dances in children's classes; 204 pp., 38 photographs ¶ Each volume is cloth bound, 5½ x 8 in., and costs $3.00; or both with this volume of music for $8.50.

The **Order** in which the exercises are here arranged is a good one for teaching them to a class, and for presenting them in each lesson. The order remains good no matter how many exercises are omitted, but need not be followed necessarily.

The **Metronome** indication give the ideal tempo, that suited to a thoroughly practiced dancer. One should begin with a considerably slower tempo, and gradually work toward this.

The **Pronunciation** of the French words in each particular connexion has been indicated by English spelling and the following special letters: "à" is pronounced like a in "fast"; "*e*" (italic) like e in "the boy"; "N" represents the French nasal n, which can be pronounced by attempting to produce the English n without touching the tongue to the roof of the mouth, and "o" and "u" are approx, as in German.

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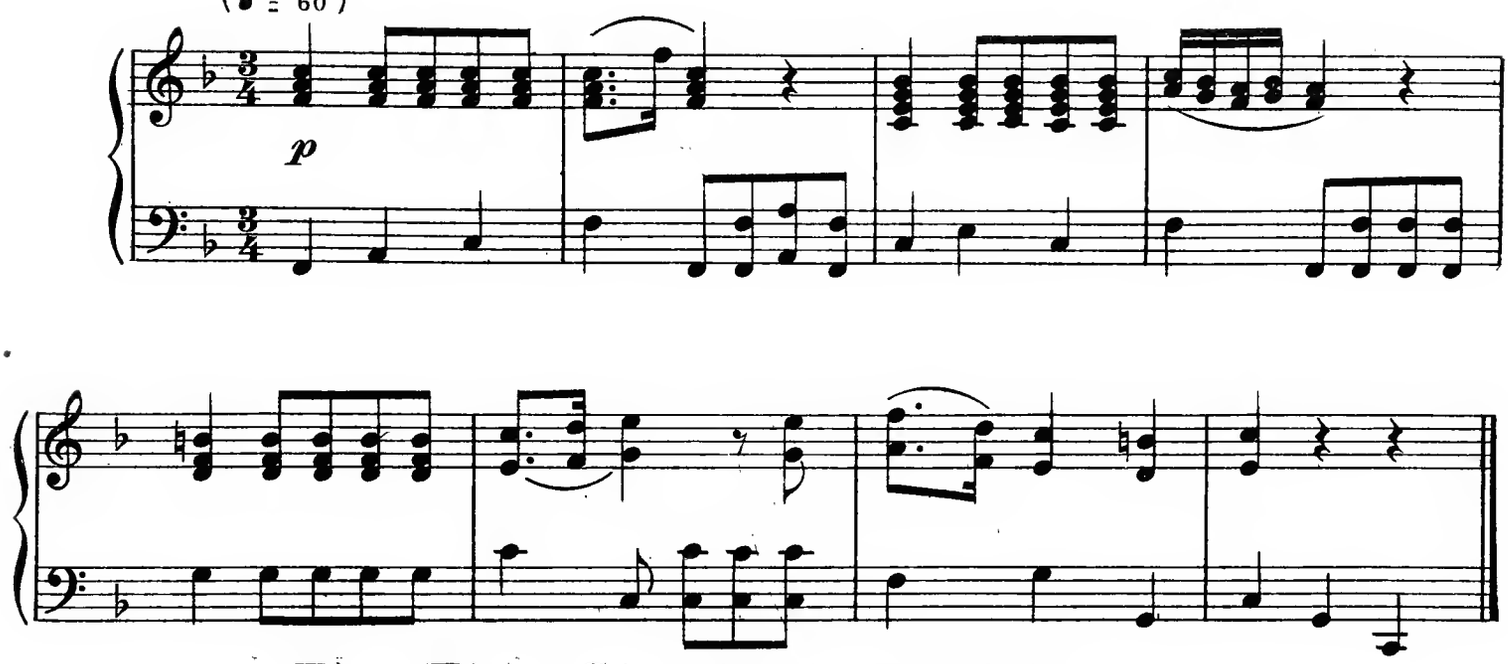
Courtesy and Bow

Book I, Page 25

Tempo di Minuetto

(♩ = 60)



The Five Standard Positions

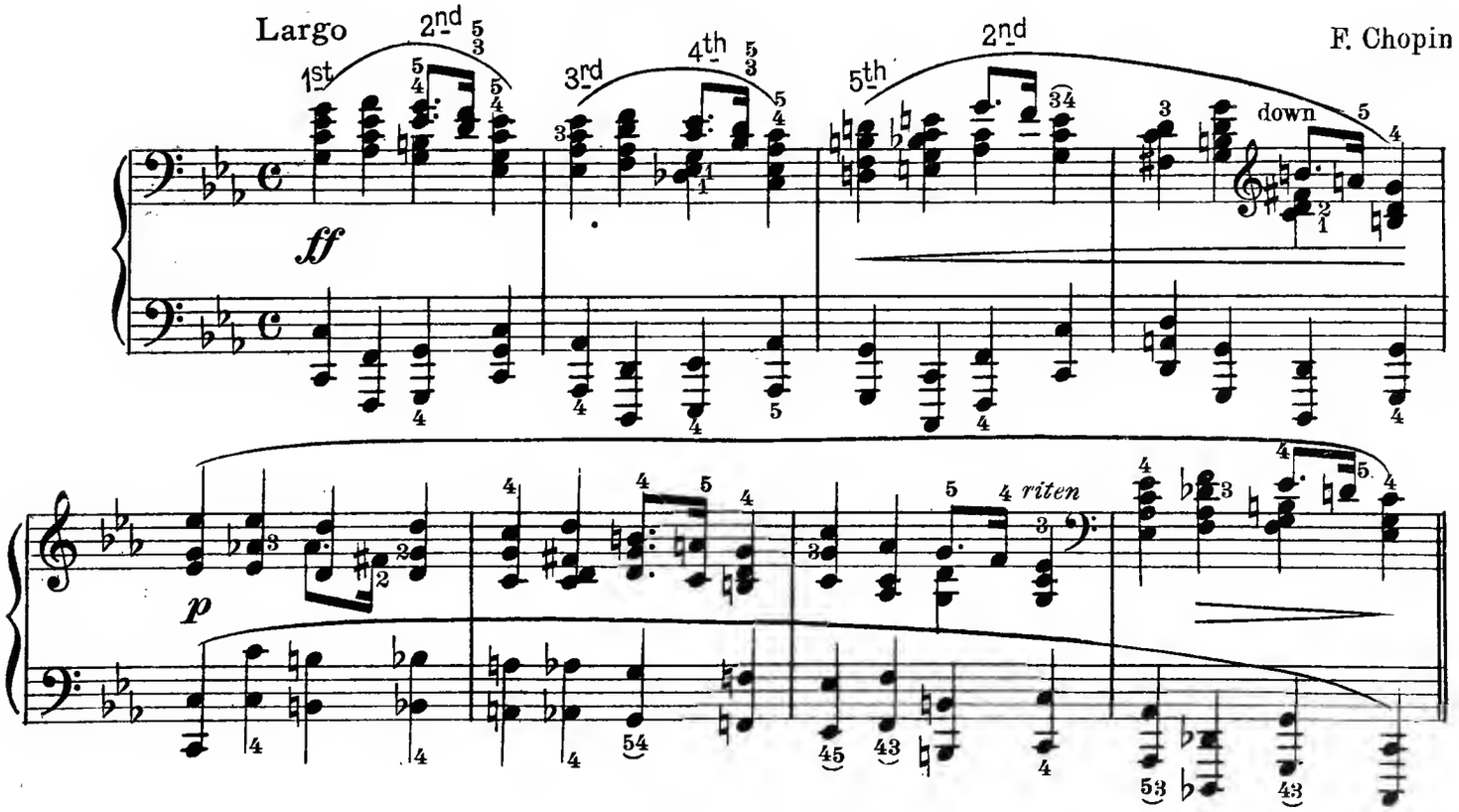
Book I, Page 29

The numbers written above the music indicate when each position is to be taken

In dreamy swaying rhythm (𝅗𝅥 = 52)

Largo

F. Chopin



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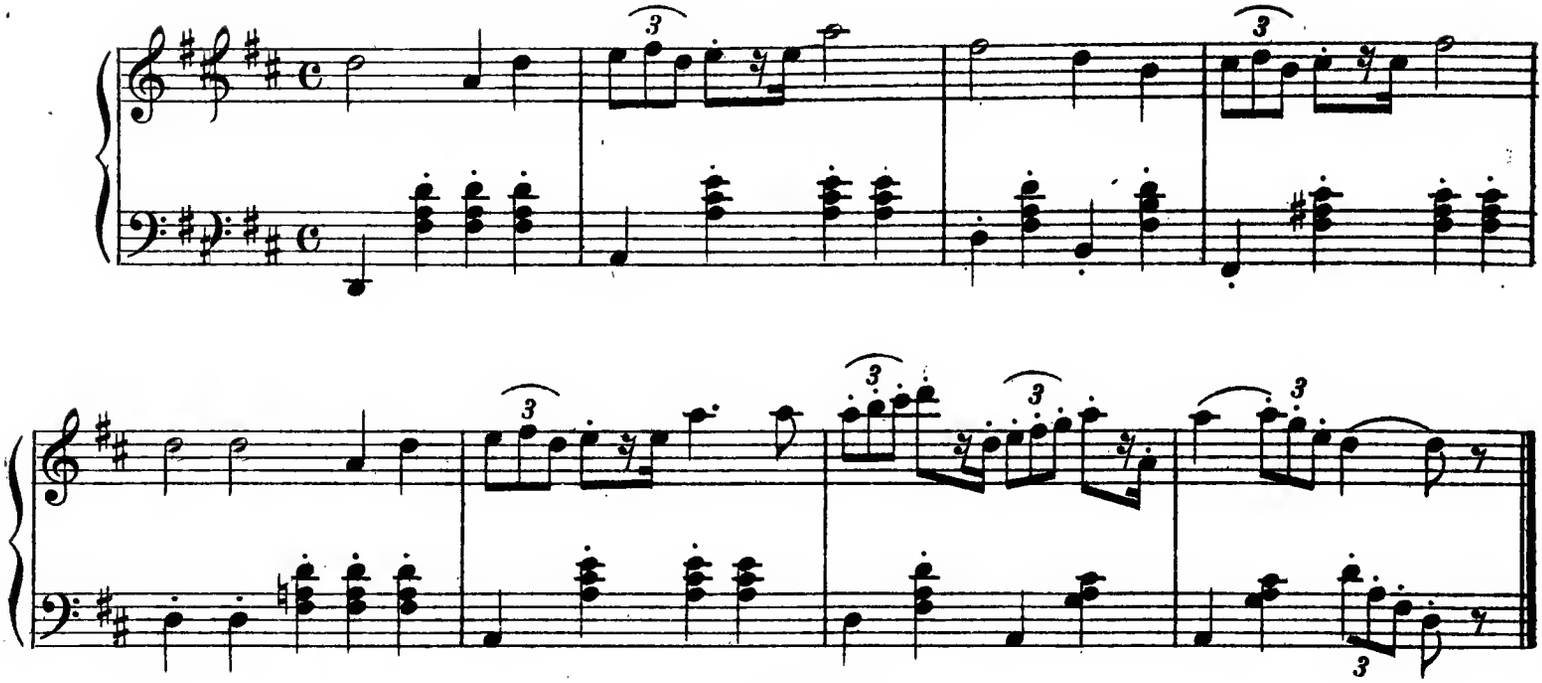
Step and Close

A preliminary exercise for ballroom dancing

Book II, Page 178

Tempo di Marcia (♩ = 86)

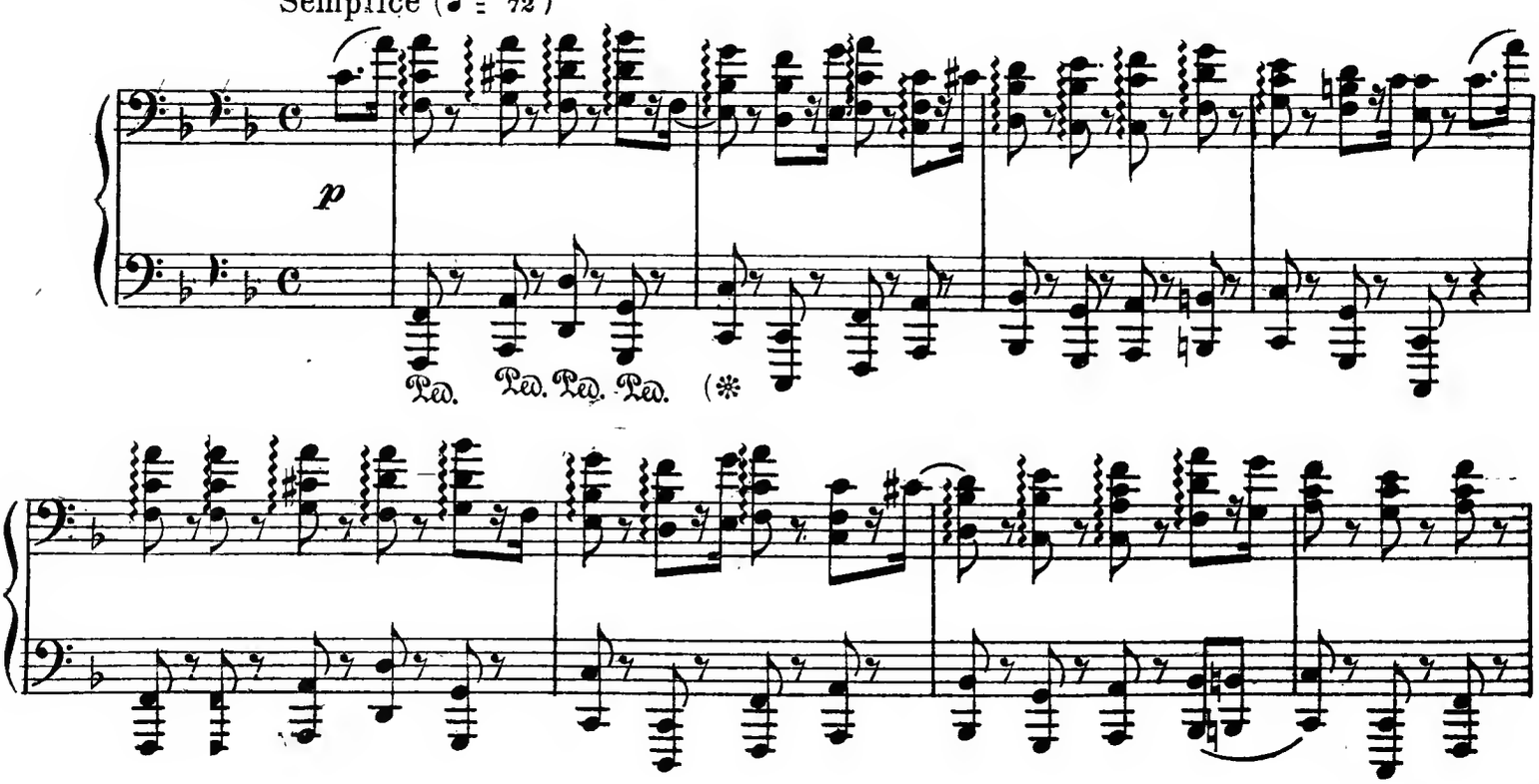


Plier

Or Pliés. Pron. plee-ay. Bending the knees

Book I, Page 58

Semplice (♩ = 72)



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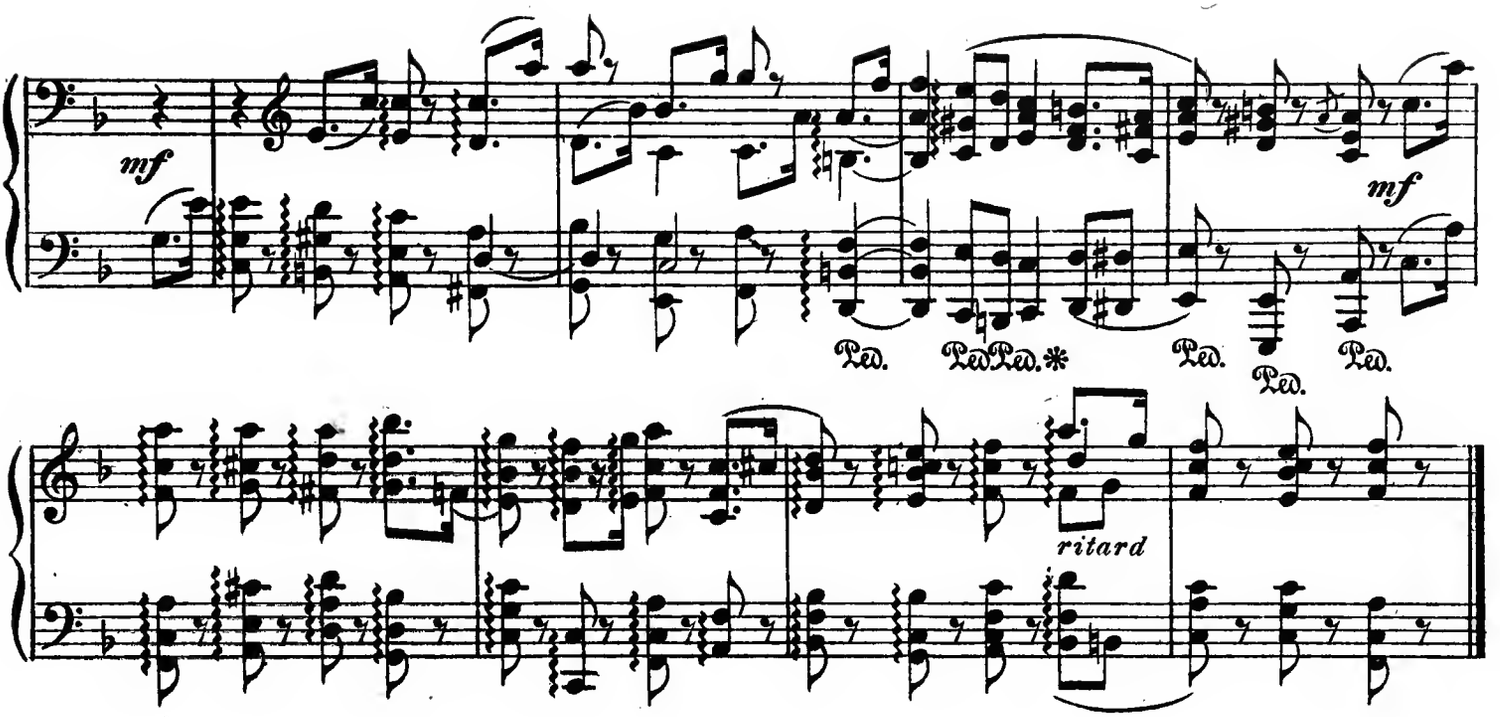
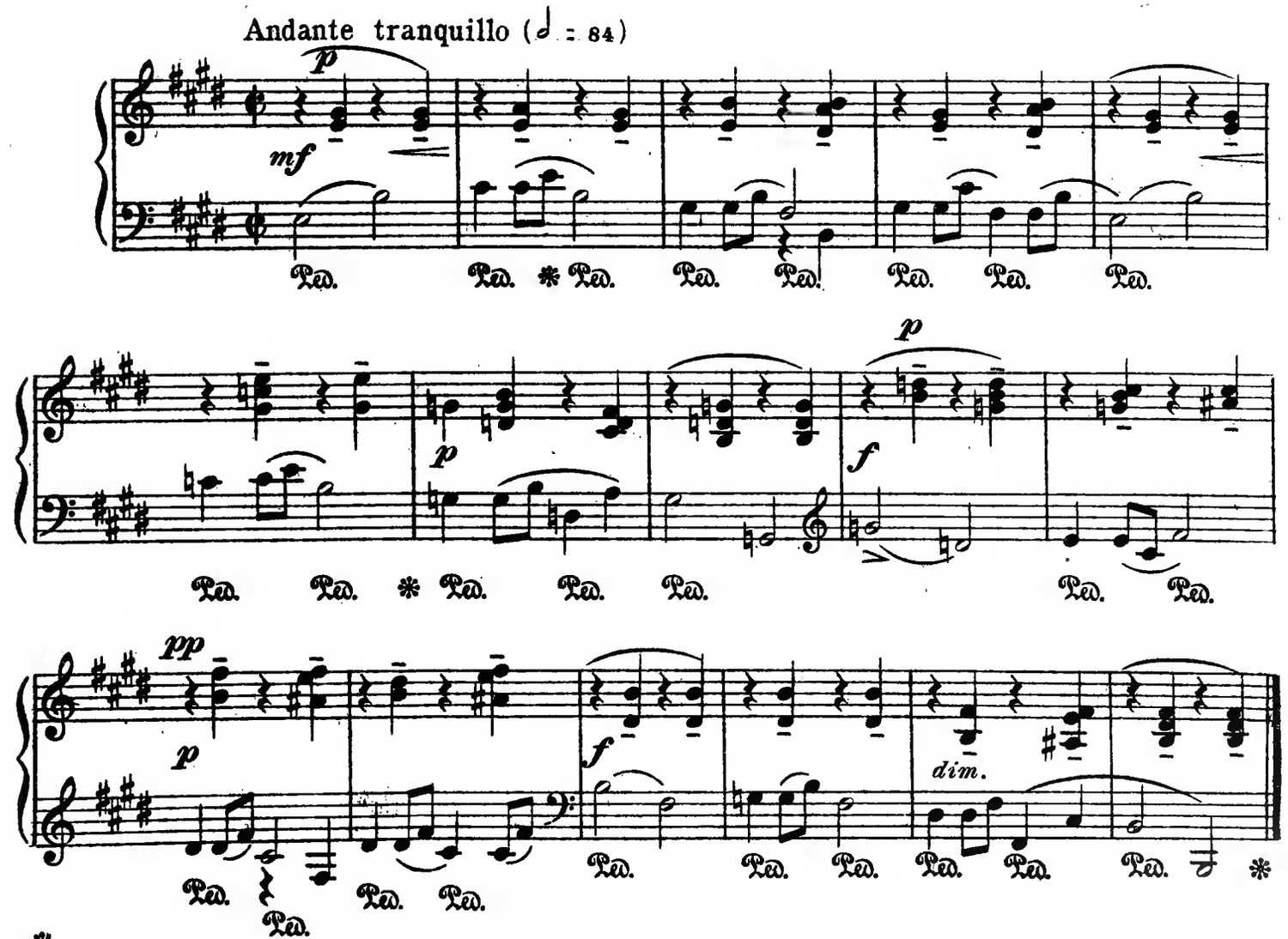


Pliés Battements

Plee-ay bàtmahN. Bending one knee and extending the other foot

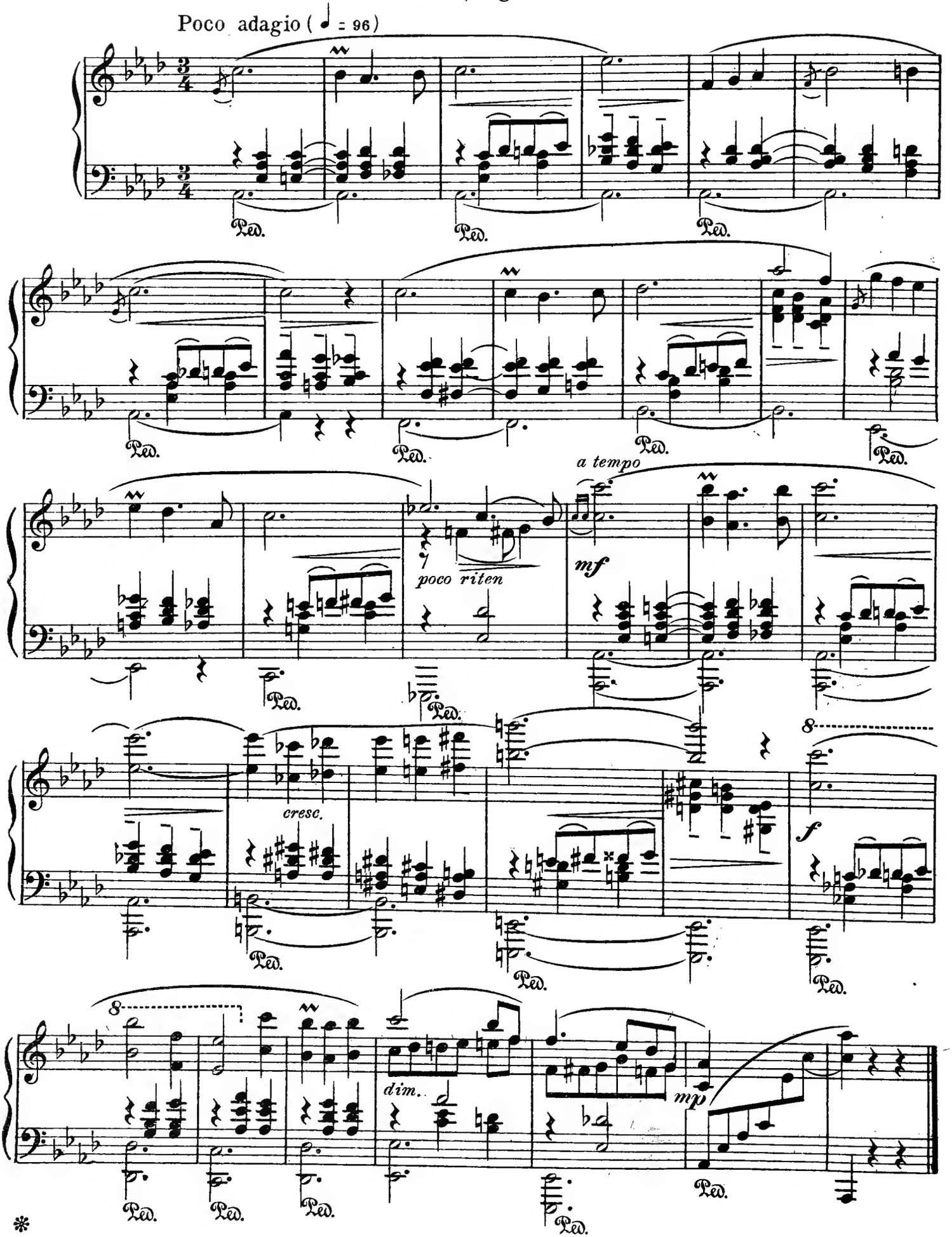
Book I, Page 77



Élever.

Ayl' vay Rising on the toes

Book I, Page 48

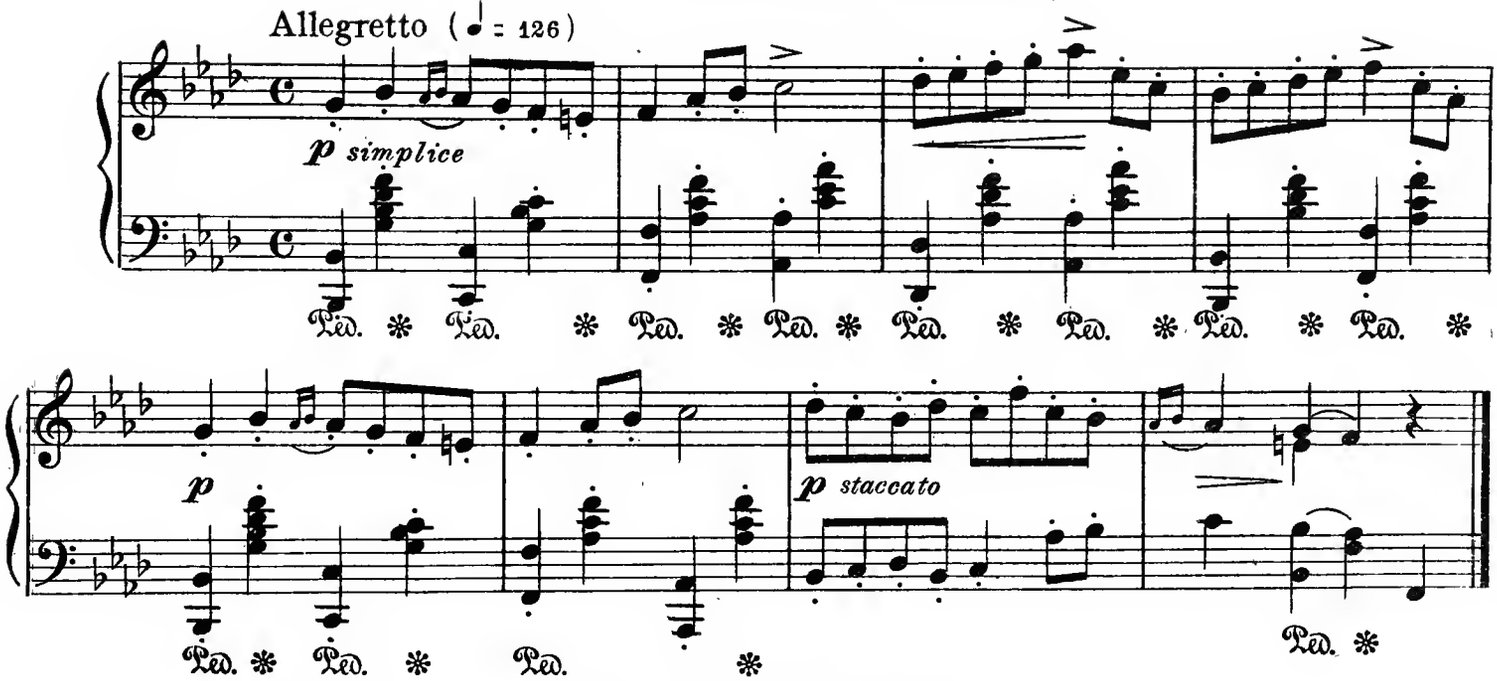


Pointer.

Pwàn-tay Pointing the Foot

Book II, Page 89

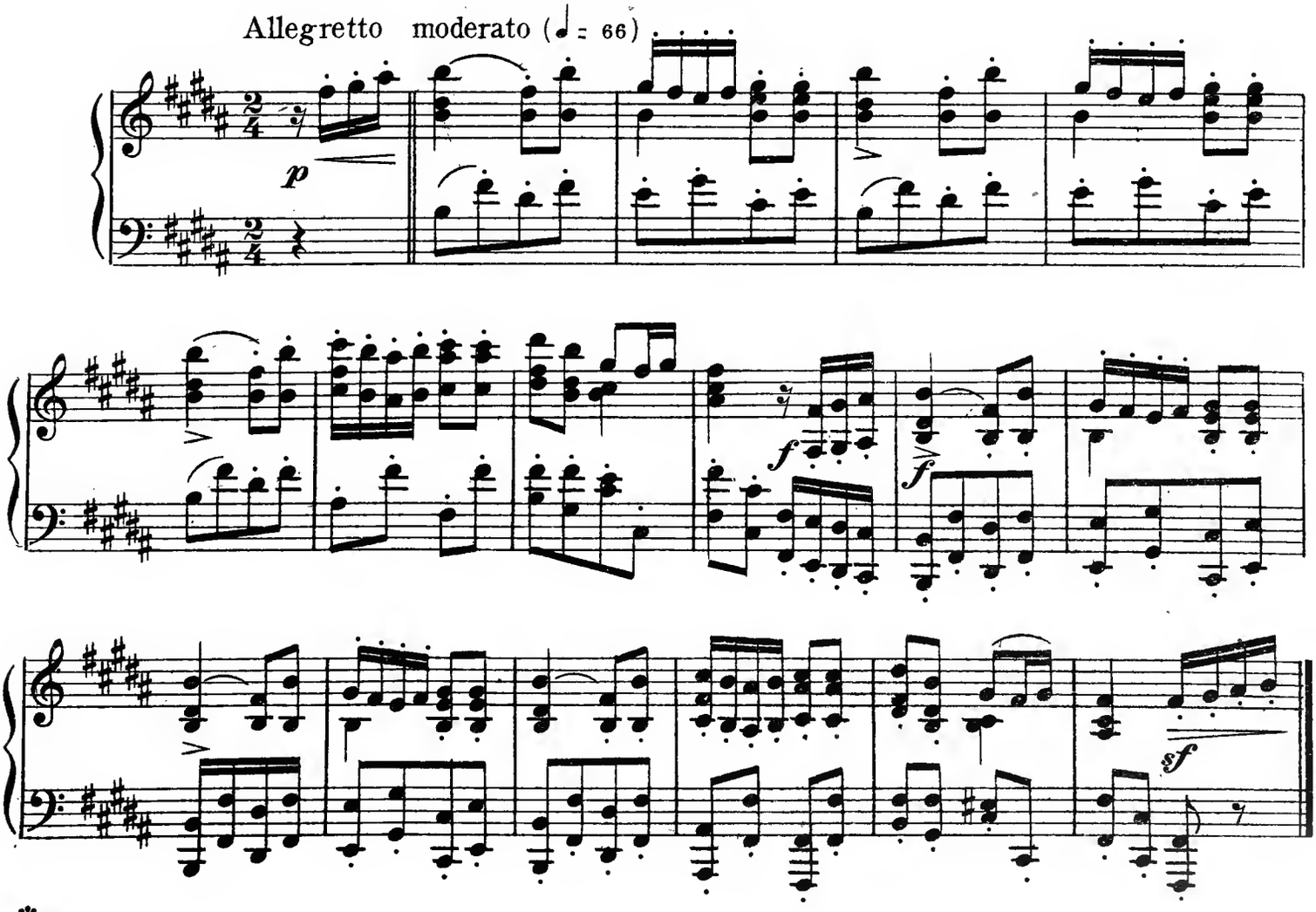
(Use one measure for each execution)



Pas de Pointe

Pah de pwànt. Step to side and point forward

Book II, Page 93



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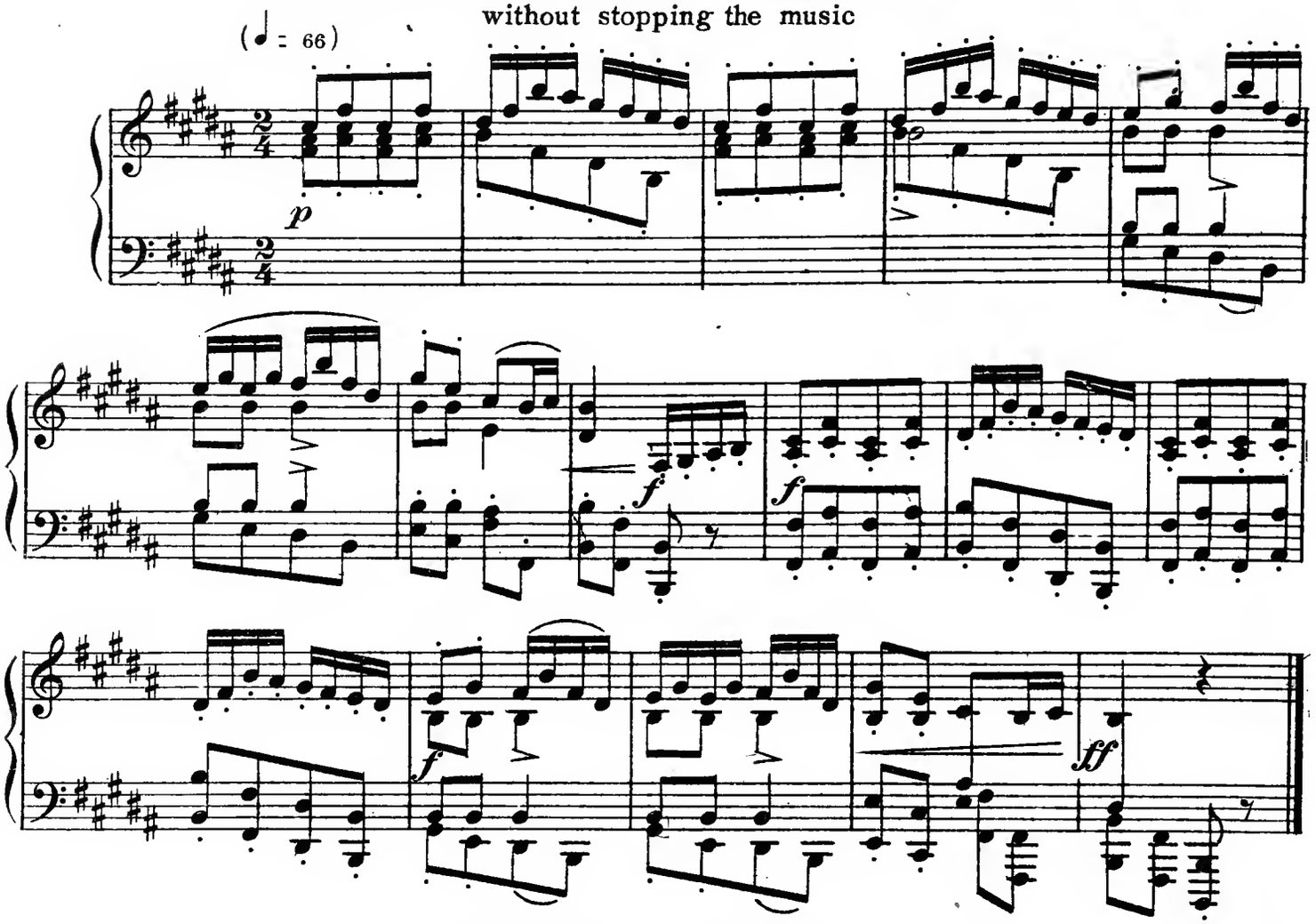
Glissé, Assemblé, Glissé, Pointe

Gleessay, àssahNblay, gleessay, pwàNt. Slide, close, step, point

Book II, Page 97

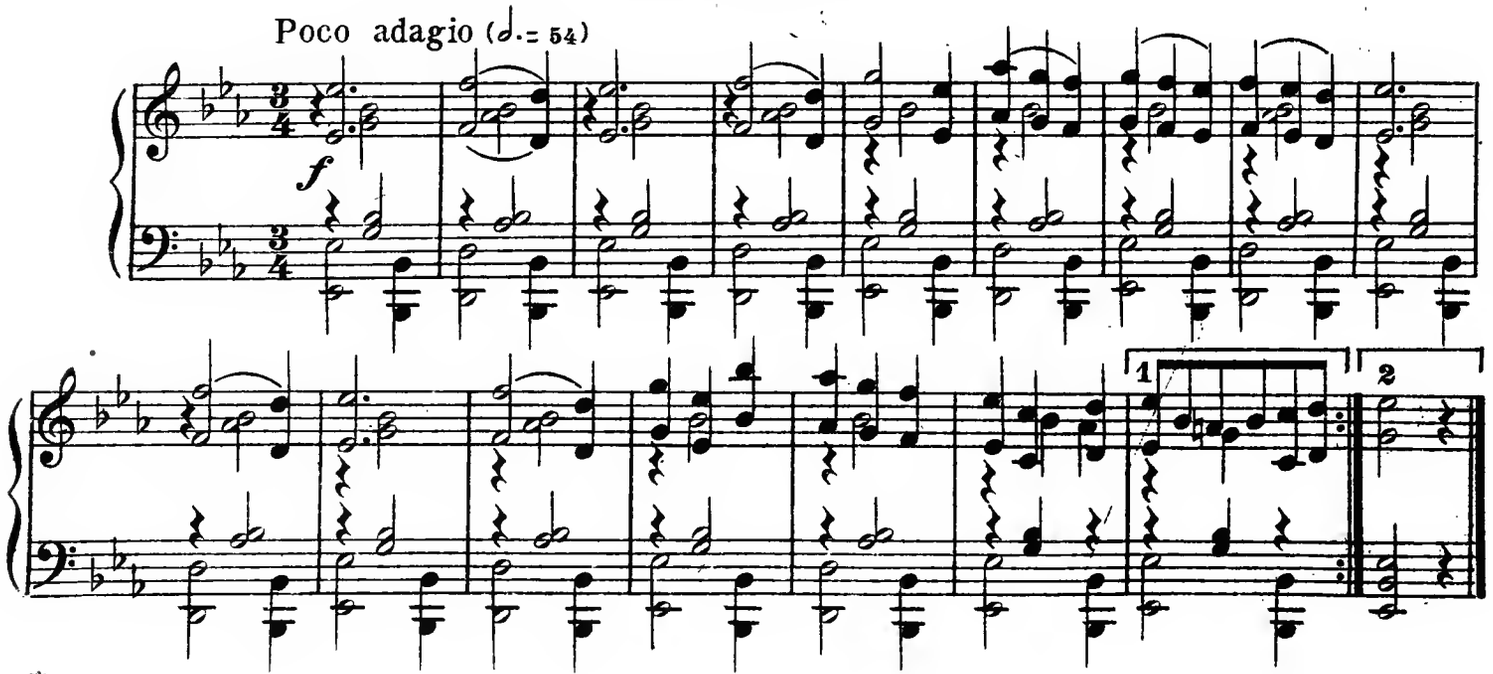
This exercise follows immediately after the preceding one, without stopping the music



Plastic Exercise B

Sideward bending, with pointing of the foot

Book II, Page 81

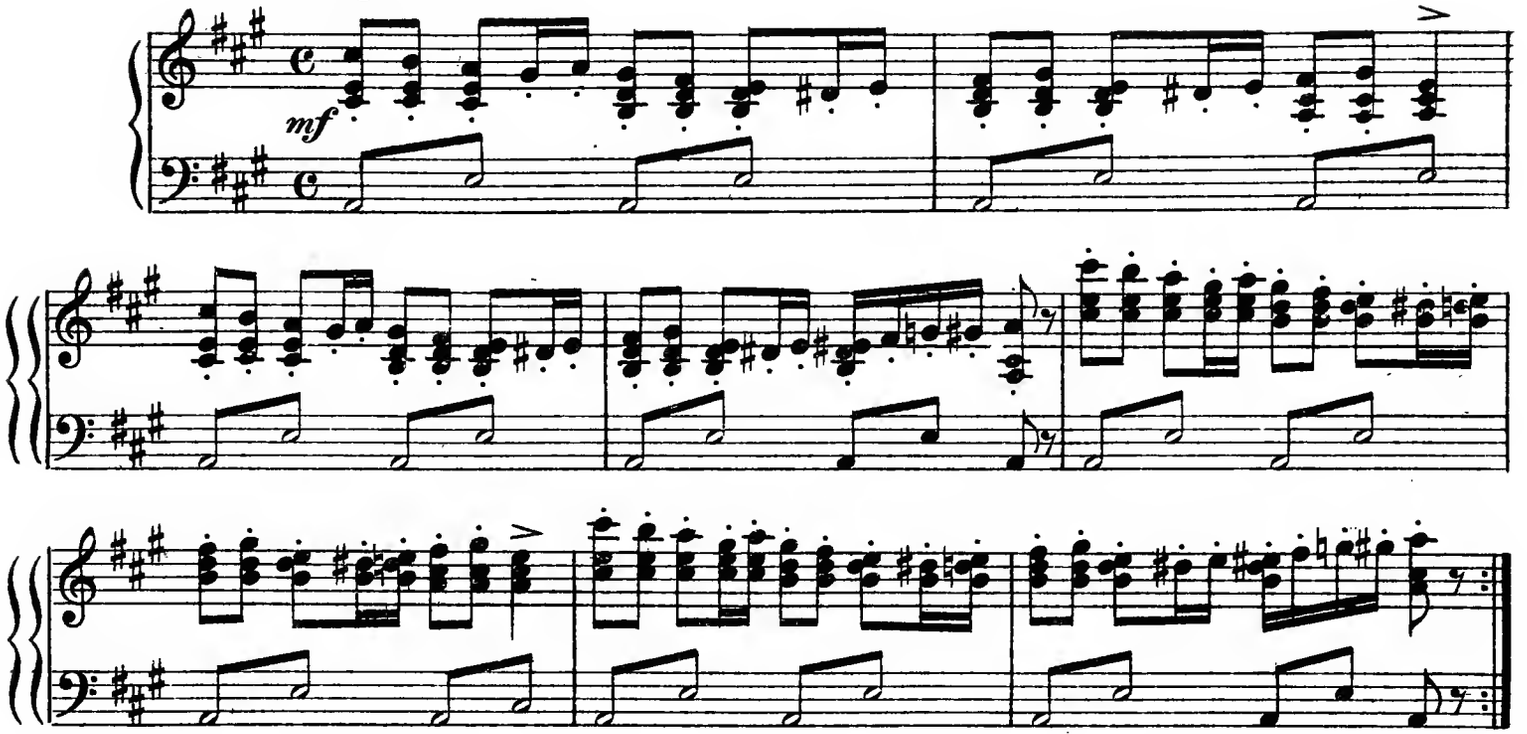


Petits Battements

P'tee bàt-mahN. Small beatings. Slide the foot out and bring it back

Book I, Page 66

Allegro (♩ = 126)

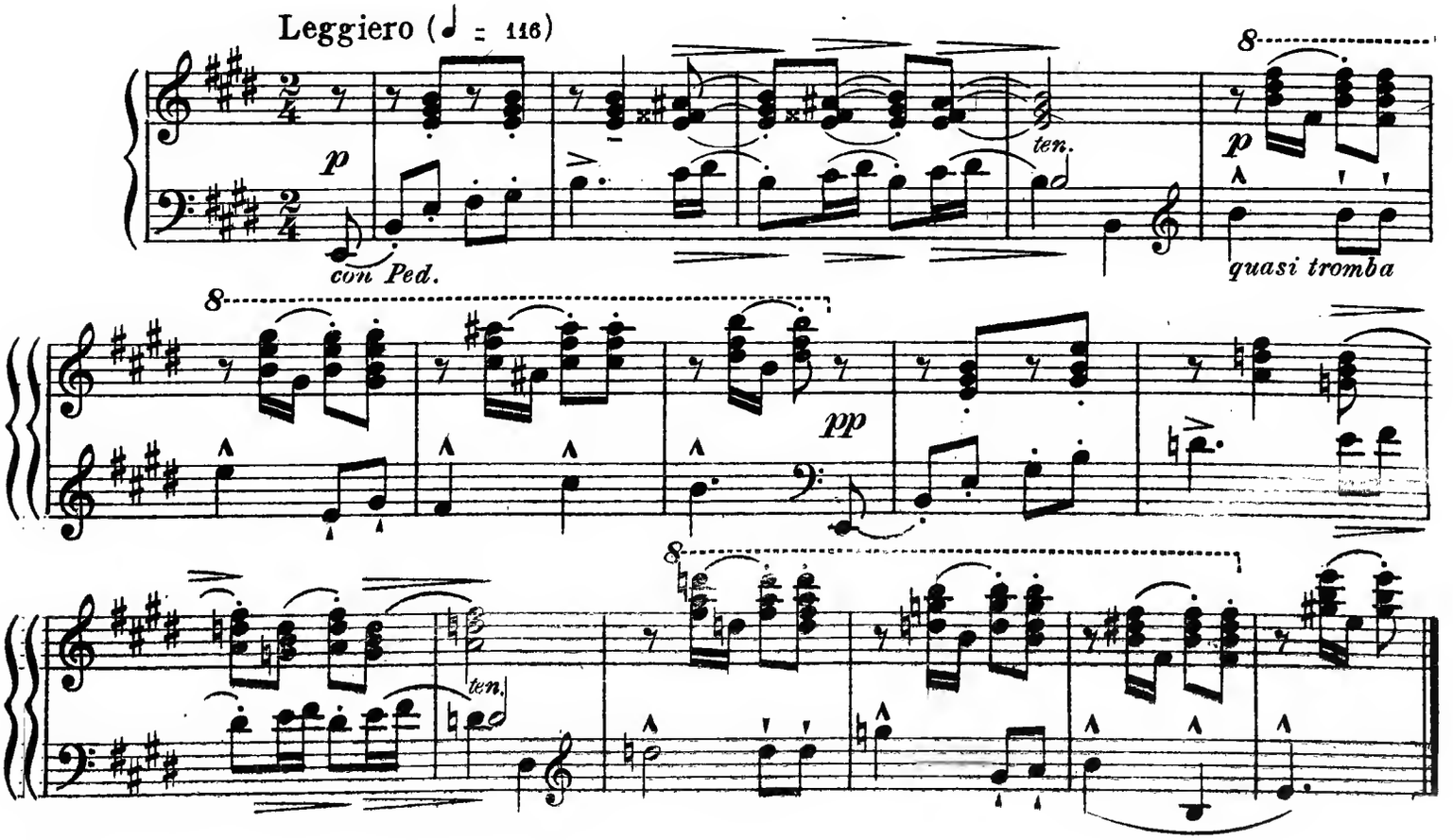


Petits Battements Alternatifs et Petits Coupés

P'tee bàt-mahNz àl-tair-nà-teefz ay p'tee coopay. Alternate small beatings and change

Book I, Page 80

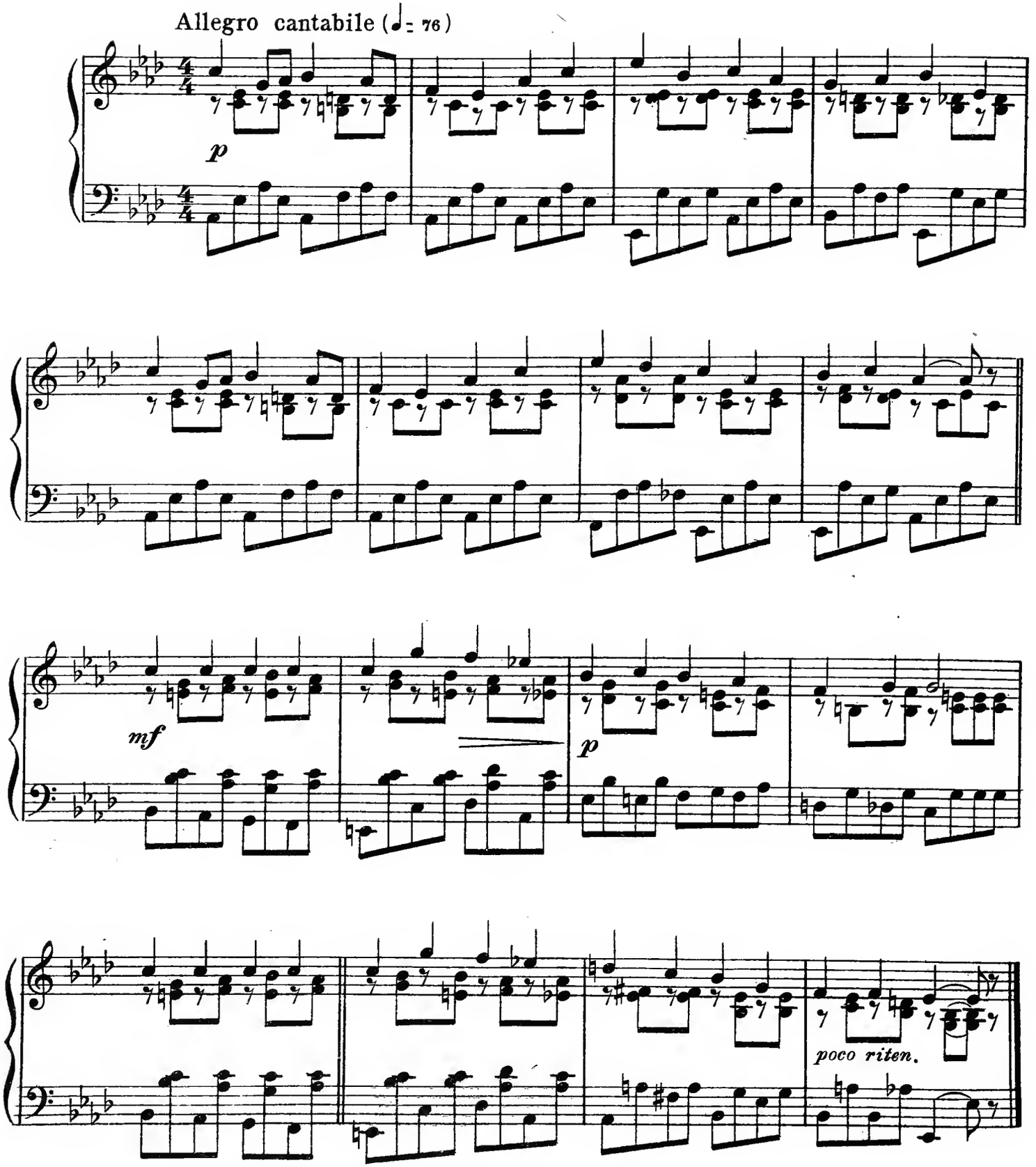
Leggiero (♩ = 116)



Petits Ronds de Jambe

P'tee rawN de zhahNb. Small circles with the leg, keeping the toes on the floor

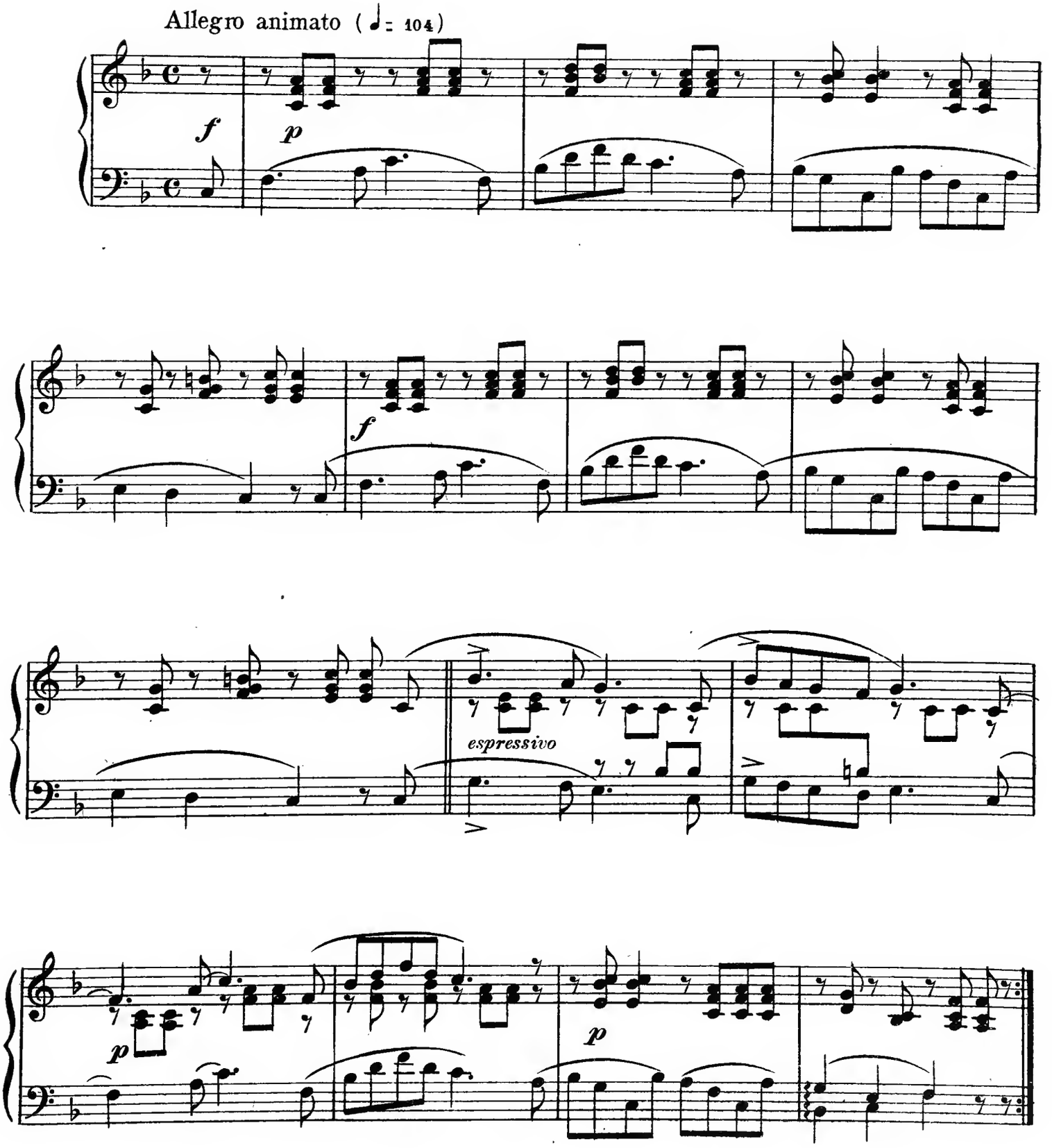
Book I, Page 87 & Book II, Page 100



Petits Battements et Petits Ronds de Jambe Alternativement

àl-tair-nà-teev-mahN. Small beatings alternating with foot circles

Book II, Page 109



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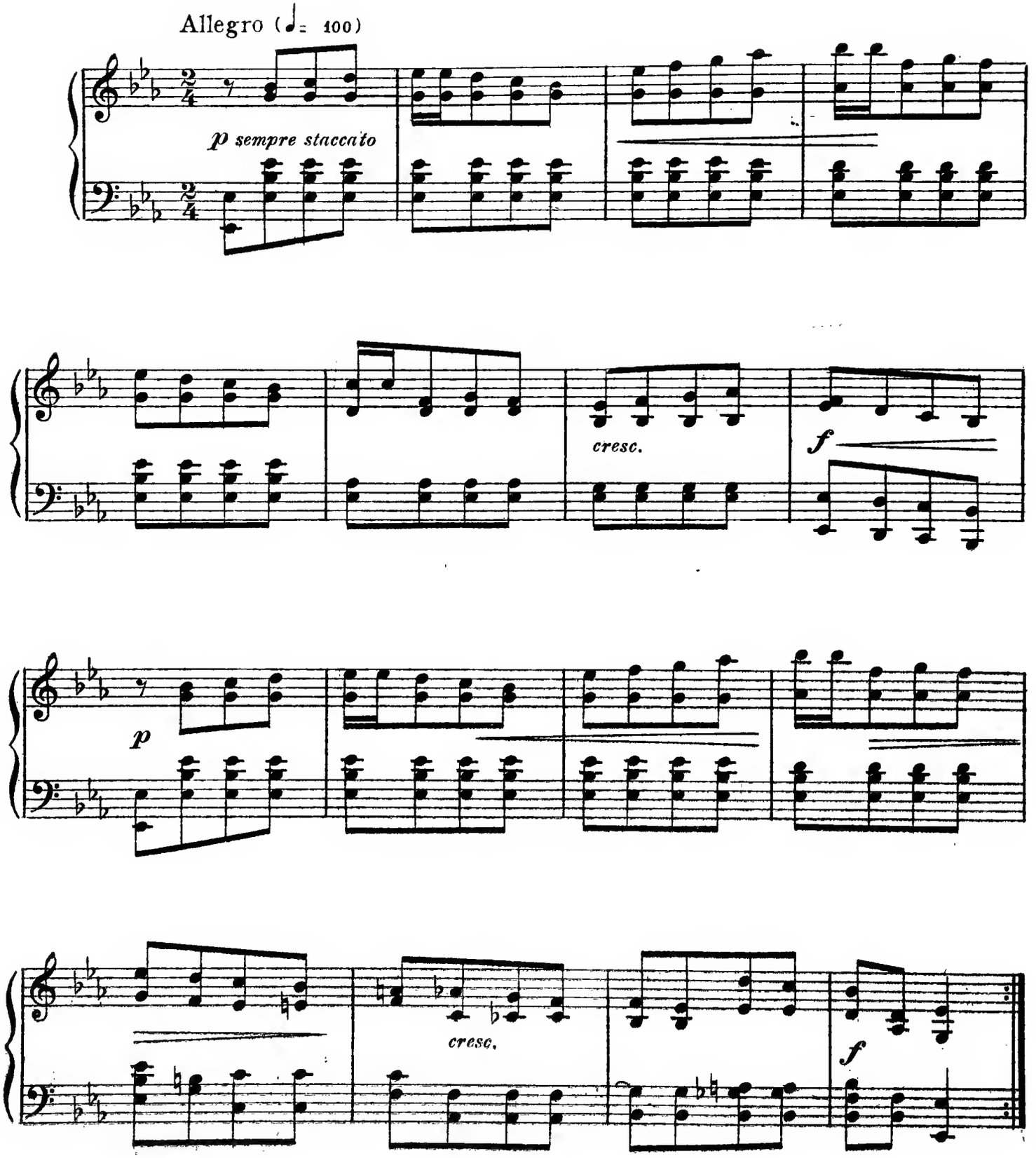
Grands Battements

GrahN bàtmahN. High beatings—lifting the leg from the hip

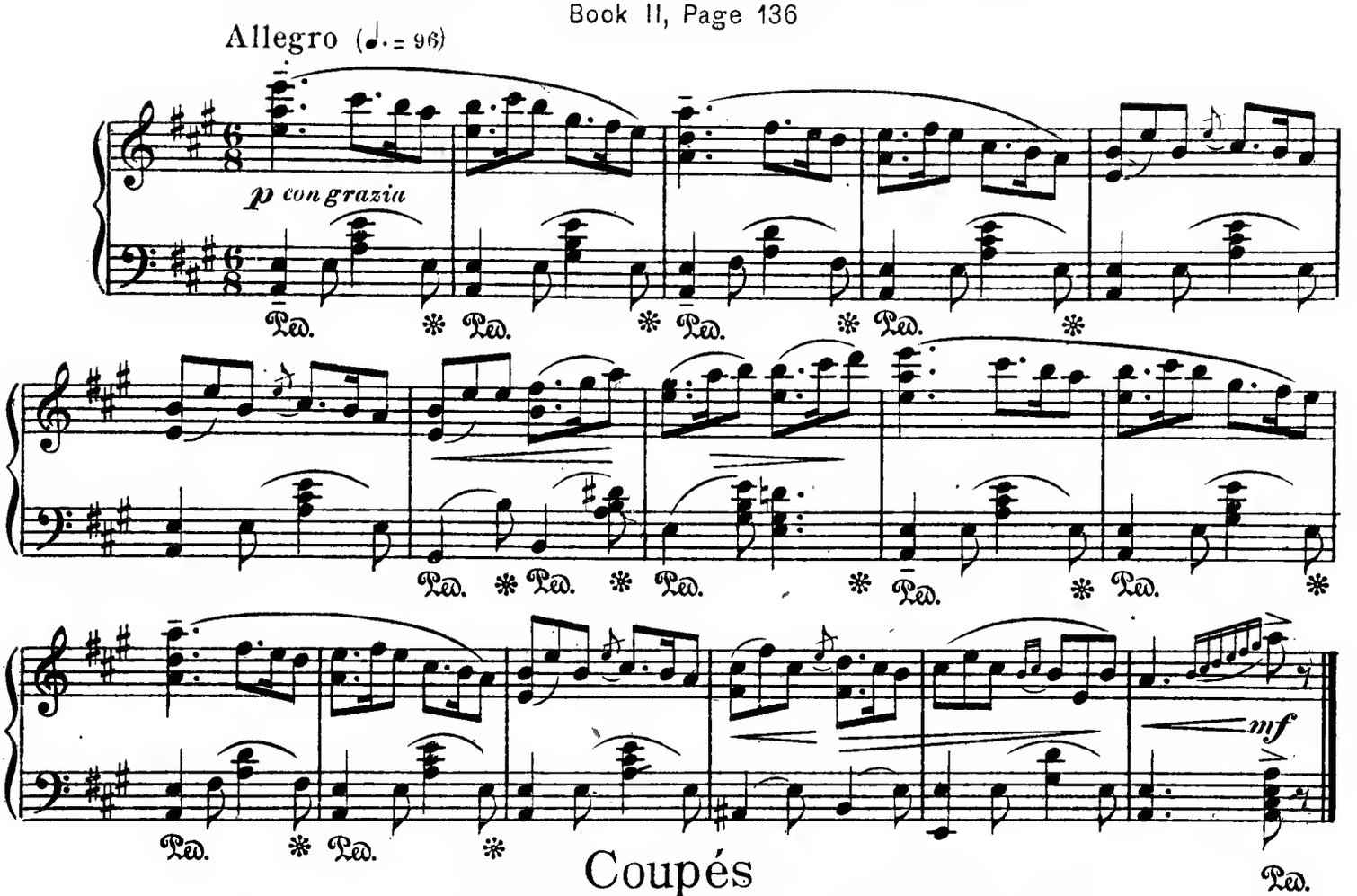
Book I, Page 91



Temps de Cuisse

TahN de kweece. Swinging the leg forward and back.

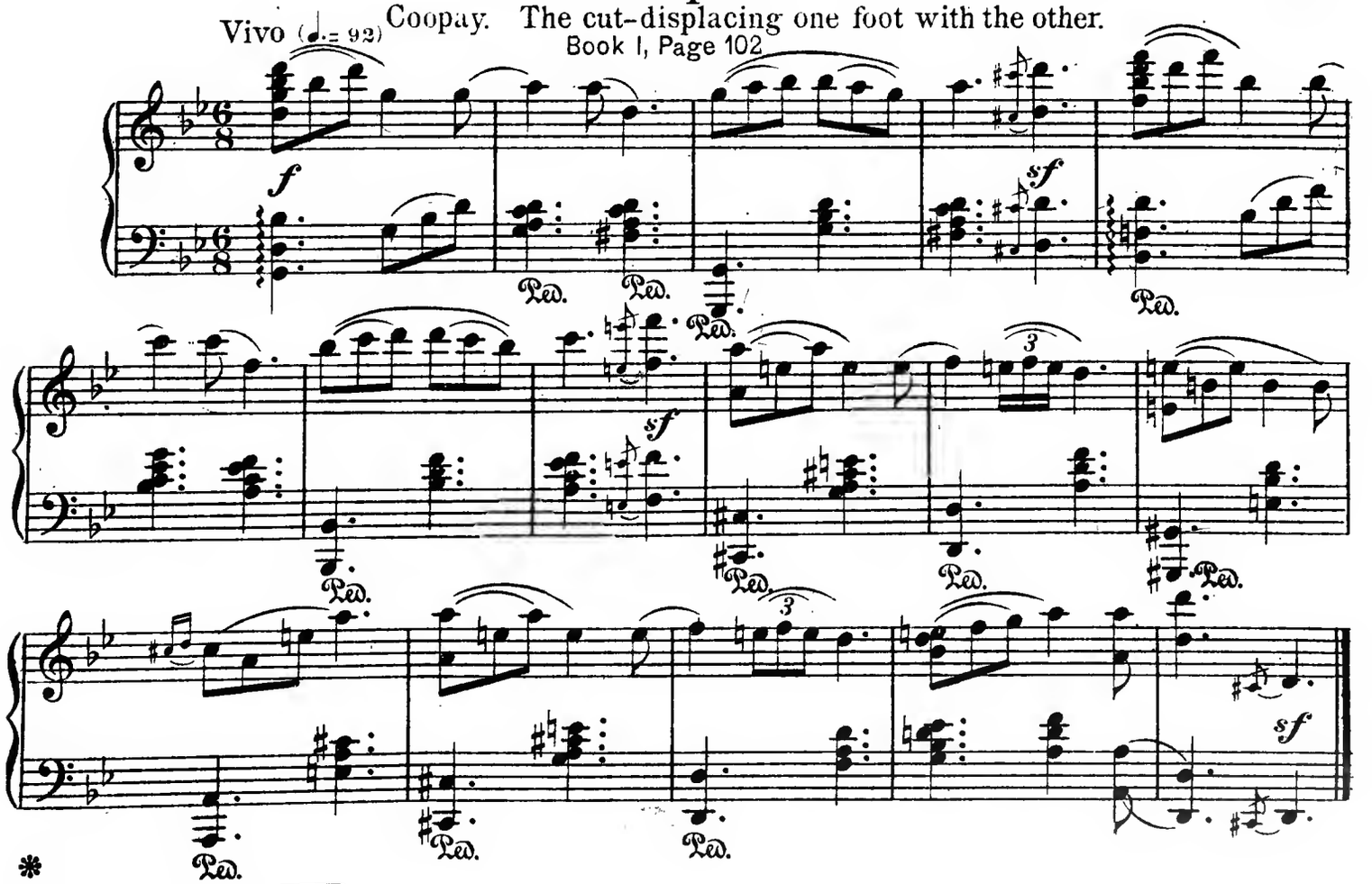
Book II, Page 136



Coupés

Coopay. The cut-displacing one foot with the other.

Book I, Page 102

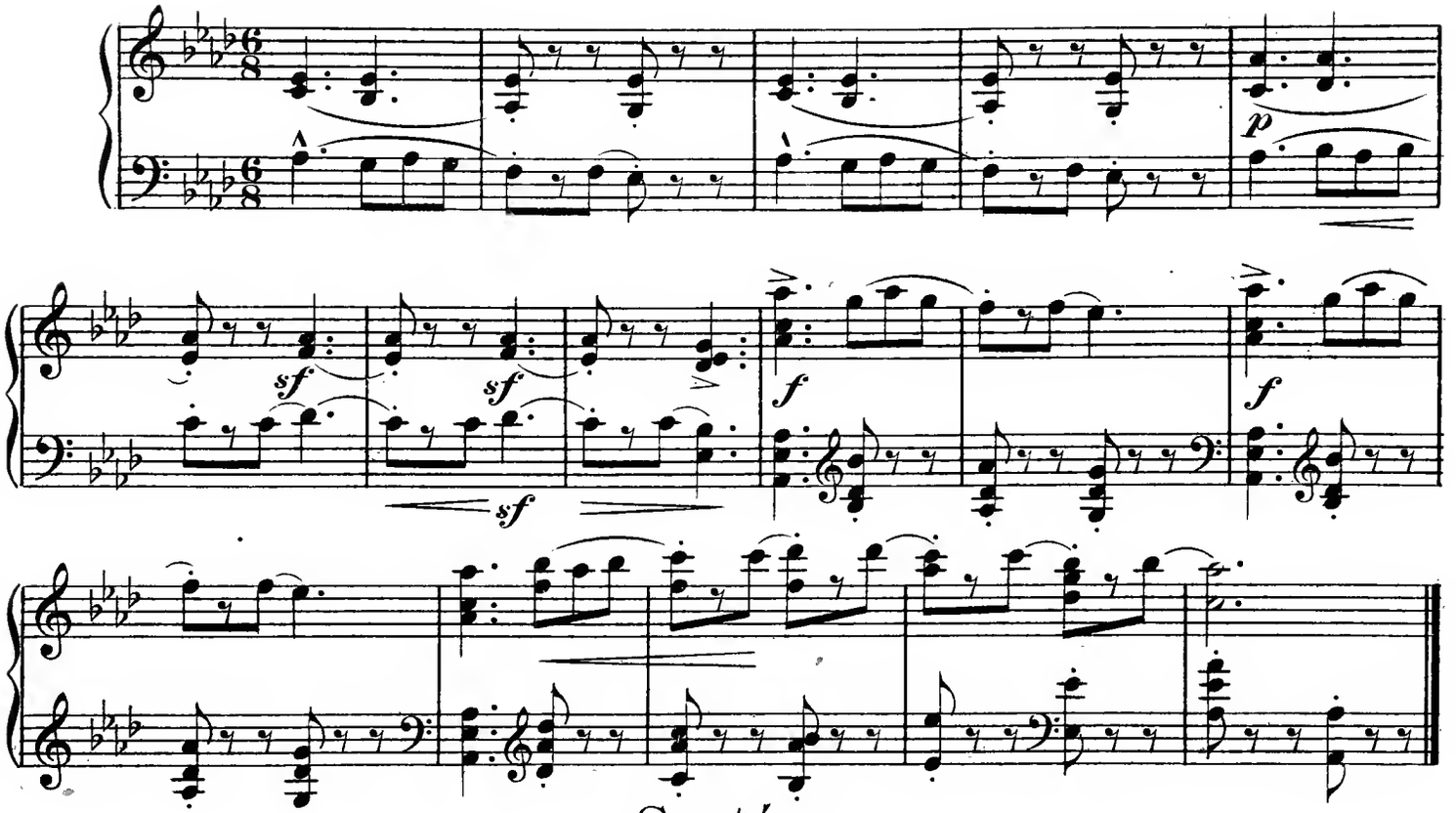


Jetés

Zhe - tay.

Book I, Page 107

Allegro (♩. = 96)

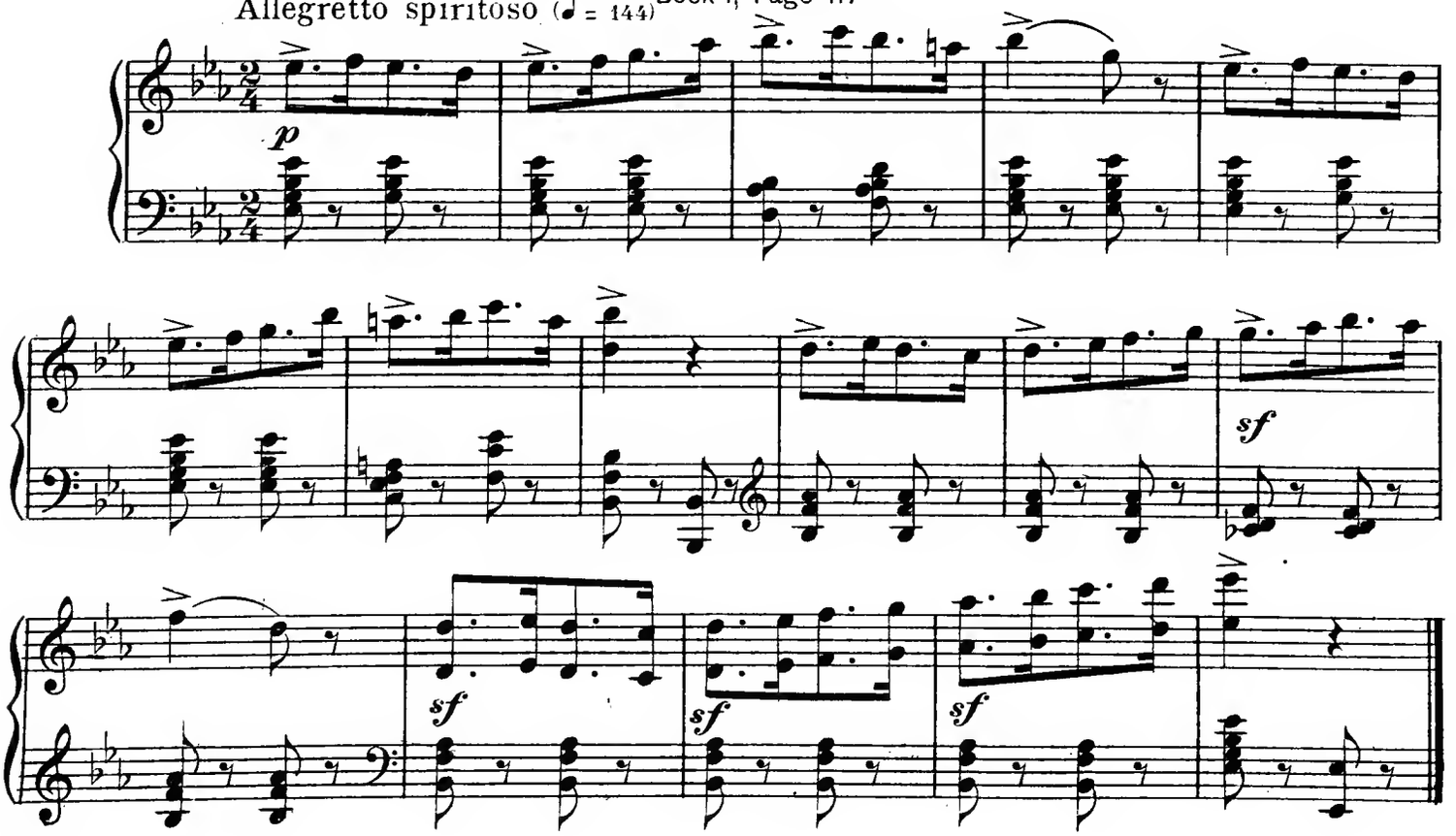


Sautés

So - tay. Hopping

Book I, Page 117

Allegretto spiritoso (♩ = 144)



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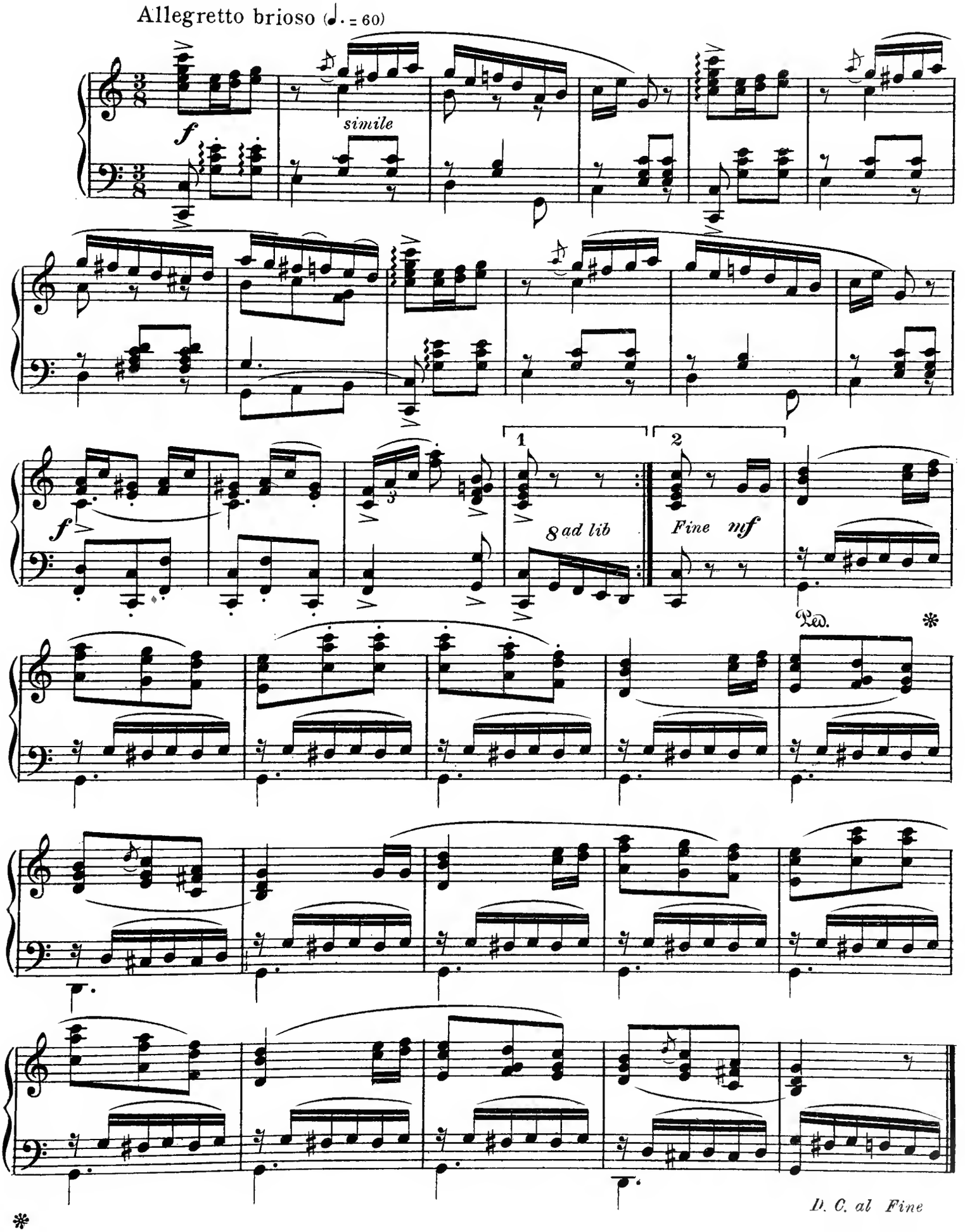
Balancés

Bà - lahN - say. Step to an open position, bring feet together, rise on toes and lower heels.

Book II, Page 123

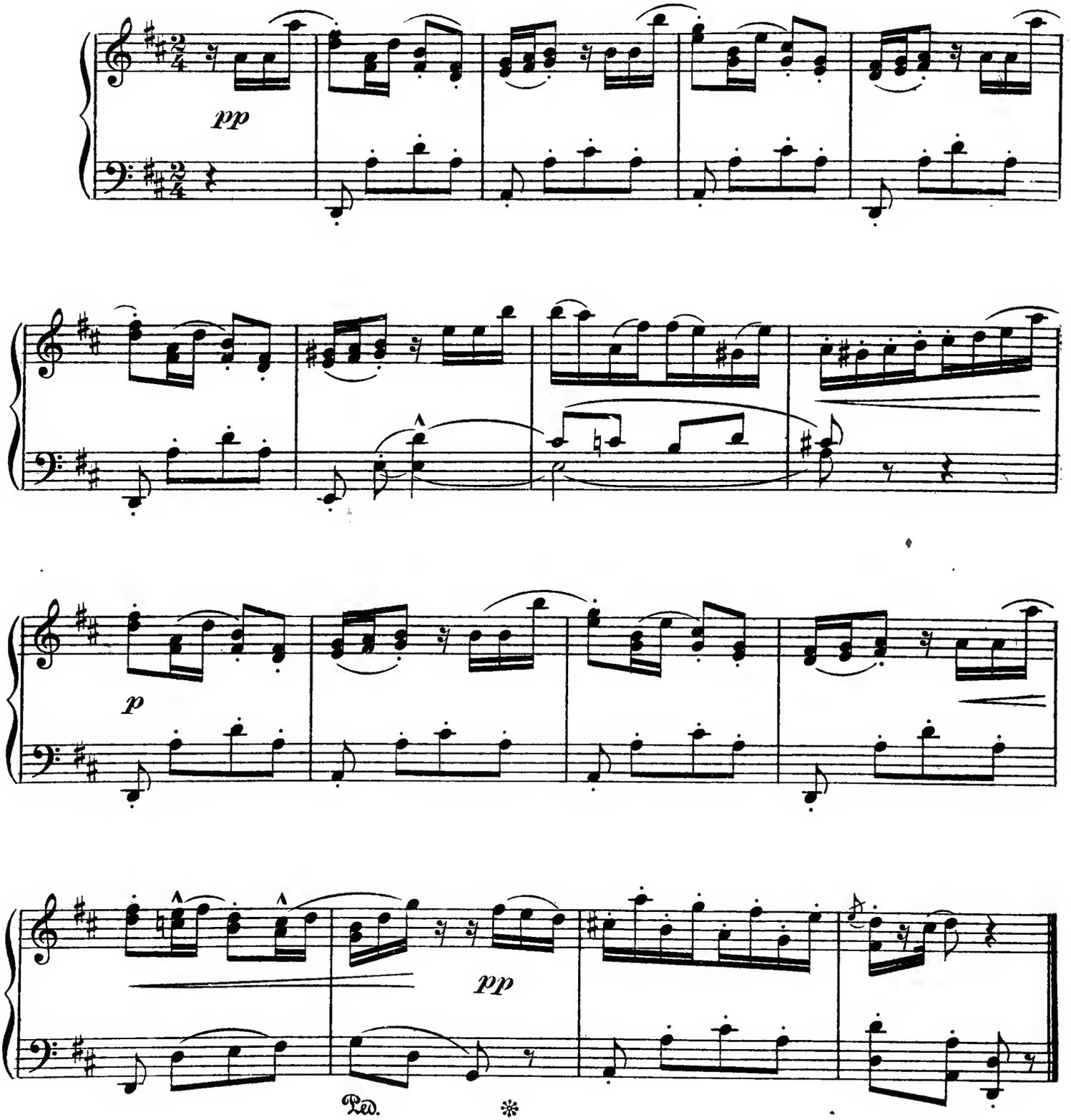


Pointe, Pointe, Pas de Bourrée Changé

Pwànt, pwànt, pah de boorray shahn - zhay. Point twice and 3 steps to side.

Book II, Page 145

Allegretto giocoso, poco moderato (♩ = 76)



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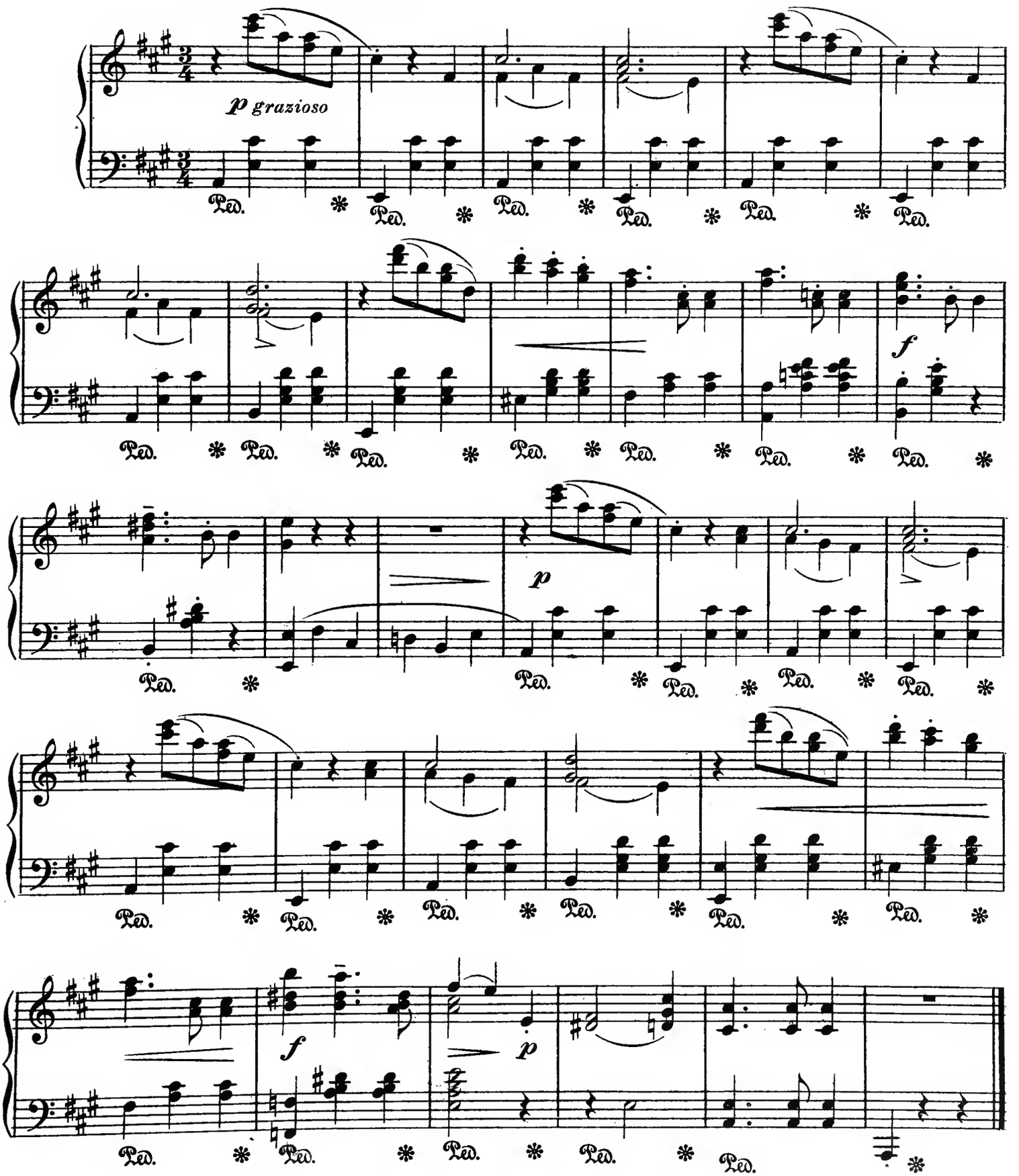
Jeté, Sauté, Fouetté

Zhe tay, so - tay, foo - ettay. Step and hop, swinging the foot forward.

Book II, Page 118

Tempo di Valse (♩. = 60)

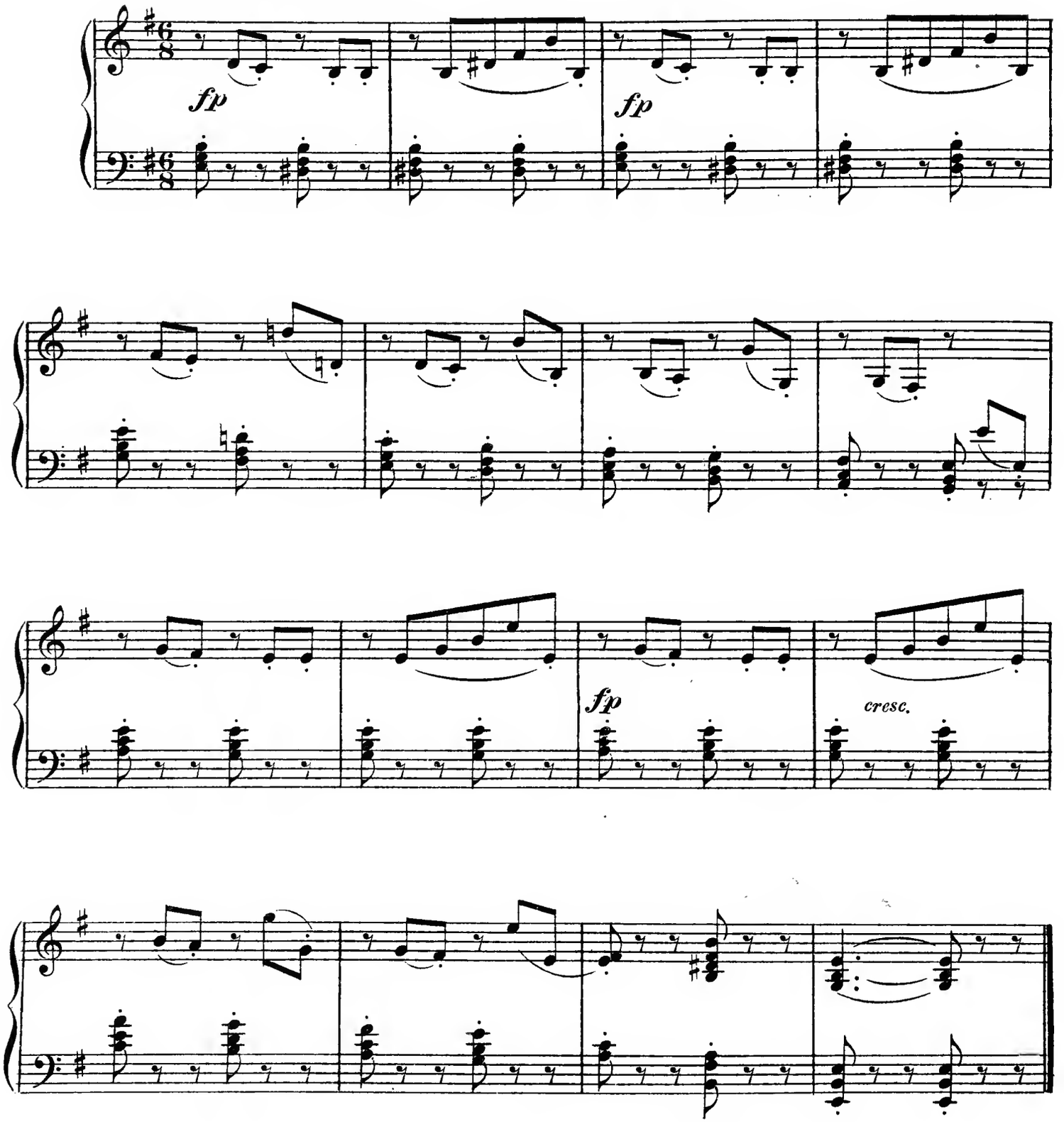


Pas de Bourrée (simples ou changés).

Pah de boorray (sàNpl'z oo shahN zhay) 3 steps danced a staccato manner

Simple, Book I, Page 148; Changing, Book II, Page 142

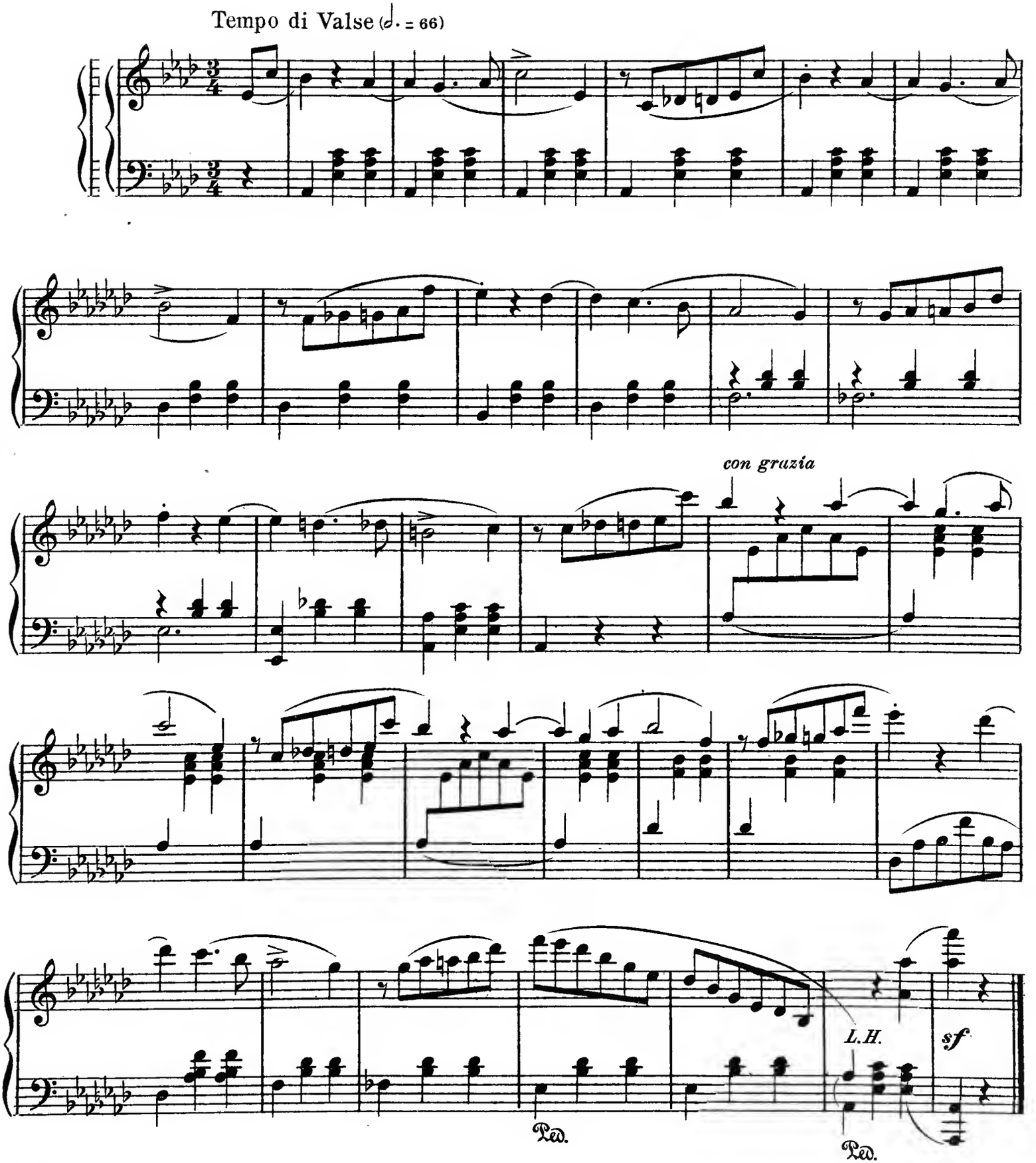
Animato (M.M. ♩.= 92)



Jeté, Sauté, Avant et en arrière

Zhe-tay so-tay, à-vahNt ay ahn àrriaire. Step hop forward and back.

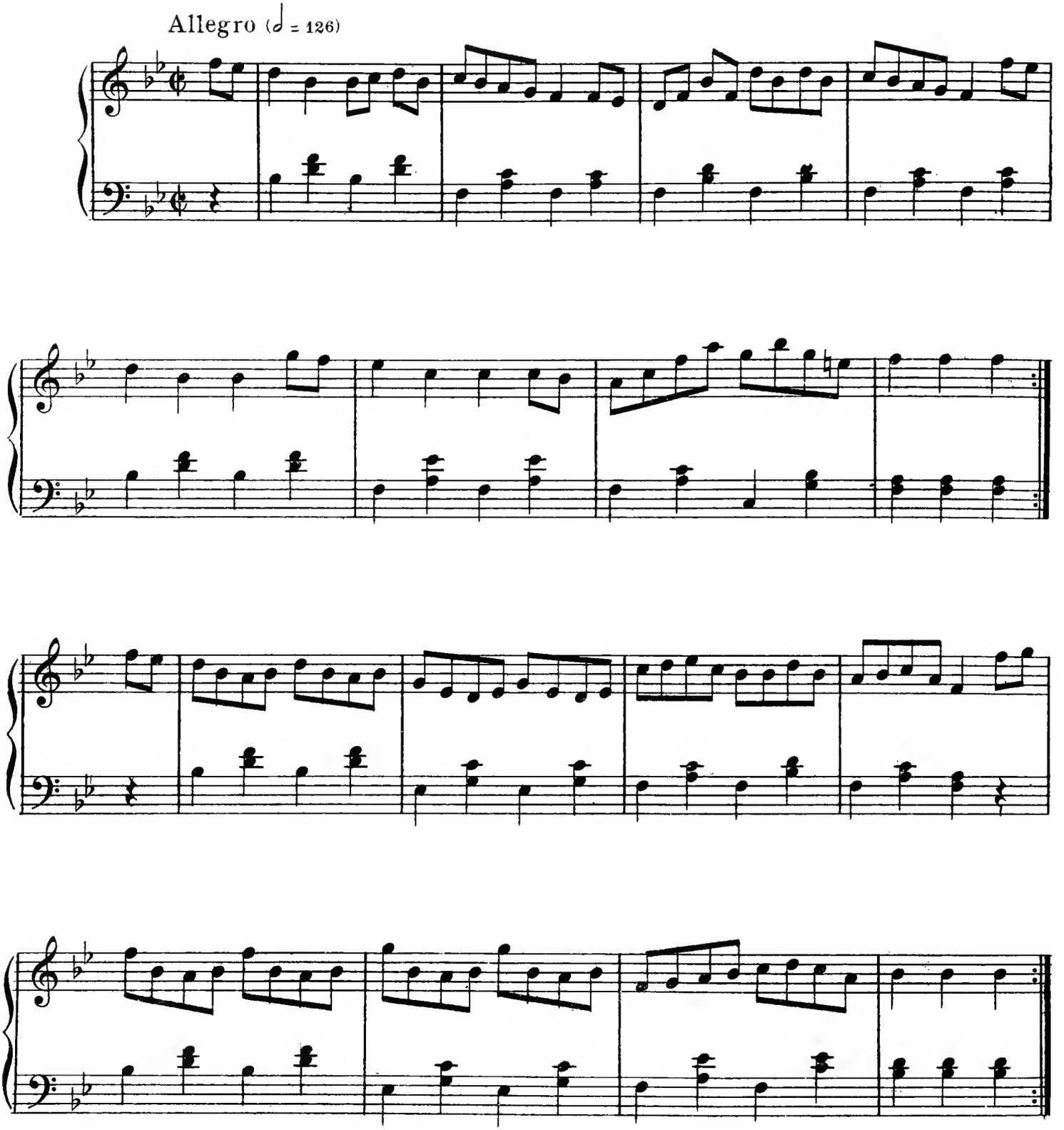
Book II, Page 112



Tortiller

Tor - tee - yay. Twists of the leg outward and inward.

Book I, Page 114



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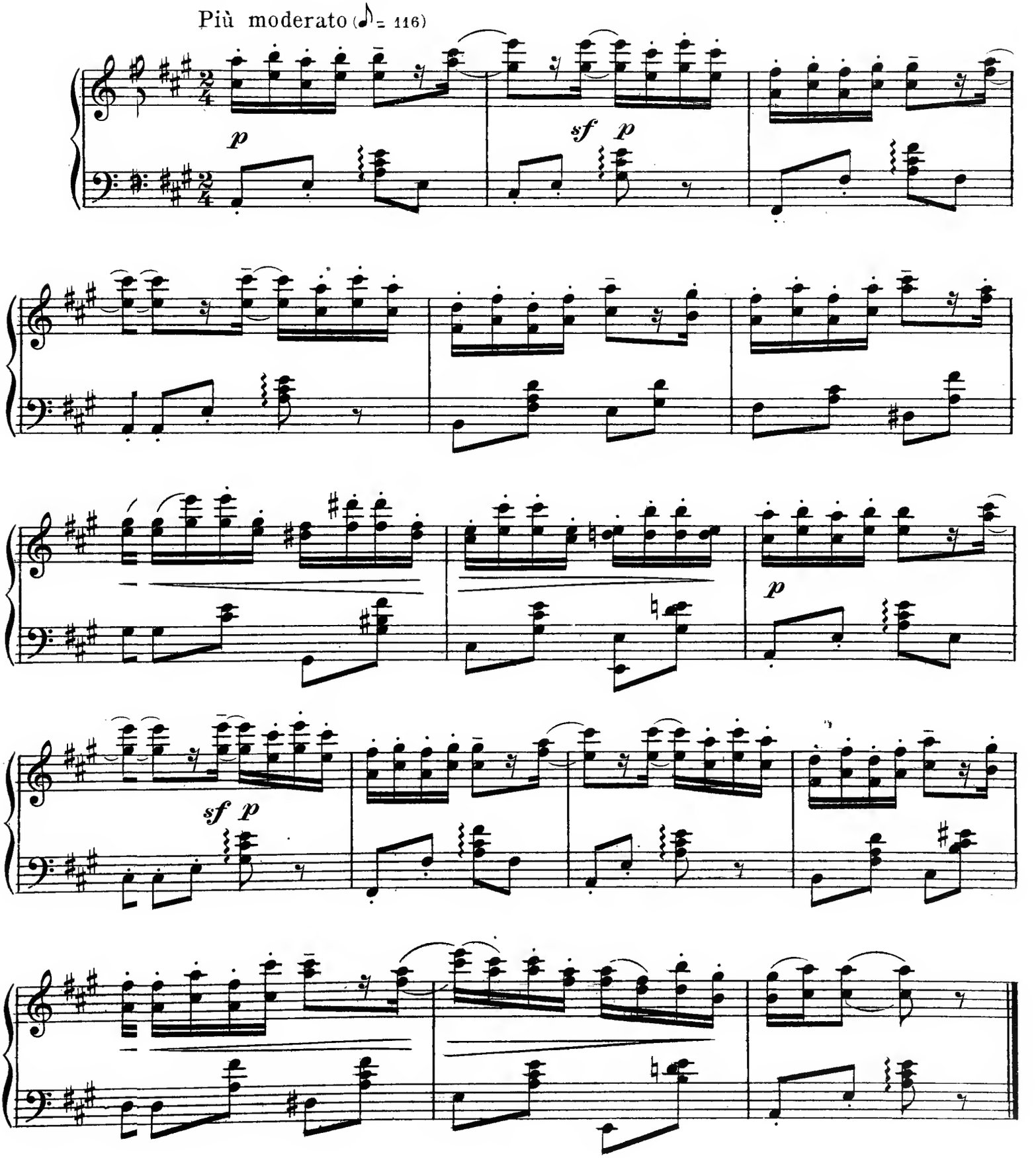
Glissé, Coupé, Jeté, Sauté

Gleessay, coopay, zhetay so-tay. Slide, step, step, swing to side.

Book II, Page 170



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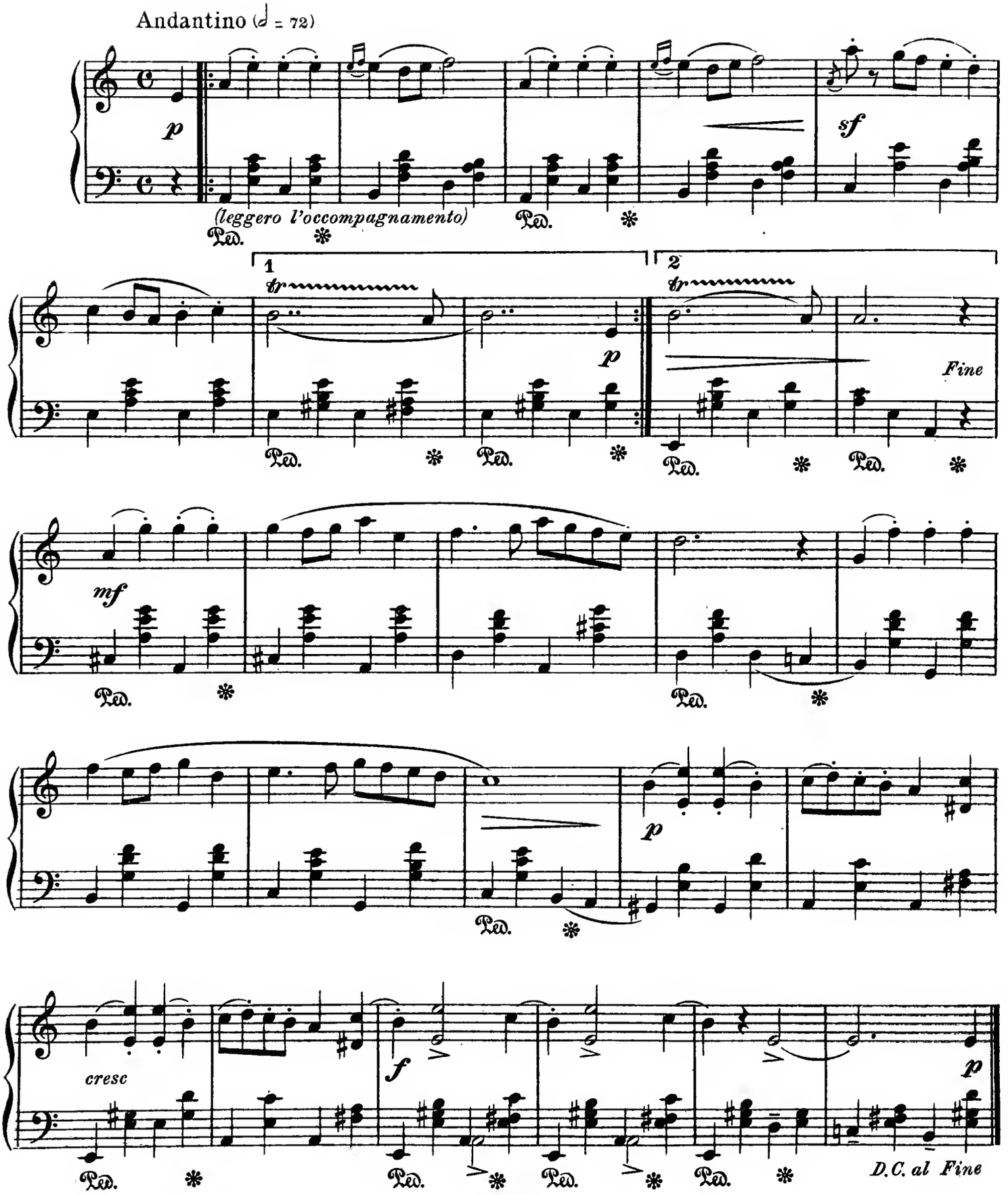
Pas Chassés

Pah shah-say. Slide cut slide.

Book II, Page 150

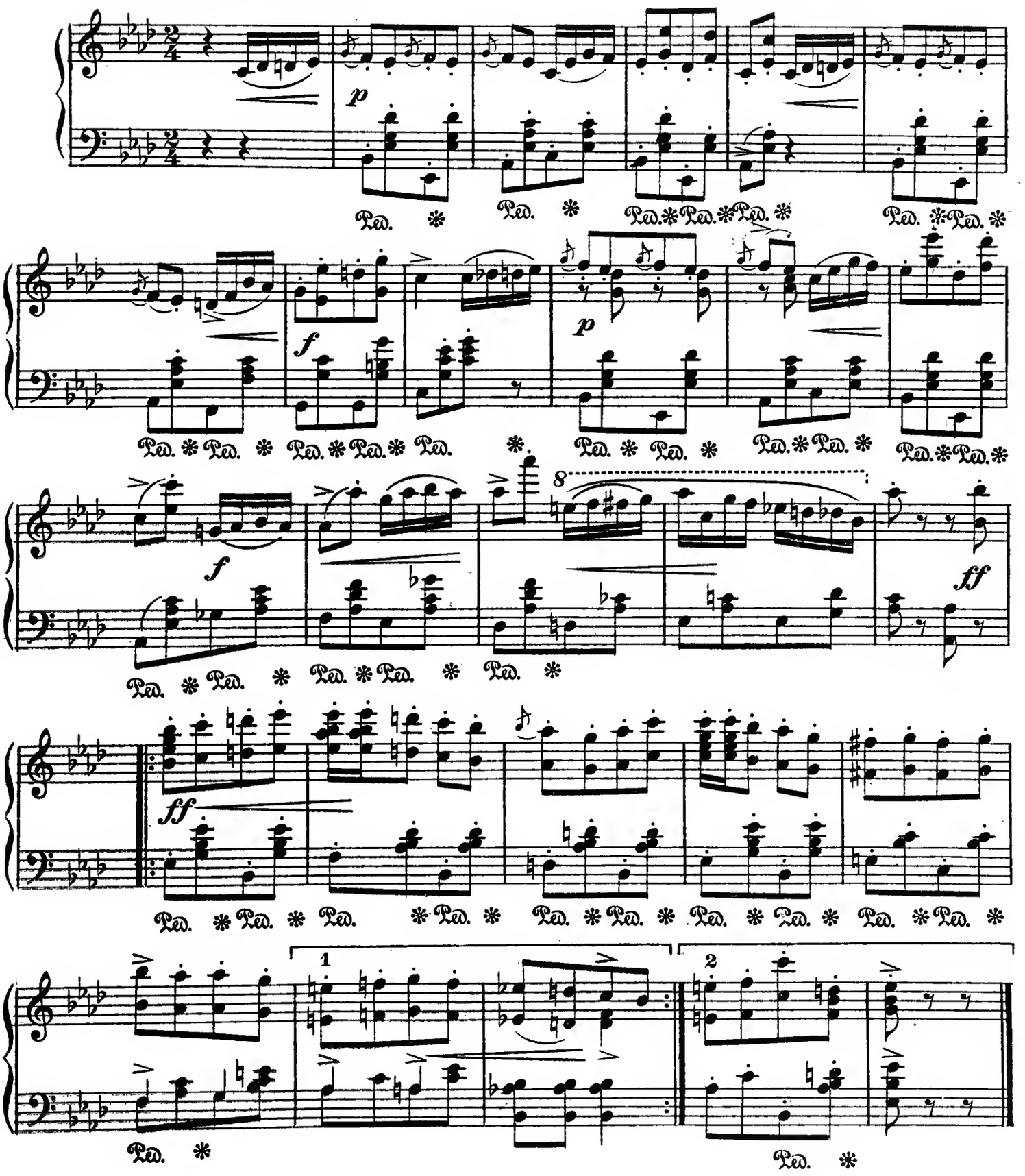


Original or One-slide Polka

Hop, slide, change, leap, rest.

Book II, Page 163

Tempo di Polka (♩ = 96)



*

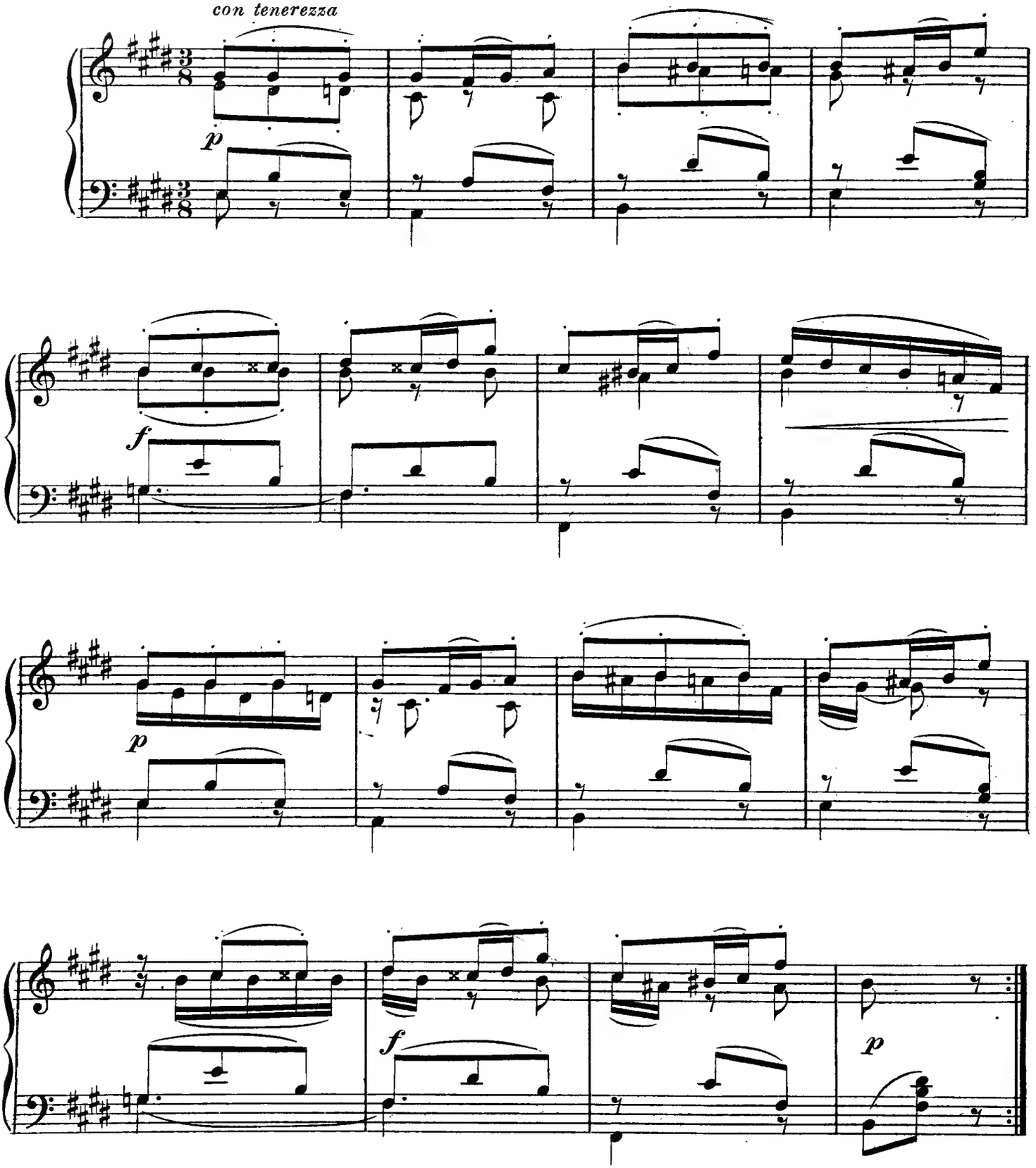
Pas de Basque Latéraux

Pah de bahsk là-tay-ro. Cut, slide, cut, from side to side

Book II, Page 159

Allegretto grazioso (♩ = 54)

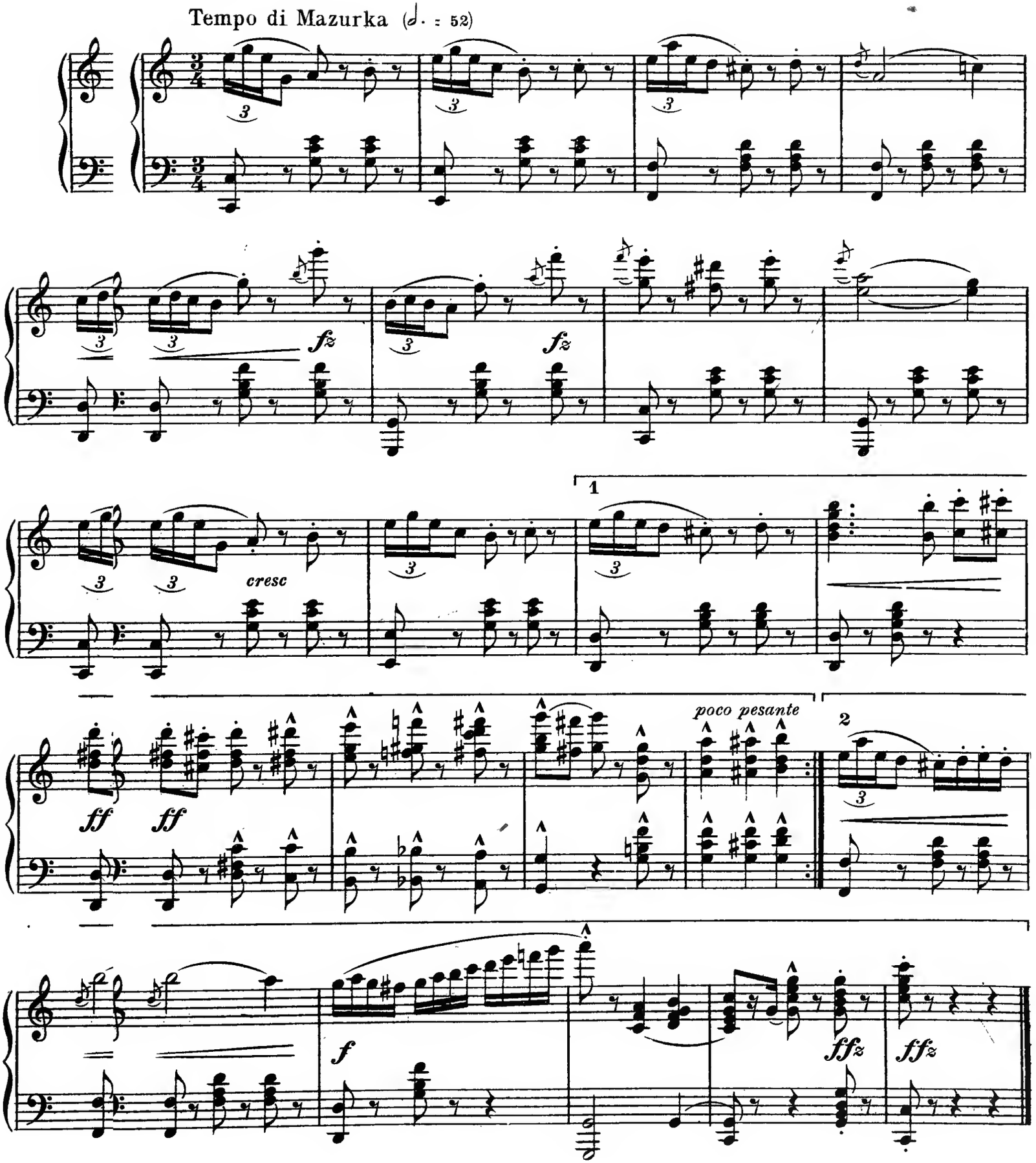
con tenerezza



Mazurka.

Slide cut bend

Book II, Page 155



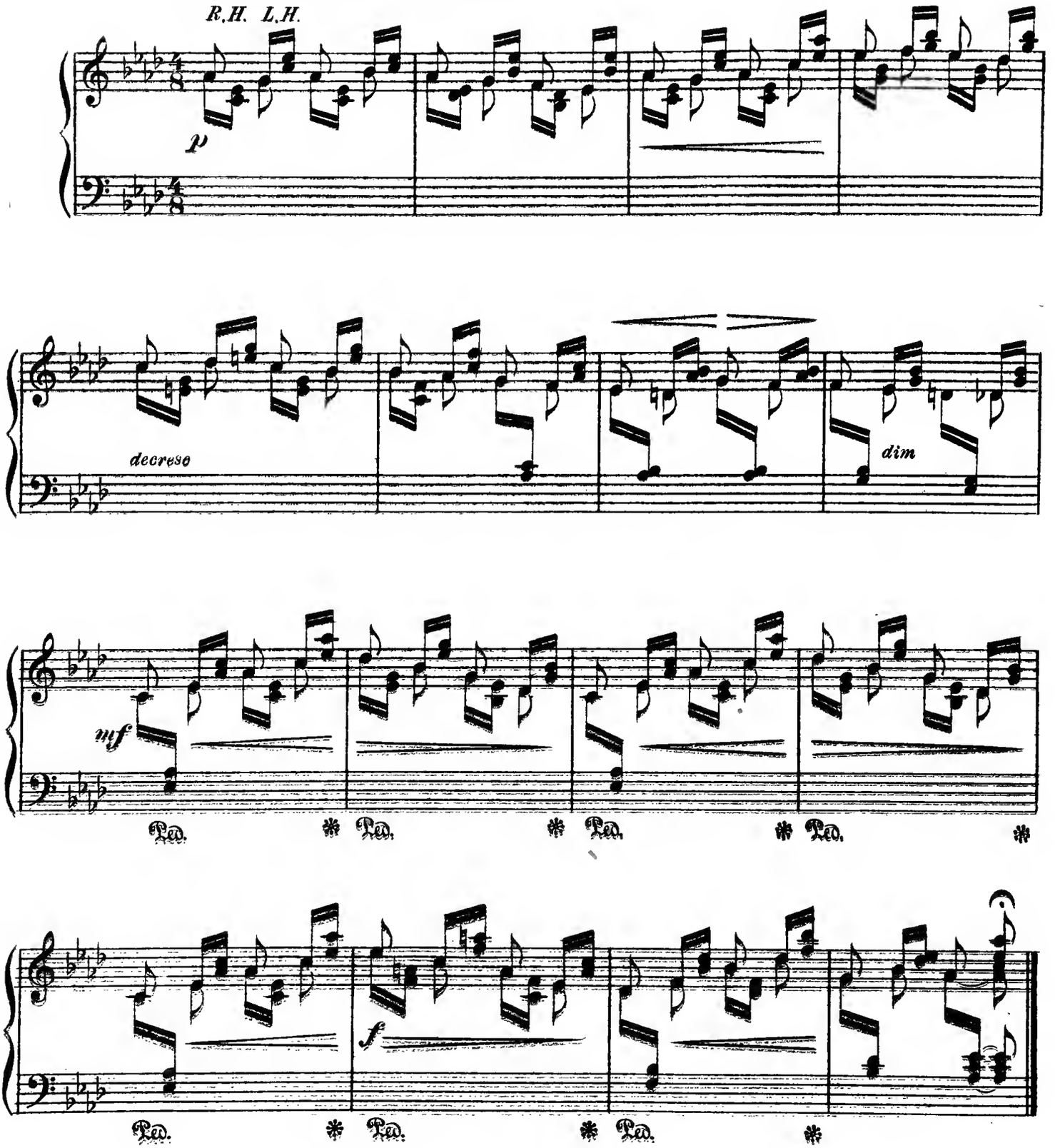
Petits Battements sur le Cou de Pied

P'tee bàtmahN sür l*e* coo d*e* pyay.

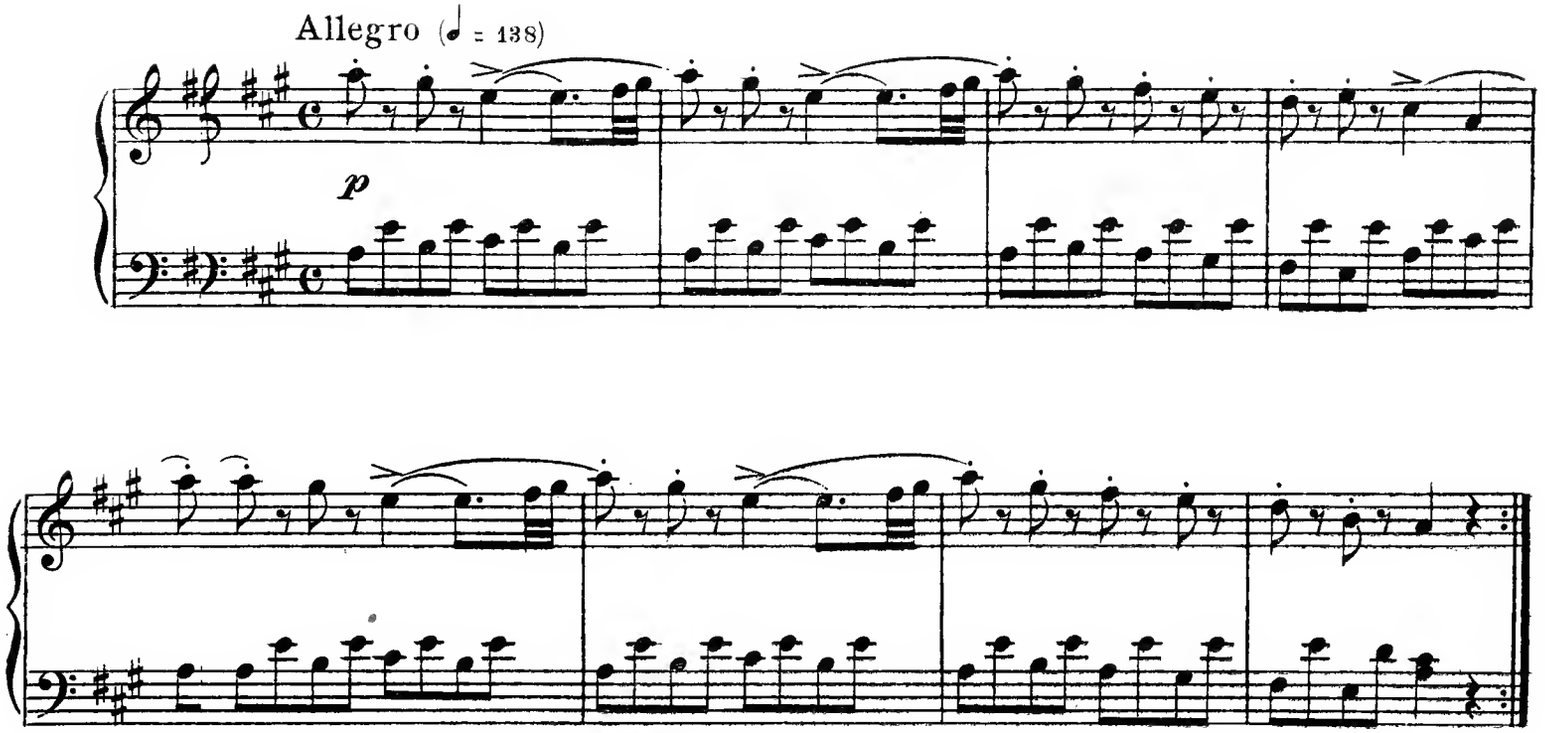
1st Exercise. Striking one ankle with the other heel.

Book II, Page 130

Grazioso e con anima (♪ = 138)



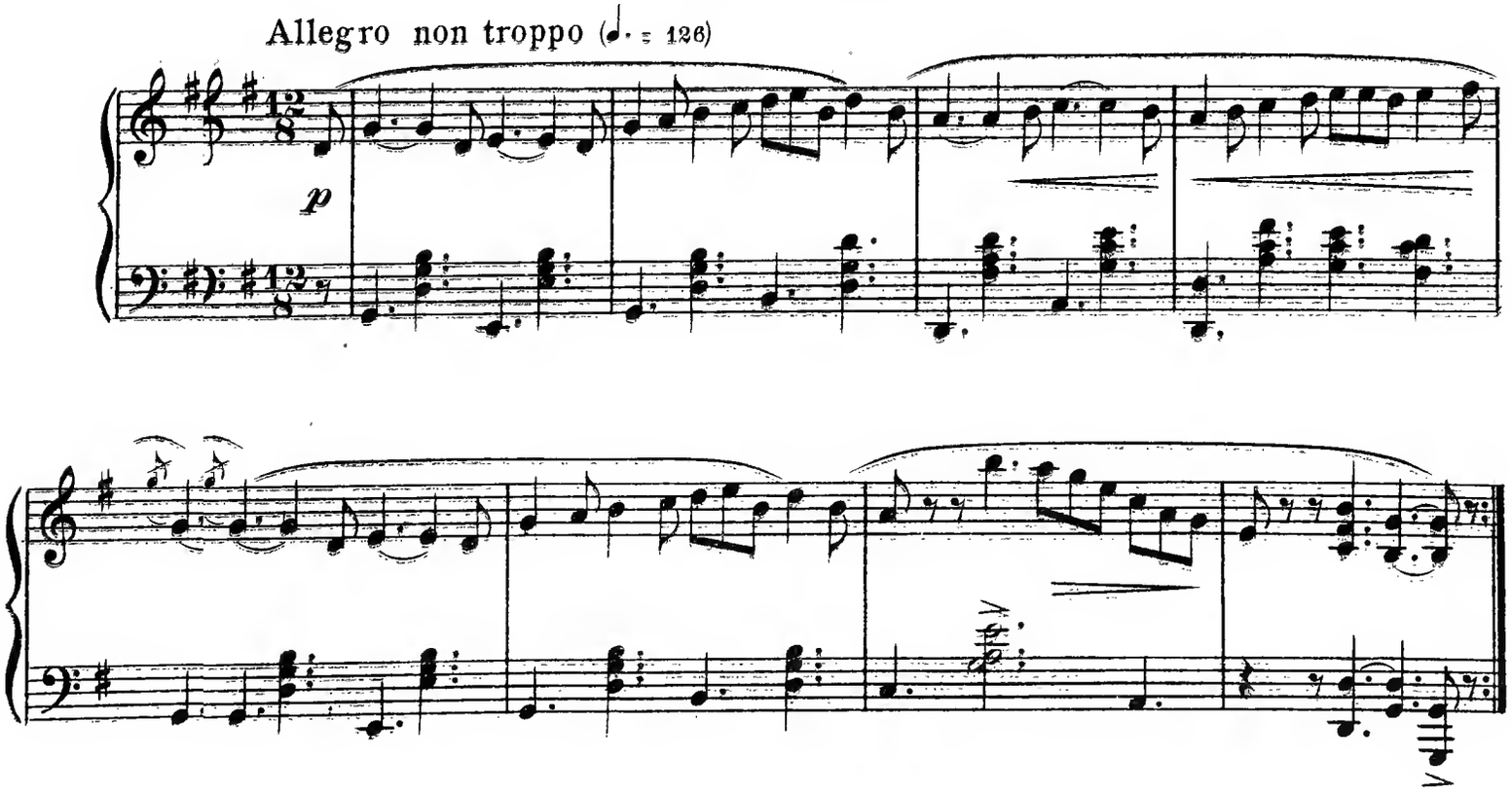
2nd and 3rd Exercises



Pas Ballonnés

Pah bàllunnay. Hop, step and bring the feet together

Book I, Page 126



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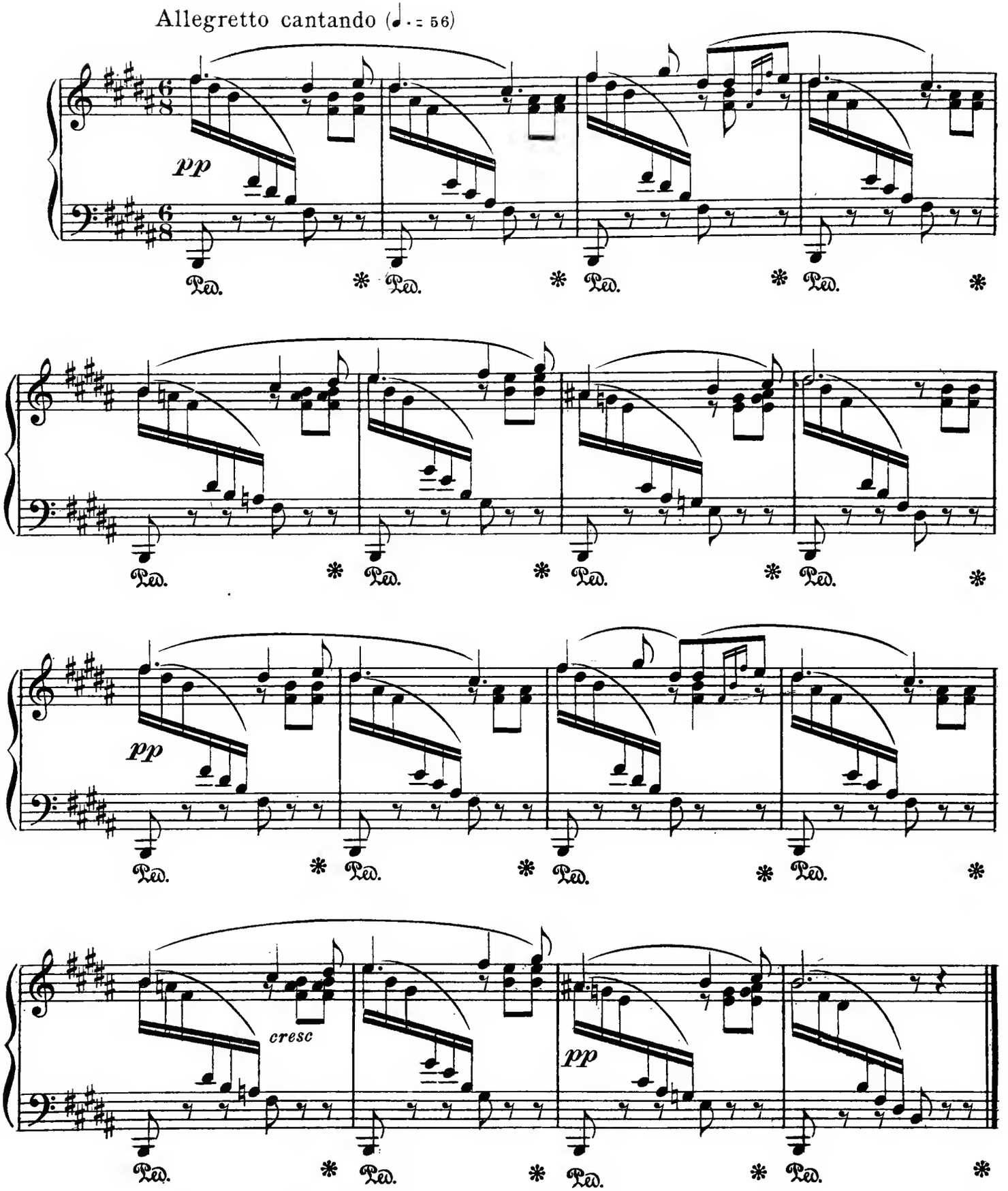
Glissades

Gleessàd. Slide to side and bring feet together.

Book I, Page 121



Ronds de Jambe

Raw N de zhahNb. Circles with the leg

Book I, Page 87

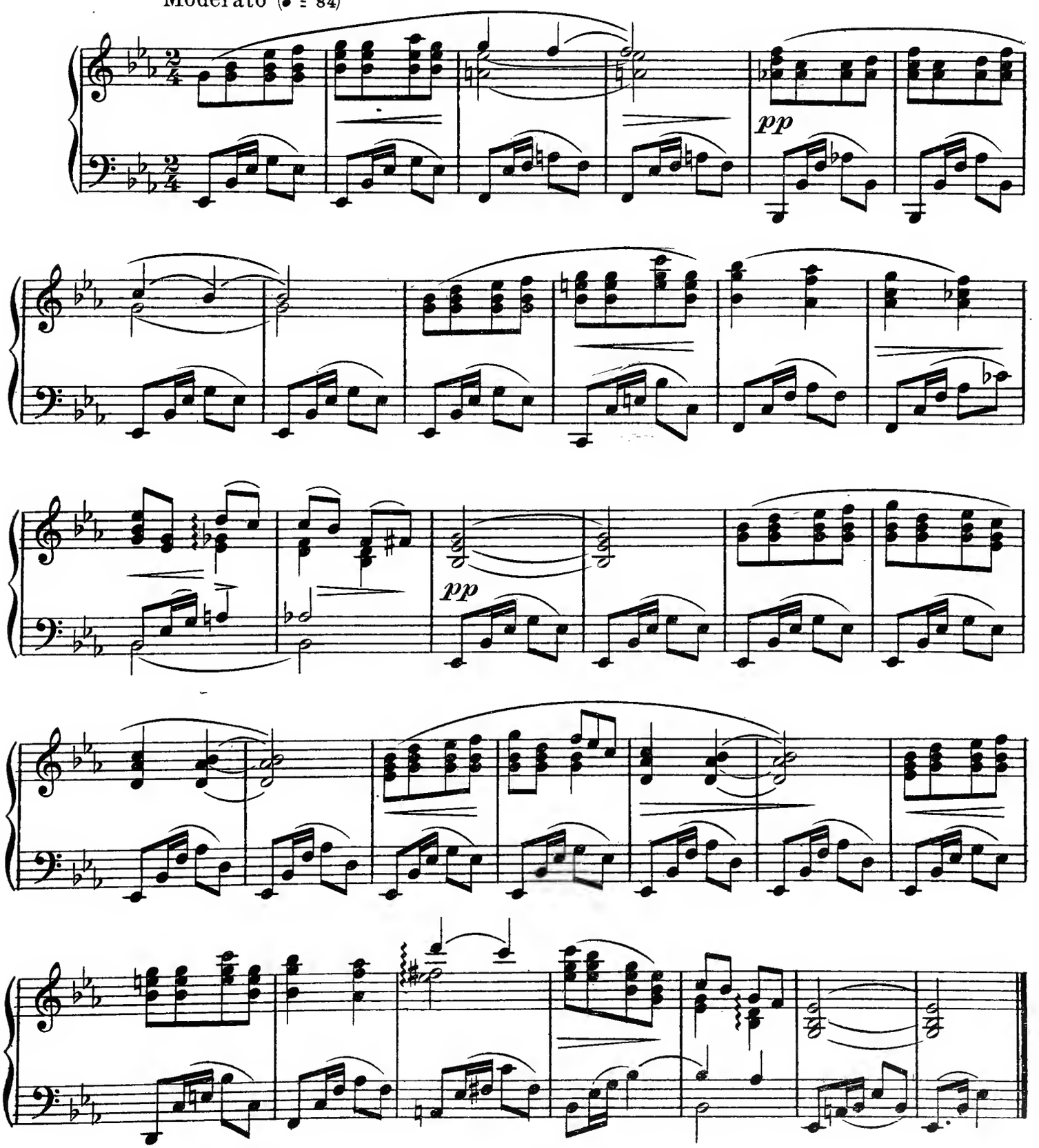
or

Petits Ronds de Jambe Pliés

P'tee rawN de zhahNb plee-ay. Small foot circles with bendings of the supporting knee

Book II, Page 105

Moderato (♩ = 84)

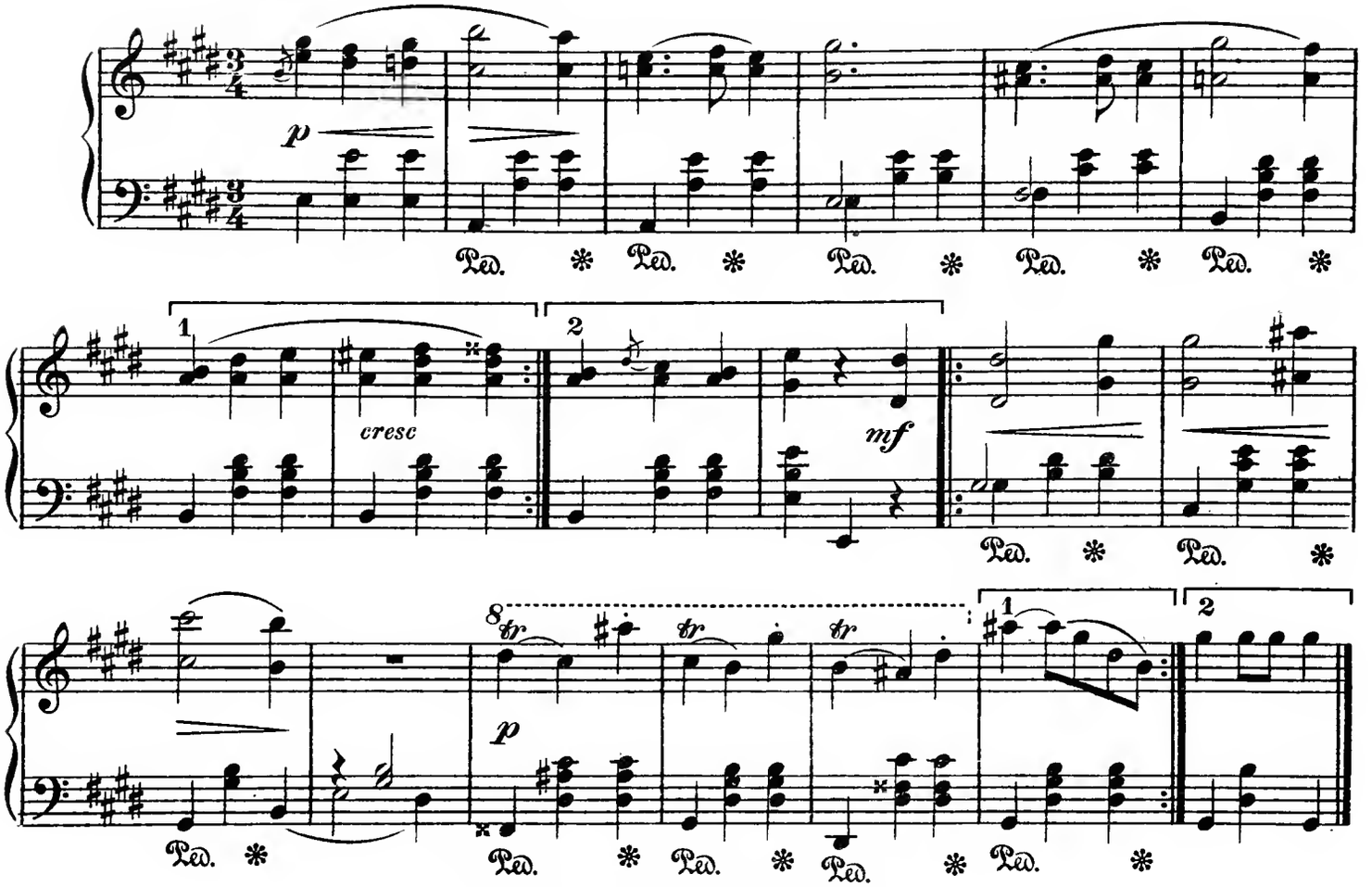


Pas de Basque

Pah *de* bahsk. Semi-circle, leap, slide, change

Book I, Page 130

Tempo di Valse (♩. = 54)

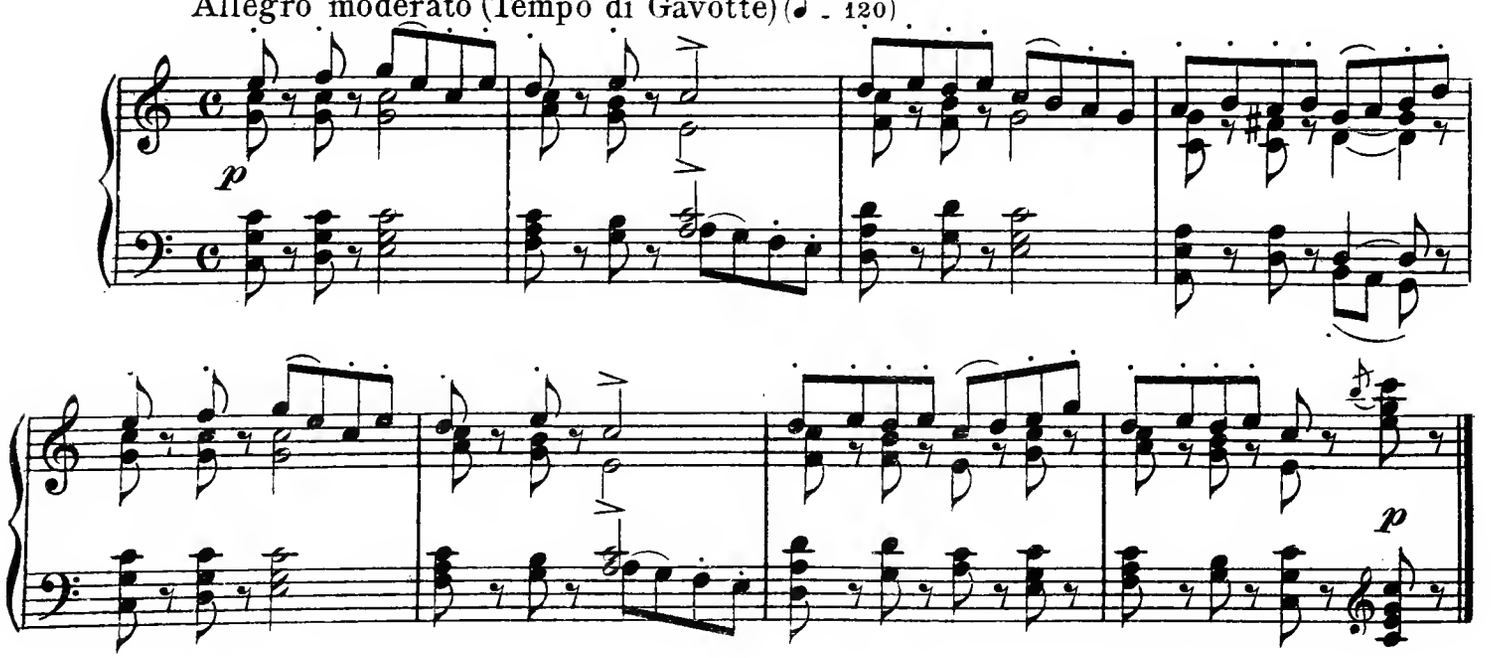


Tours de Basque

(Or Pirouettes de Basque.)(toor, peeroo-ett *de* bahsk.) Turning on both feet

Book I, Page 139

Allegro moderato (Tempo di Gavotte) (♩ - 120)



*

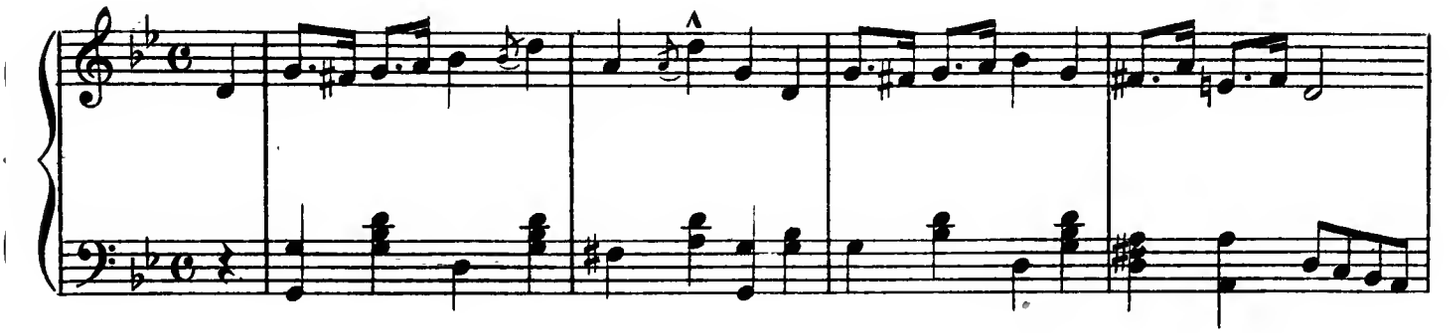
Changements de Pieds

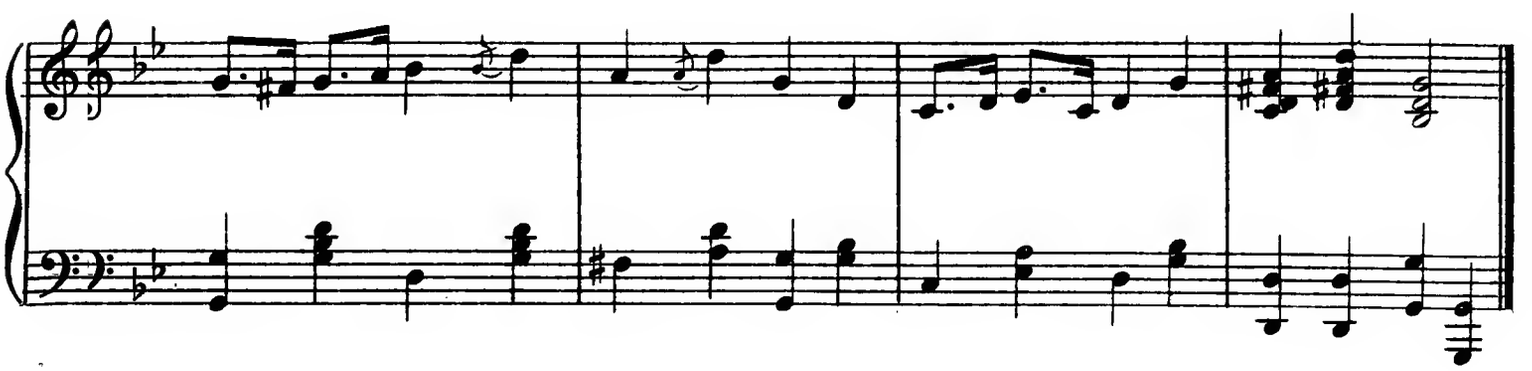
shahNzh - mahN de pyay

Jump from both feet and land with the position of the feet interchanged

Book I, Page 144

Allegro (♩ = 112)



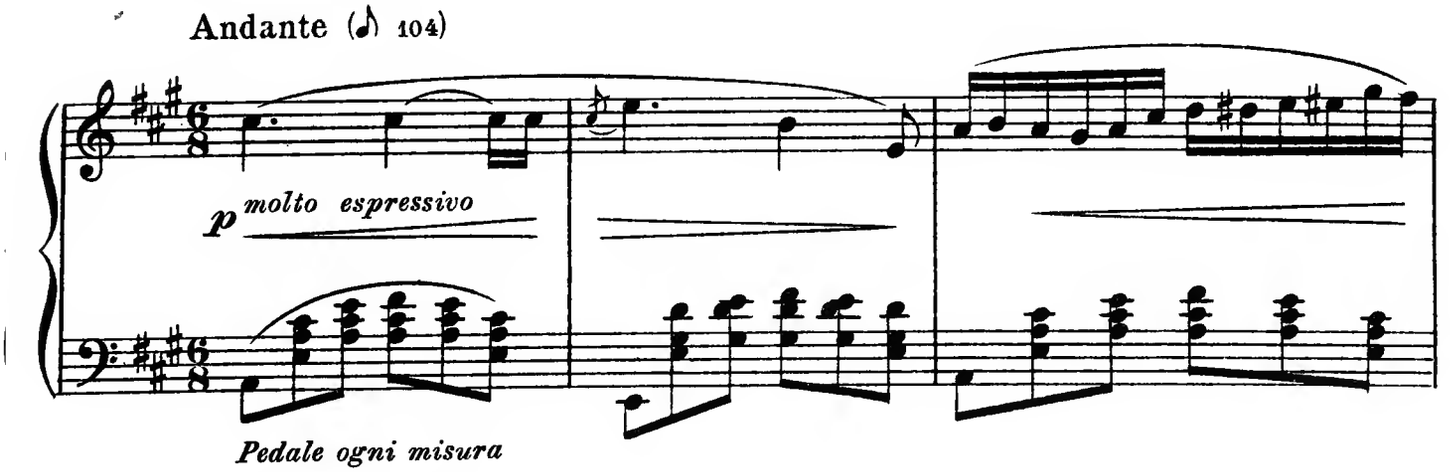


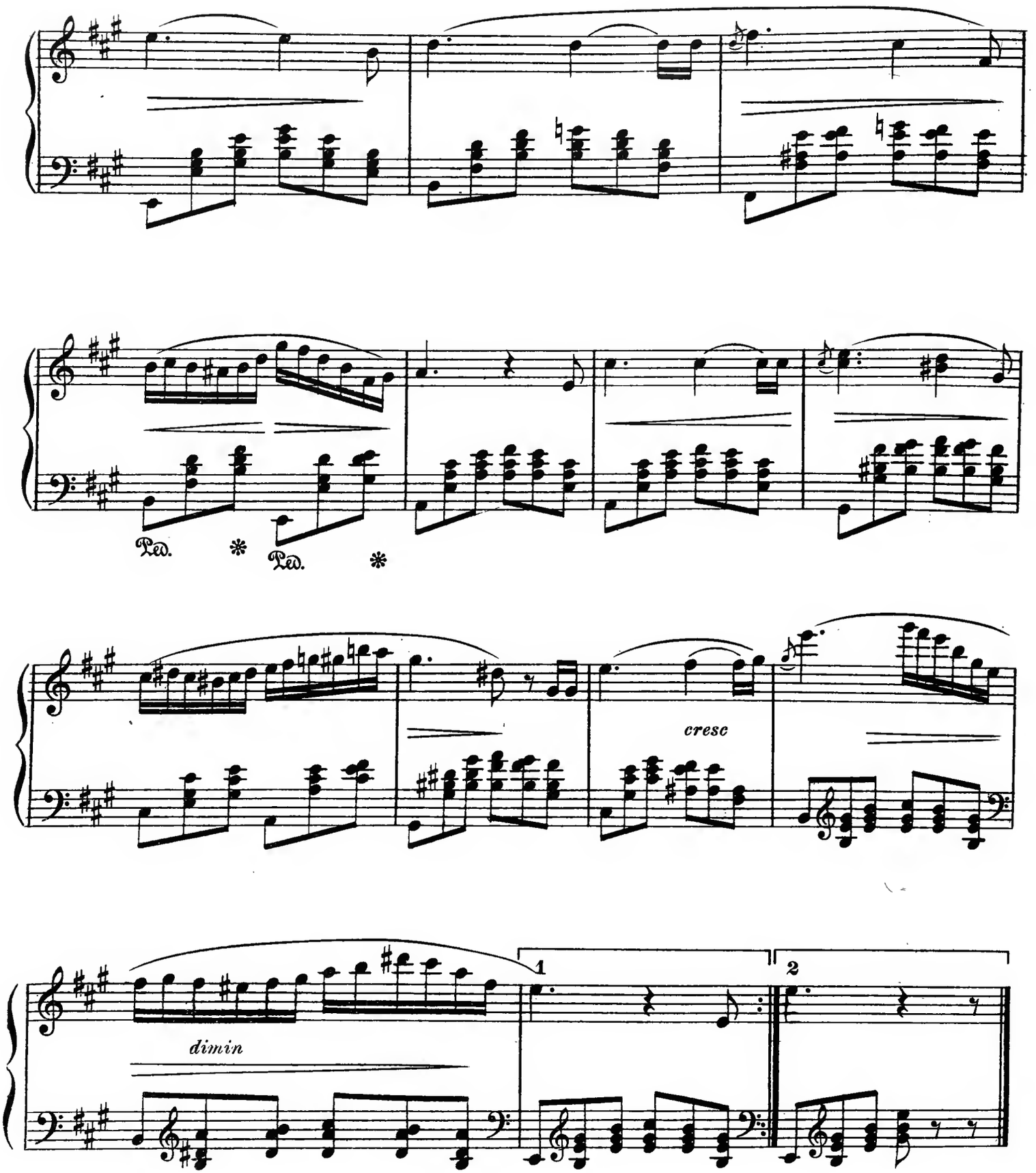
Port de Bras

Por de brah. Carriage of the Arms

Book II, Page 45 - 65

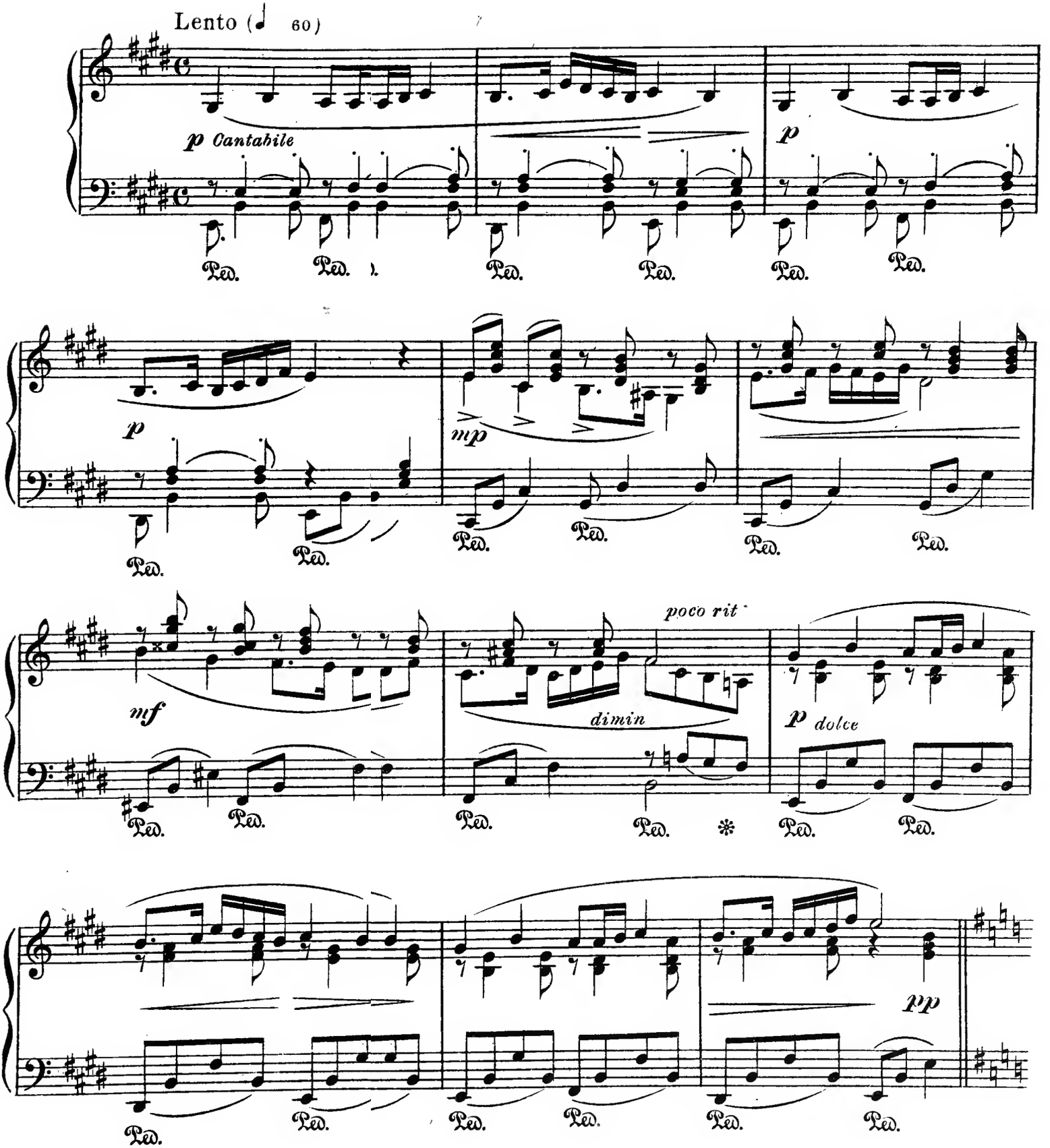
Andante (♪ 104)

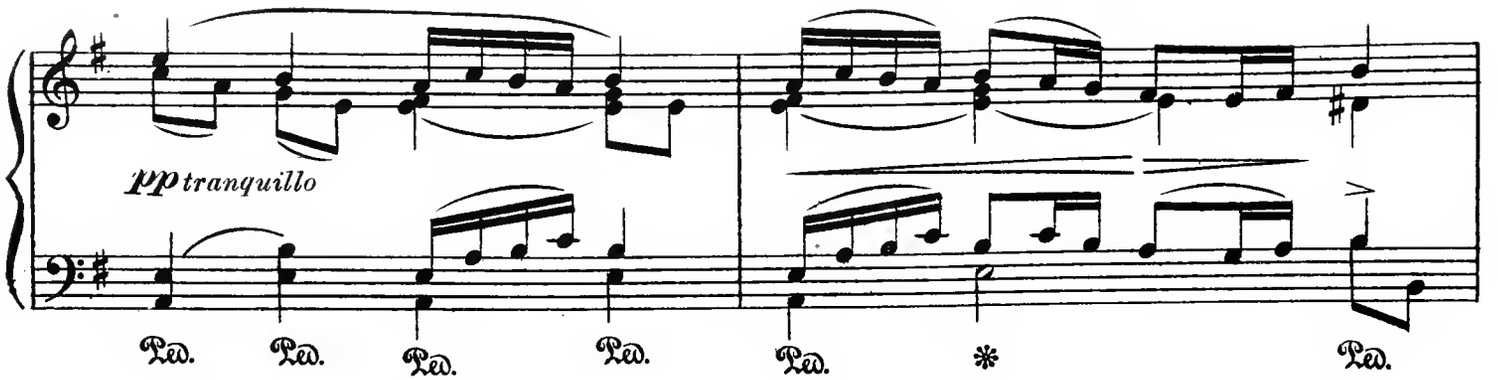


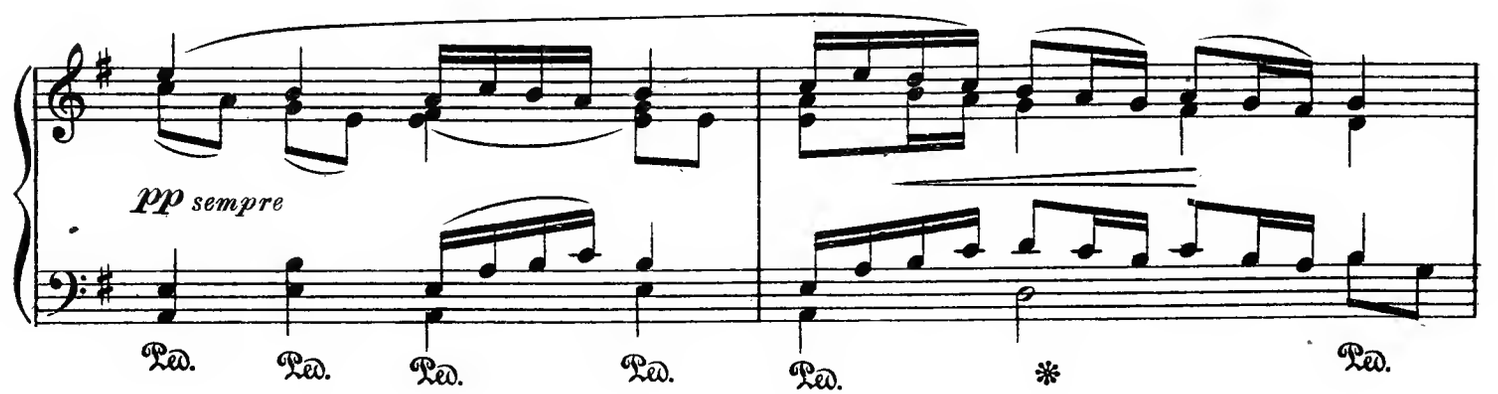

Ped.
Ped.
cresc
dimin
1
2

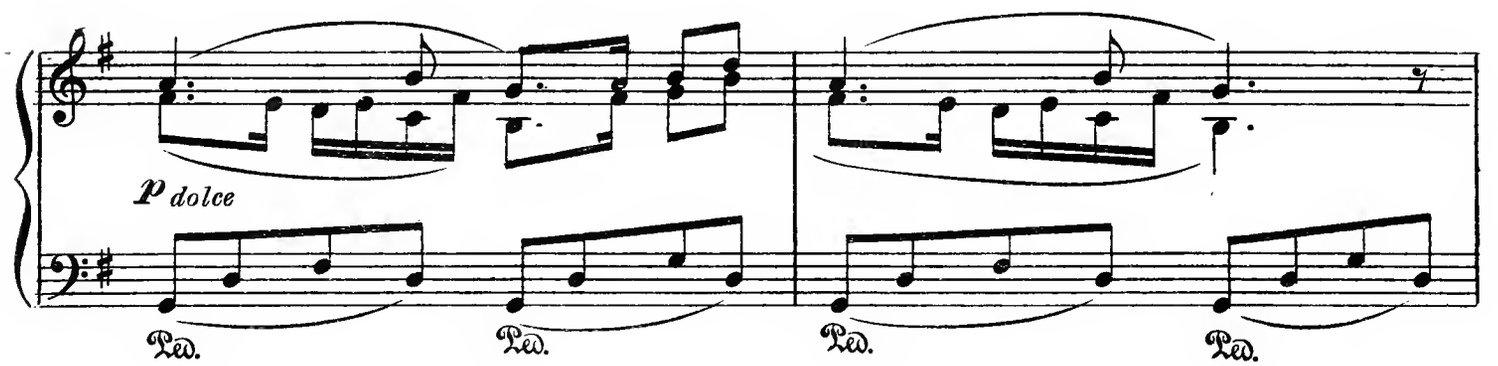
*

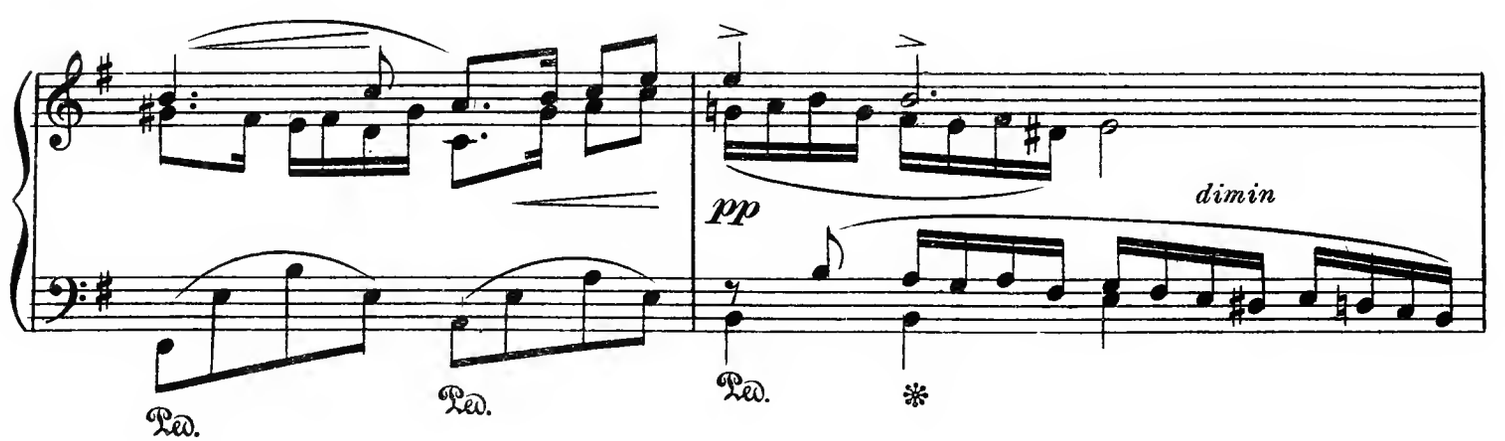
Port de Bras



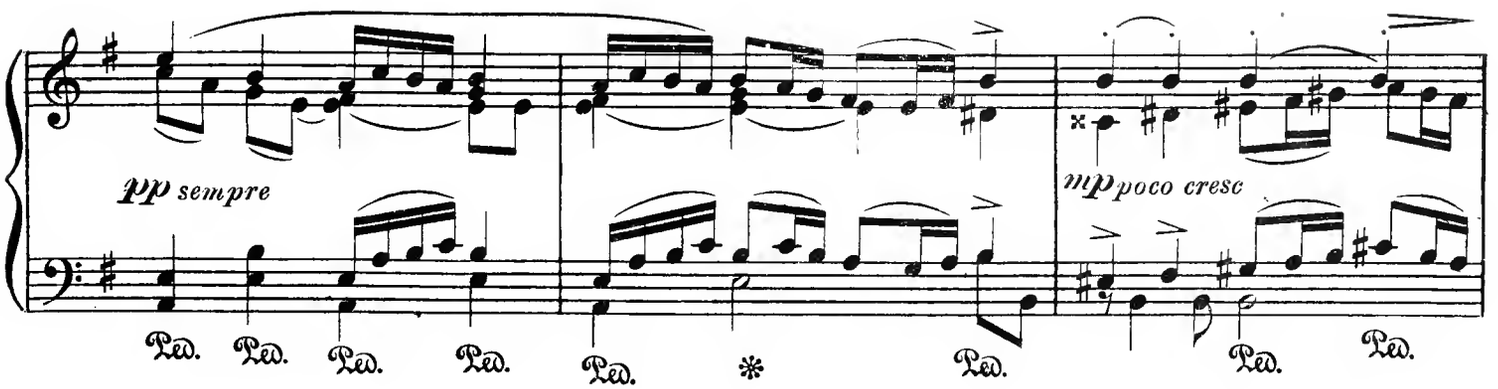

pp tranquillo
Ped. Ped. Ped. Ped. Ped. * Ped.

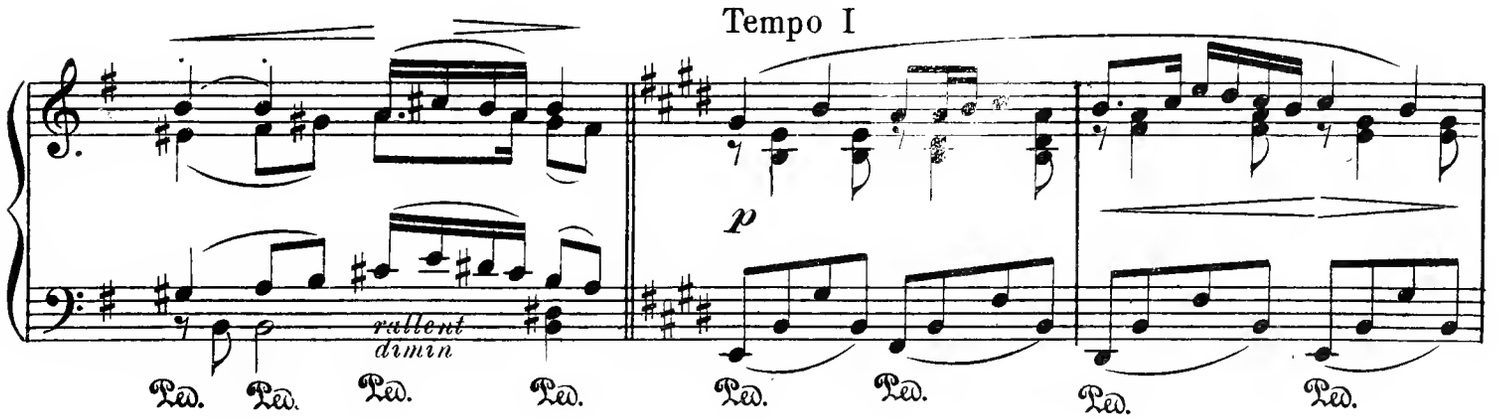

pp sempre
Ped. Ped. Ped. Ped. Ped. * Ped.

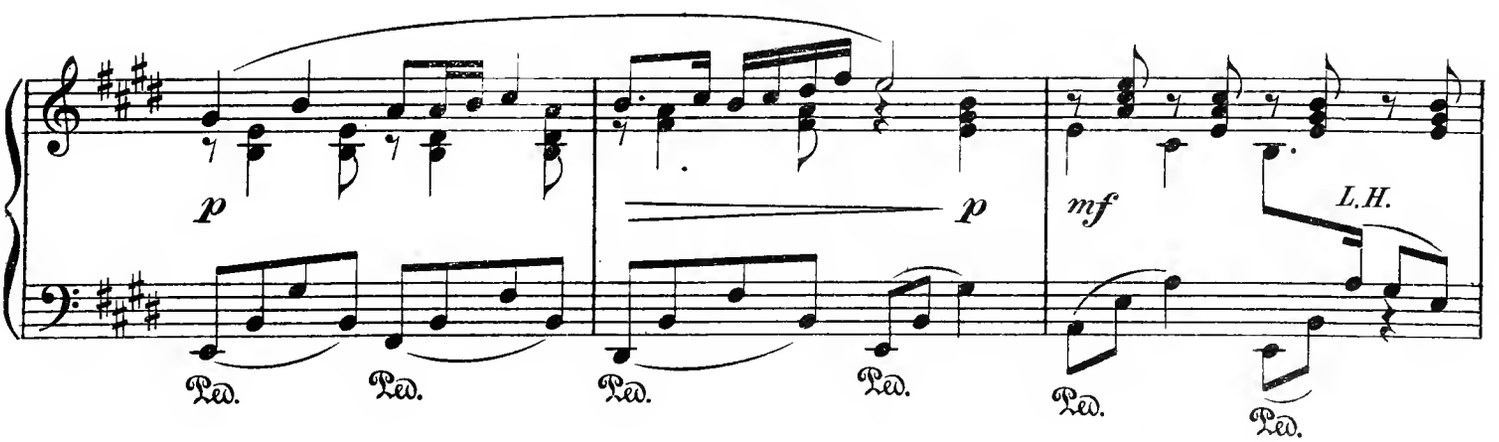

p dolce
Ped. Ped. Ped. Ped.

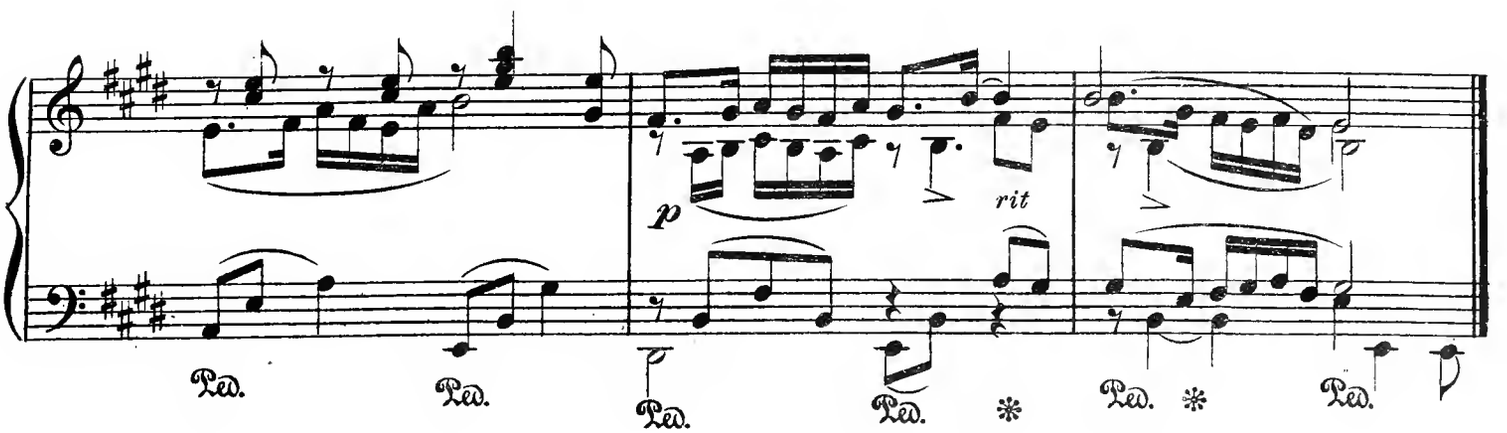

pp
dimin
Ped. Ped. Ped. *

*


pp sempre
mp poco cresc
Ped. Ped. Ped. Ped. Ped. * Ped. Ped. Ped.

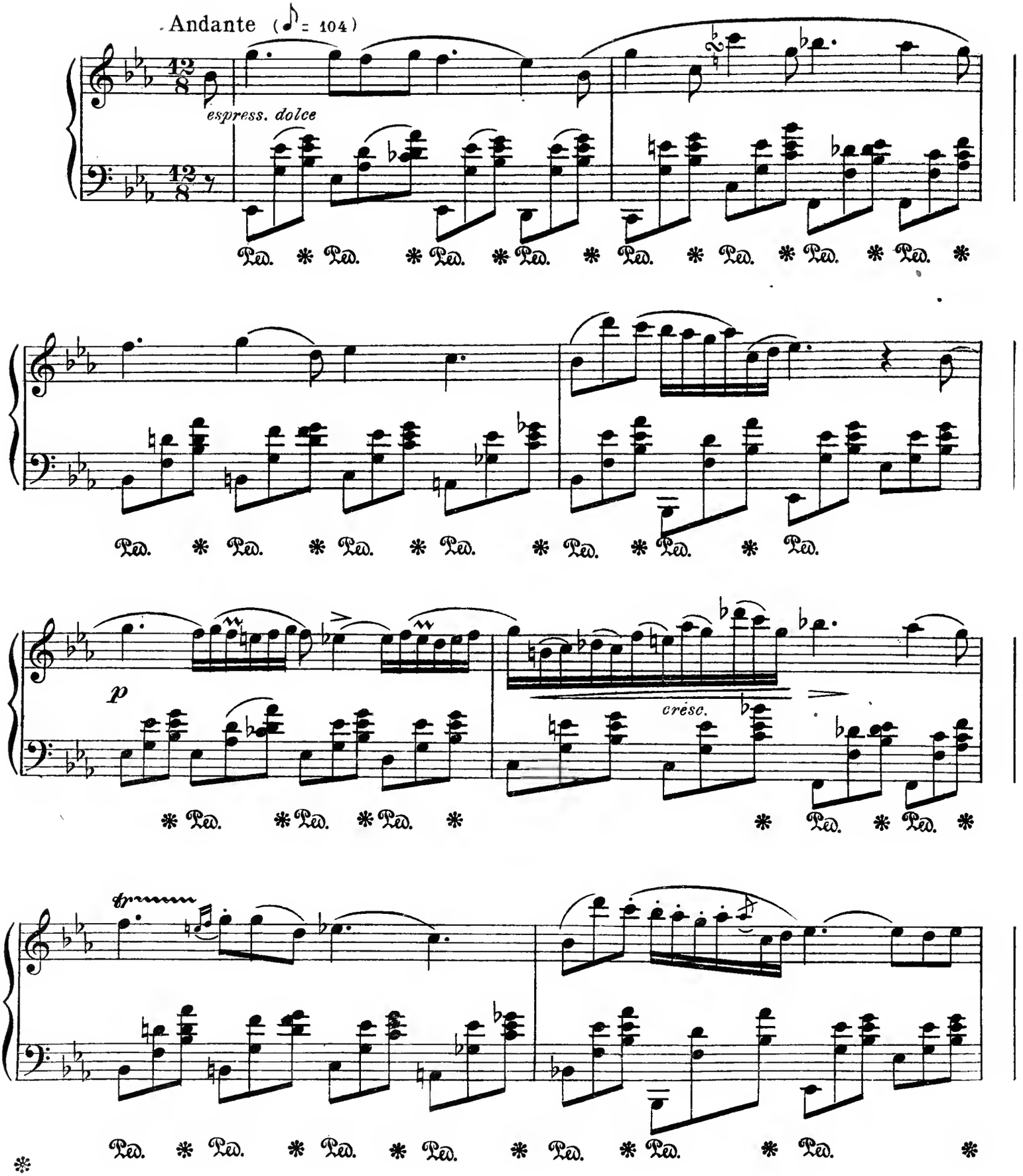

Tempo I
rallent
dimin
p
Ped. Ped. Ped. Ped. Ped. Ped. Ped. Ped.

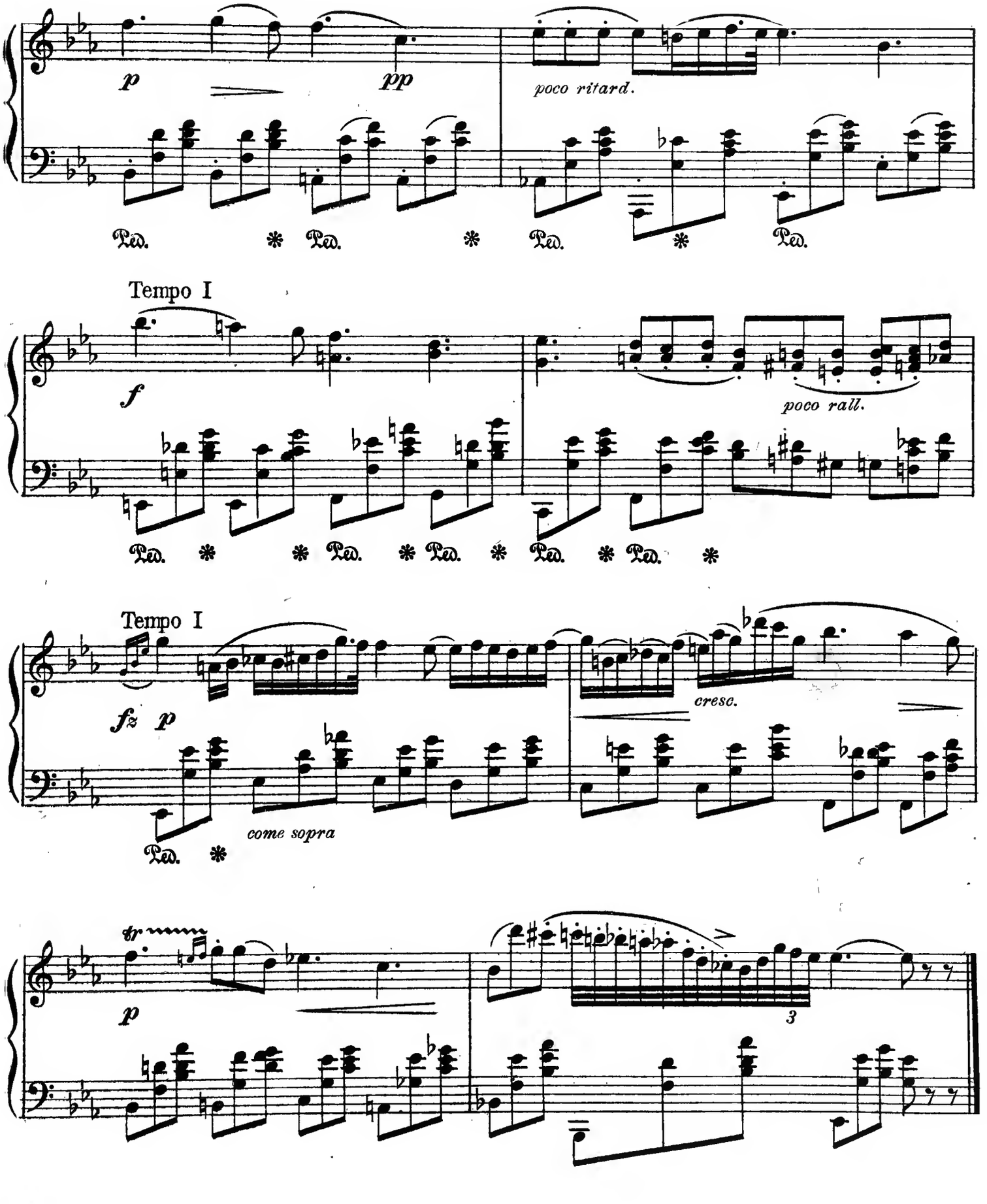

p
p
mf
L.H.
Ped. Ped. Ped. Ped. Ped. Ped.


p
rit
Ped. Ped. Ped. Ped. * Ped. * Ped.

*

Port de Bras

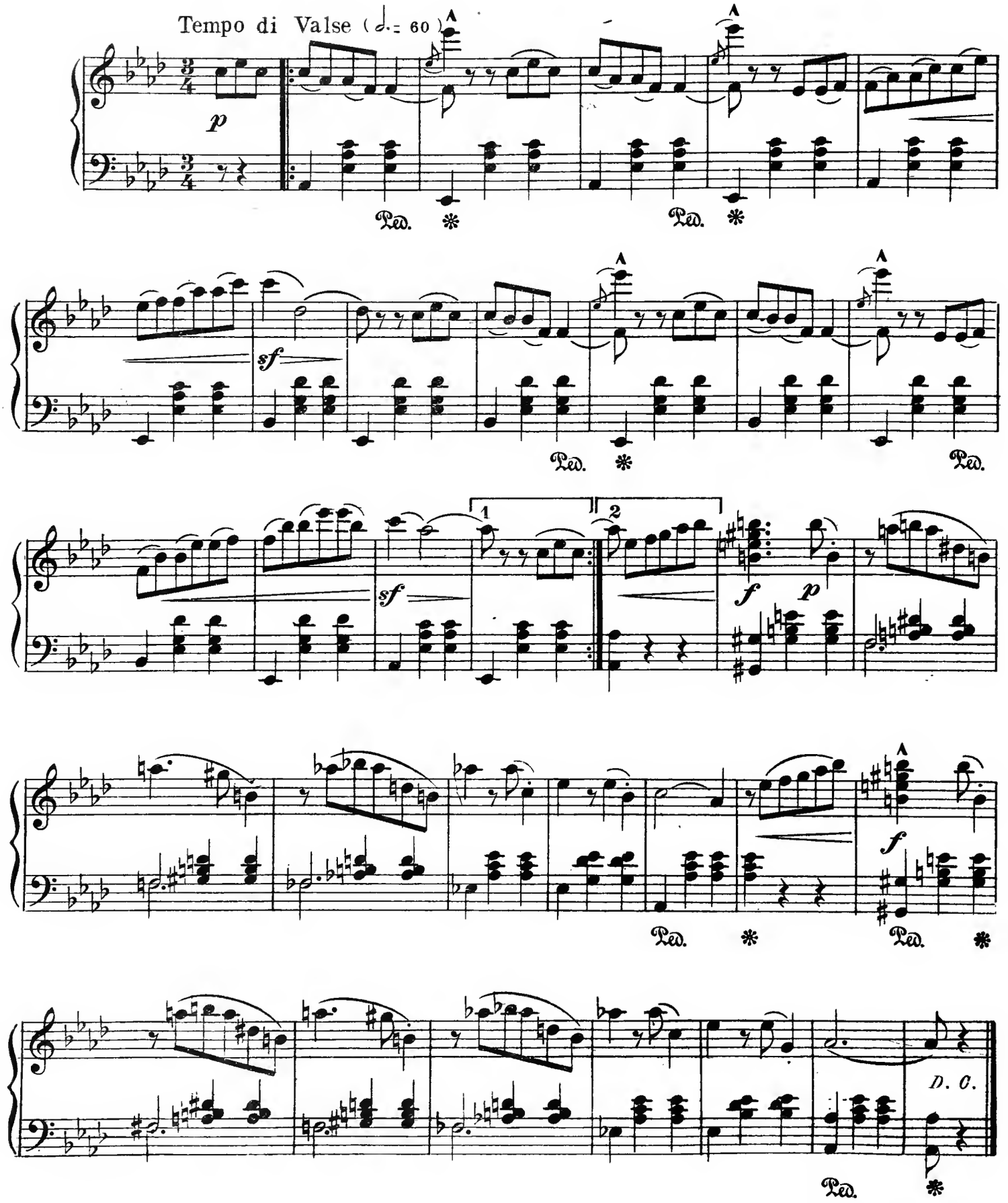



p
pp
poco ritard.
Ped.
Tempo I
f
poco rall.
Tempo I
fz p
cresc.
come sopra
tr
p
3

Port de Bras

In waltz time

Book II, Page 65

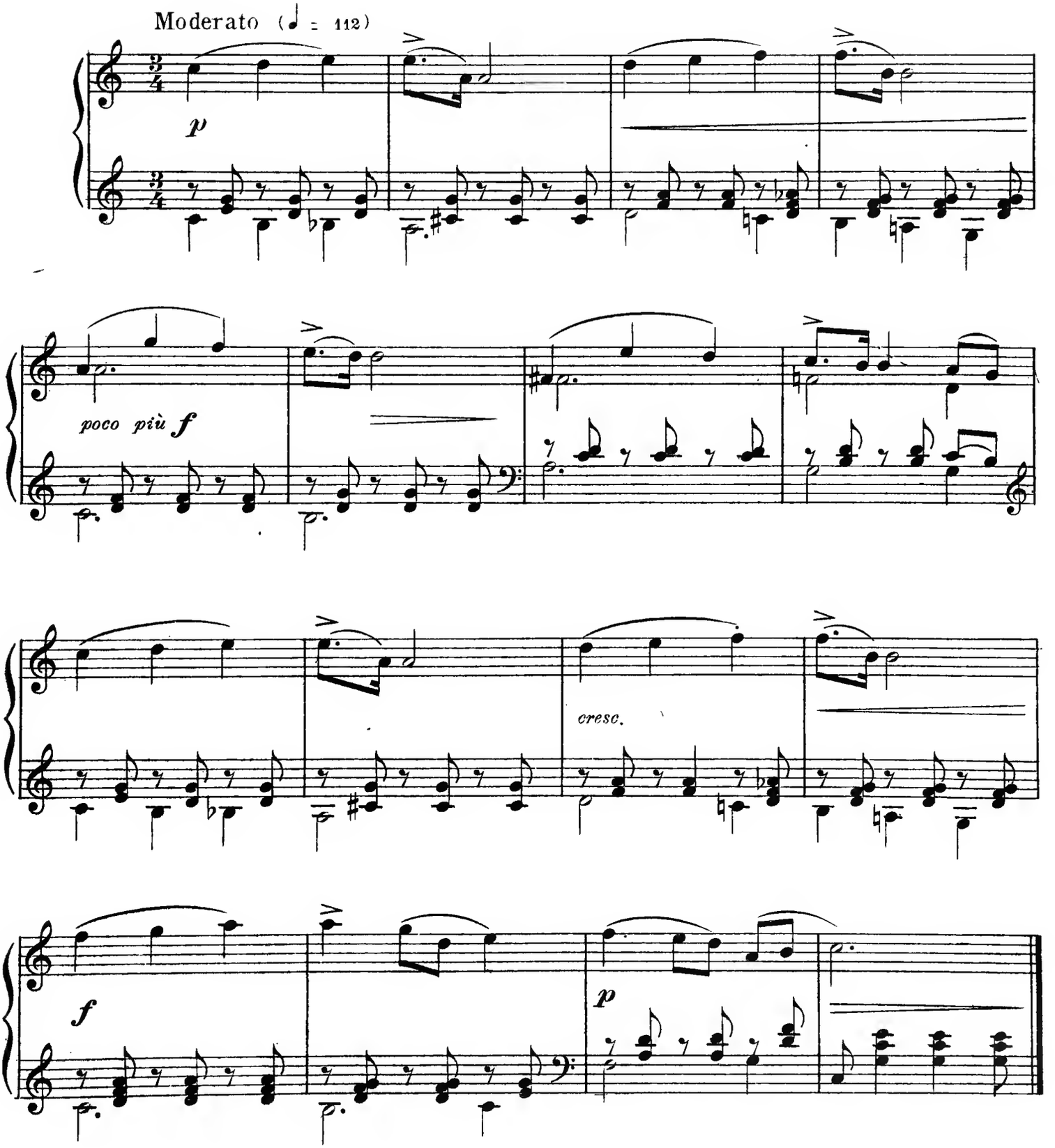


✻

Plastic Exercise A

Bending from side to side

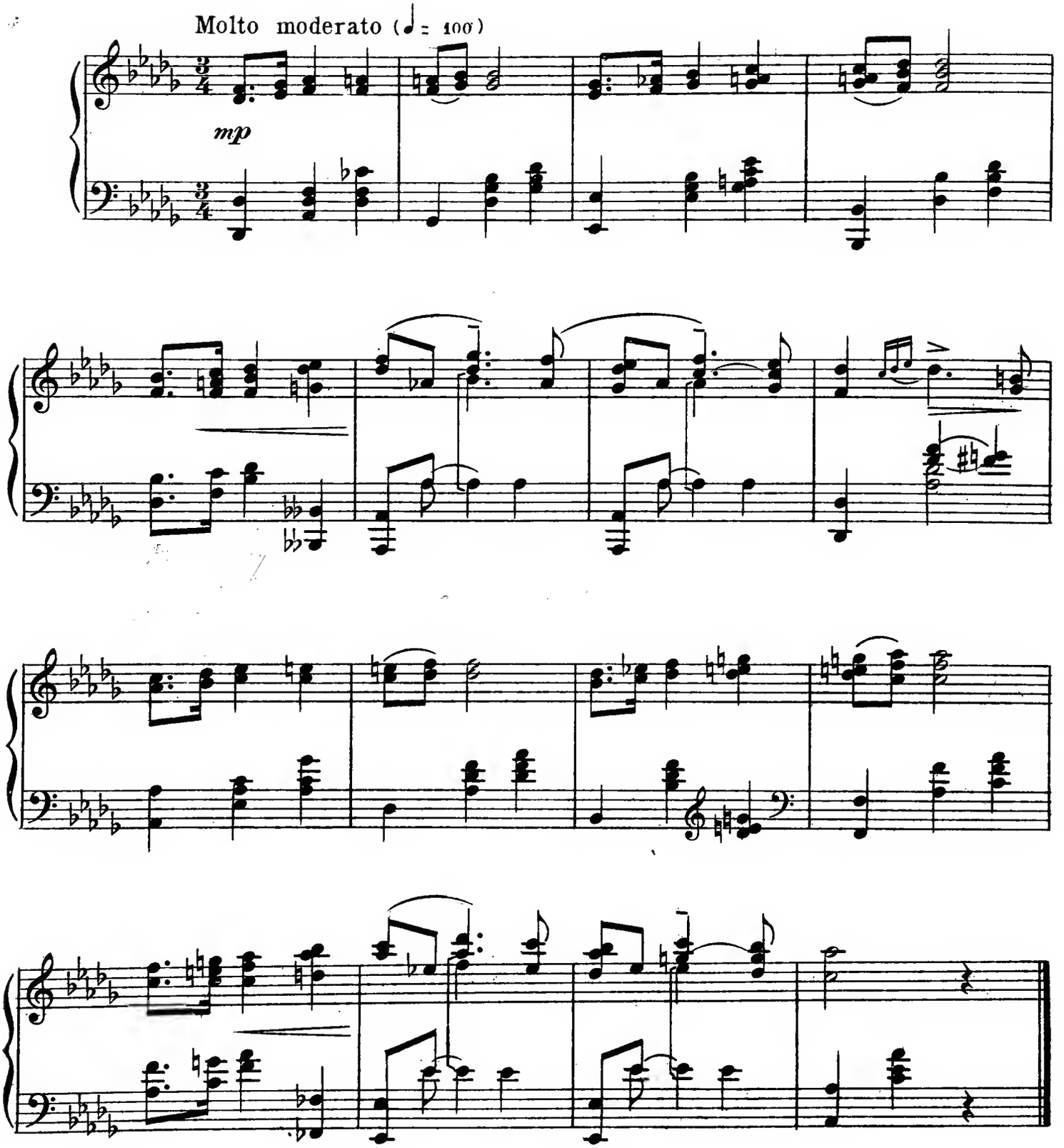
Book II, Page 77



Plastic Exercise C

Twisting the trunk

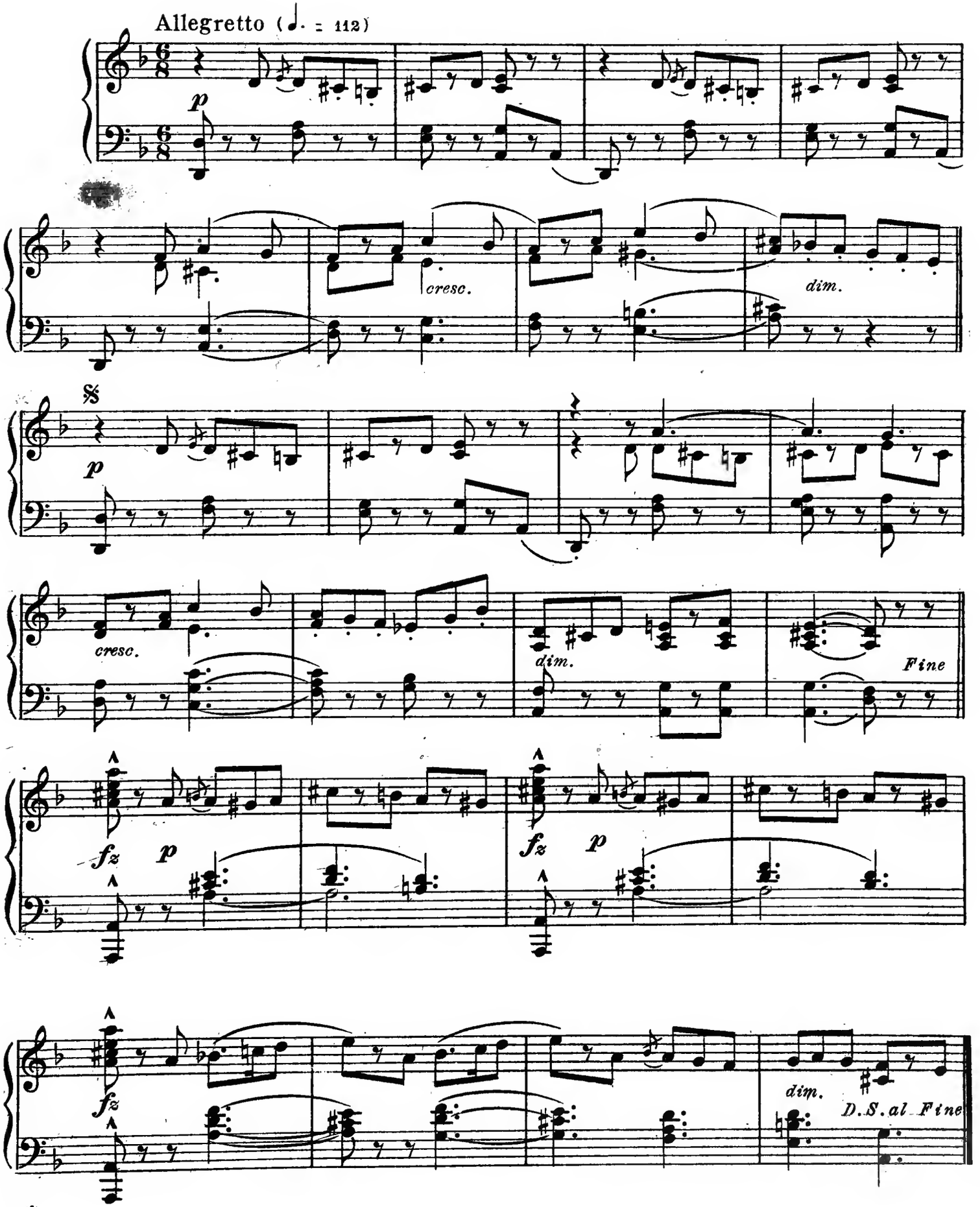
Book II, Page 85



*

Four-slides Galop

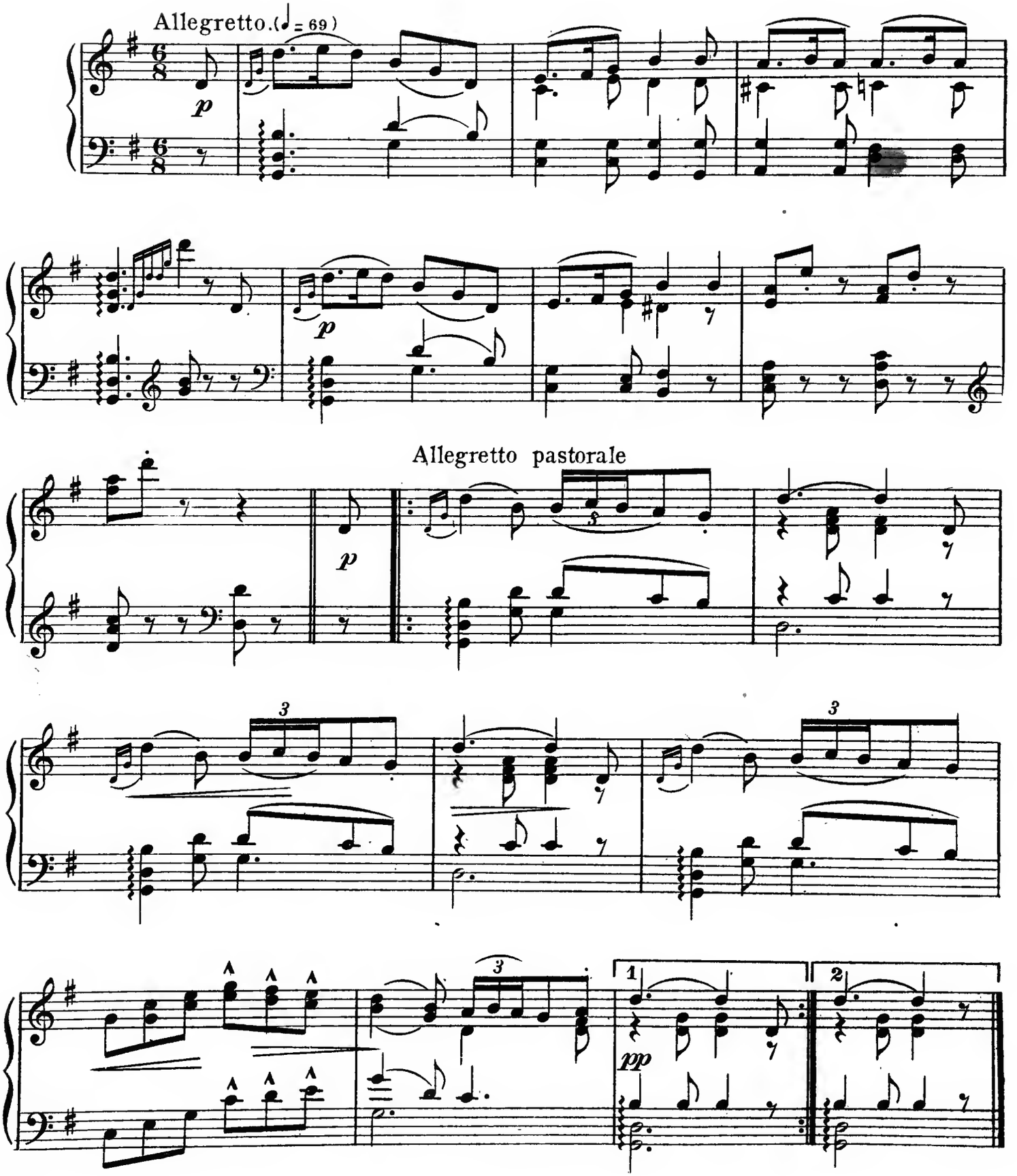
Gà-lo. Book II, Page 182



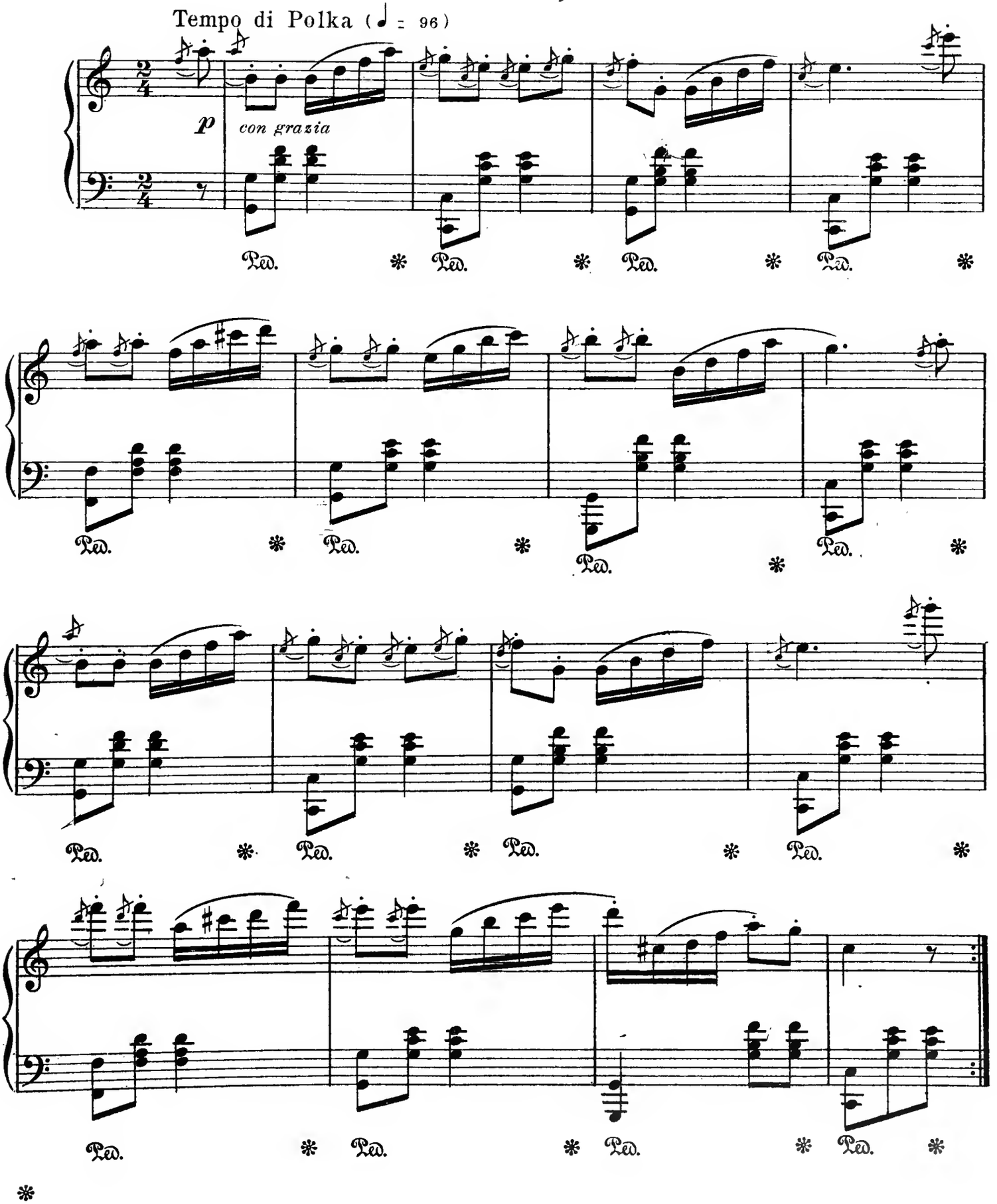
Polka Method

1st & 2nd Preparatory Exercises

Book II, Page 185



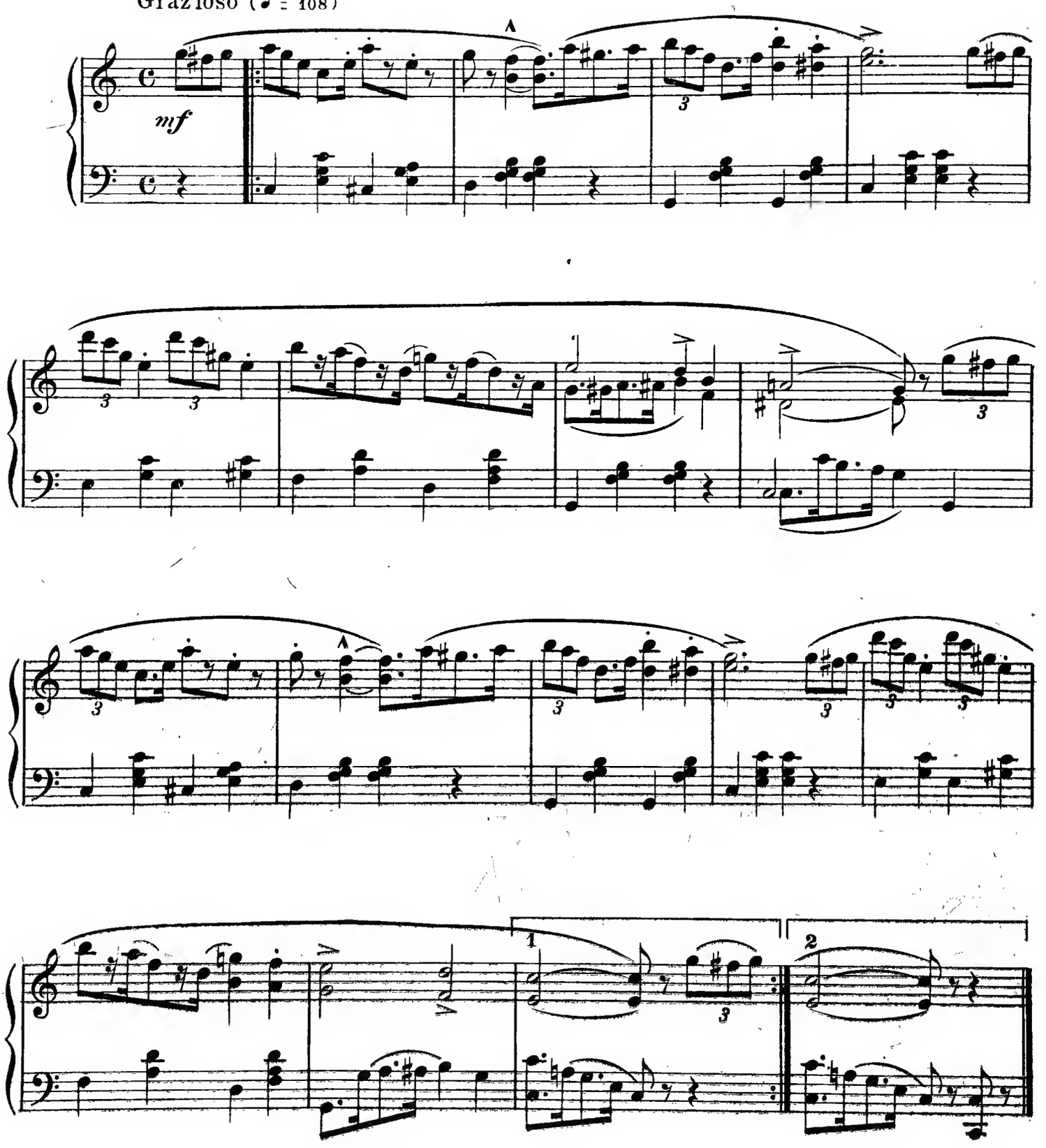
Polka from Side to Side



Schottische

Book II, Page 191

Grazioso (♩ = 108)

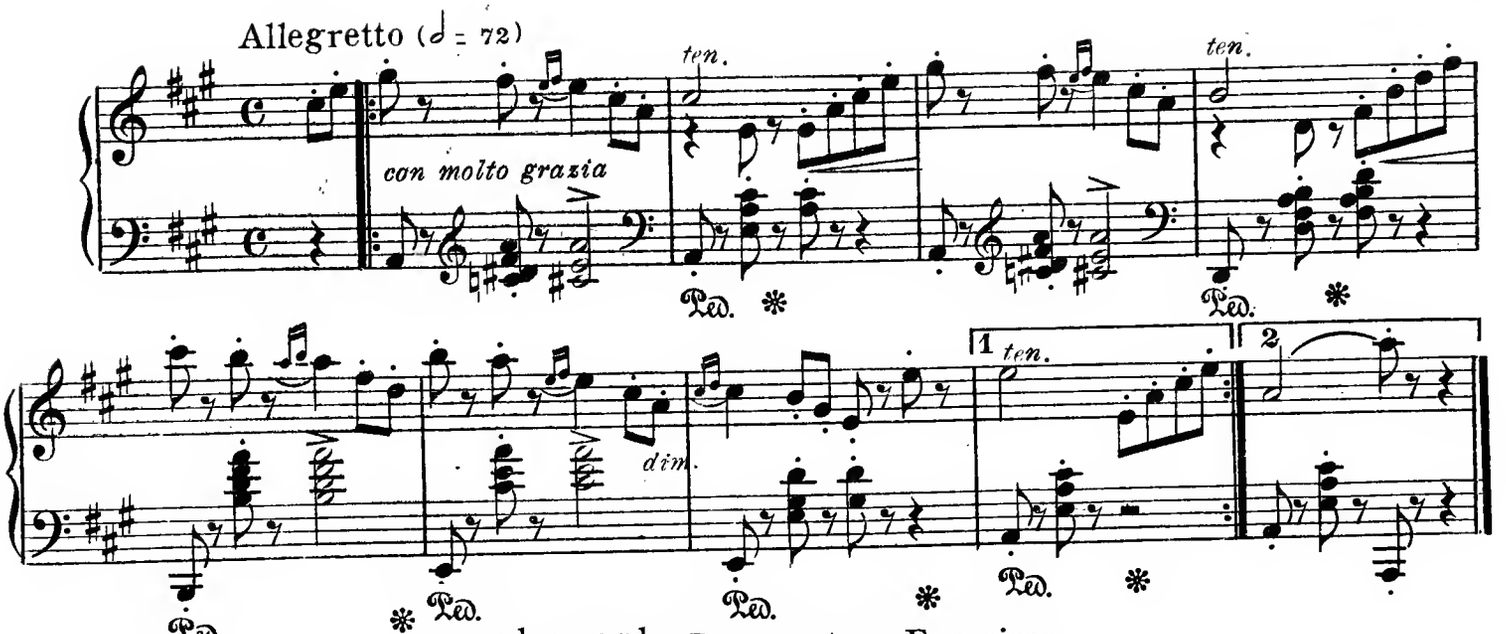


Waltz Method

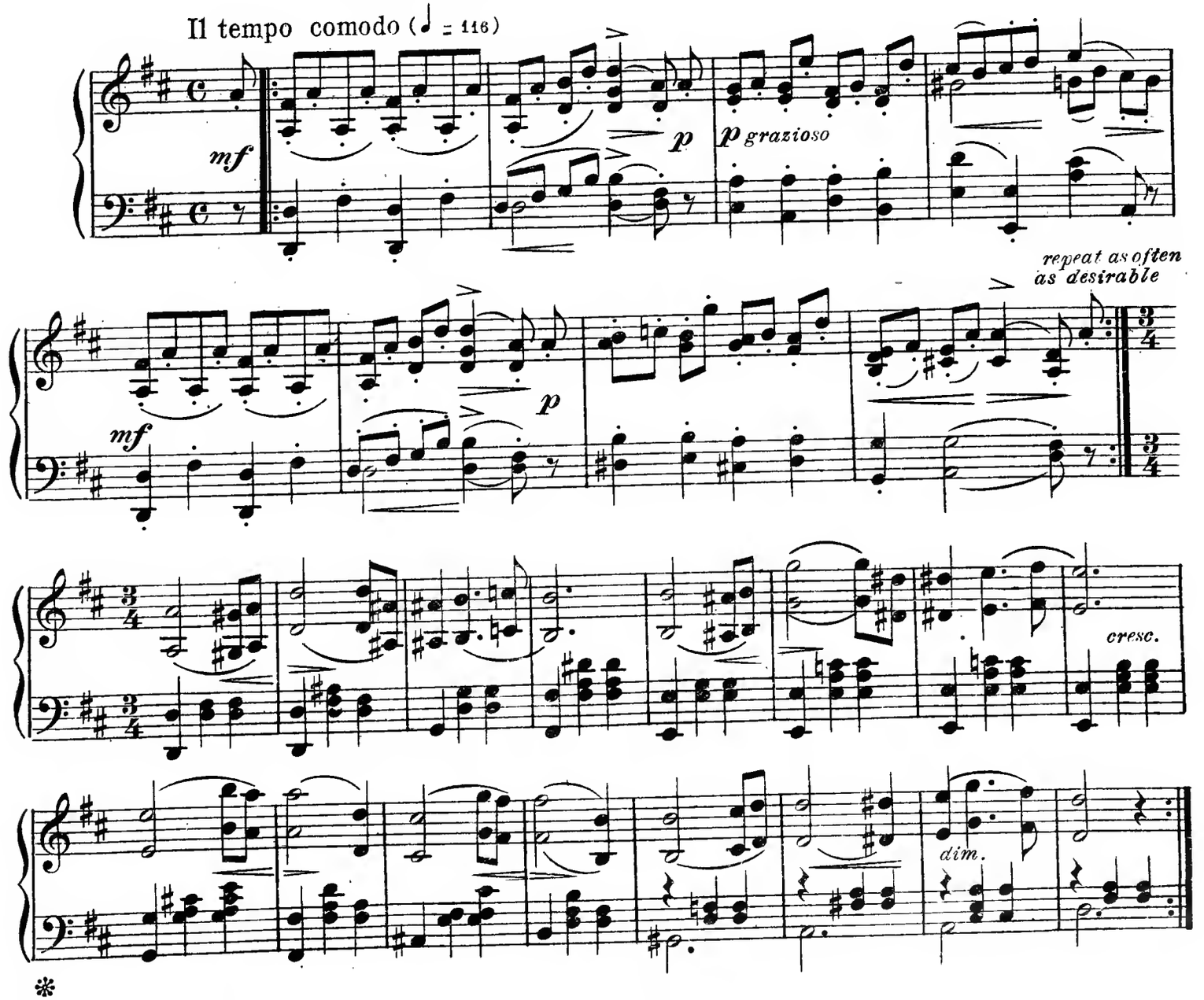
1st Preparatory Exercise

(Use one measure for each execution)

Book II, Page 193



2nd & 3rd Preparatory Exercises



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Song of the Robin. p sg 1.
Cupid. For a child, s 2.
Dryads' Dance. g w branches, 2.
Chopin Prélude. p s w imag. faun, 2.
Sagatelle. Bright, sg, 2.
Moment Musical (Schubert), s 2-3.
To a Wild Rose. w a rose; s 2-3.
Moment Rhythmique. Popular sg 2-3.
The Moth and the Flame. s 2-3.
Meditation. Religious sg 2-3.
Arcadia. Popular s 2-3.
Pan. Solo for m. or f., 2-3.
Hymn to the Sun. Religious s 2-3.
The Cherished Urn. Sad s 2-3.
Liberty. Patriotic sg 2-3.
Sowing and Harvest. s 2-3.
Languags of the Flowers. s 2-3.
The Herald of Peace (or an angel's dance). w trumpet; s 2-3.
Wind and Wave. Favorite s, 2-3.
Chopin Waltz in C♯ minor. s 2-3.
Humoreska (Dvorák). s 2-3.
The Echo. Delicate sg 2-3.
Psyche—the soul. sg 2-3.
Barcarolle from "Hoffmann." A quiet but live s, 2-3.
Polyhymnia. w her lyre; s 3.
Valse Caprice (Rubinstein). s 3.
Diana (or Apollo). w bow; sg 3.
Pandora. Story in panto., s 3.
April. Now sad, now gay, s 3.
Vive la France! Strong p s 3.
Cymbal Dance. Noble sg 3.
A Dancing Nymph. Joyous s 3.
Pensive and Gay. Chopin. s 3.
Dream Waltz. Chopin. s 3.
Chant du Matin. Ethereal sg 3.
Blue Danube Waltz. Gay sg 3.
Flower-of-an-hour. Dramatic s 3.
Hebe. Pleasing & dramatic s 3.
Bow & Arrow Dance. Athl. sg. 3.
Hark, Hark, the Lark! a 3.
June. s w sweet music, 3.
Song of the Woods. Pastoral, sg, 3.
Conflict, Victory, Peace. s, 3.
The Message. Dramatic, spiritual s, 3.
Joy. Chopin waltz. s 3-4.
Bacchanal. w a cup; s 3-4.
The Water Nymph. Scarf sg 3-4.
Idylle. Gentle and soft sg. 3-4.
The Wood Nymph. Gay, s 3-4.
The Huntress. Bow & arrow s 3-4.
The Vintage. w basket; s 3-4
On to Victory. Patriotic s 4.

DUETS

Pastorale. A poem of Arcadian shepherds, m & f, 2-3.
Shepherd and Angel. p 2-3.
Light and Darkness. p 3.
Romance. using a garland; 3.
Pyrrhic Dance. Combat dg 3; $2.50.
L'Automne (Bacchanale). Using a scarf, 4.
In Early Spring. For m & f.

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The Fairy Pipes. Circle dance, 1-2.
Greek Maidens Playing Ball. Very effective & simple, w balls; 1-2.
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Sea-Dreams. g's of 4, w scarves; 2.
Dryads' Dance. w branches, 2.
Pompeian Flower Girls. Roman, esp. good for festival, 2.
Diana's Hunting Party. w bows, 2.
The Chariot Race. Roman g of 3; 2.
Trio Waltz. Popular & beautiful g of 3, w varied poses, 2.
Nymphs at Play. Lively, 2-3.
The Golden Age. g of 3; 2-3.

GREEK BALLETS

Marche Héroïque. g of 6.
Forest Spirits. For 12 f; 2.
Summer Nocturne. g of 6; 2.
Spring's Awakening. g of 6; 2.
The Elements in Tumult—Water, Wind & Fire. g of 3; 2.
Twilight Symphony. Quiet, s 6; 2-3.

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Good for s or g unless otherwise indicated.

Poppies. For a new class; 1.
The May Queen. Par terre; 1.
Little Fairy Snowflake. Pretty, of interpretive char., 1.
The Rainbow. w cape scarf, 1-2.
The Dew Fairy. Dainty; 1-2.
Flag Dance. Patriotic, 1-2.
La Ballerina. Imitation toe, 1-2.
Daisies. Very popular, 1-2.
Mignonnette. Classical, 1-2.
La Petite Coquette. French, pos. for Columbine, p, 1-2.
Violette. A Schubert waltz, 2.
A Maid of Plymouth. 2
Little Miss Muffet. Quaint p, 2.
The Elfin Queen. Tripping, 2.
Valentine. Lyric waltz, 2.
The Fairy Queen. Popular & sprightly, p element, 2.
The Swallow. Flying dance. 2.
Allegretto. Sweet; Scotch air, 2.
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Pizzicato. Playful & educ., 2.
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Snow-white. Pretty and capricious, fairy-like, 2-3.
Valse Gracieuse. Educational, 2-3.
Tiger Lily. Technical, 3.
Valse Romantique. The joy and pain of love. 3.
Tiger Lily. Chopin, 3.
The Morning Star. Flying, 3.
Bluette's Polka. Little Boy Blue character (m or f) s 3.
Eugénia Onyégin. Waltz, 3.
Valse Brillante. Flying, 3-4.
Three Fair Maids. Classic sg 3-4.
Le Papillon (Butterfly). Tech., to a Chopin waltz, 4.
The Blue Bird. Perfect, flying, 4.
Golden Butterfly. Educational, 4.
Valse Virtuose. Technical, 5.
Florabelle. Graceful, 3-4 time.
The Rose Ring. F. & child, d 1-2.
Rolling Hoops. g, 2.
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Dandelions. Quaint, sg.
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Cherubs. Sweet, sg.
Starlight. Dreamy, sg.
Waves at Play. Imitative, g.
Roundelay. Teachable, g.
The Rag Doll. w doll, sg.
La Petite Demoiselle. sg.
The Milkmaid. Descriptive sg.
The Fairy Boat. Popular, sg.
Spring Flowers. Pretty, sg.
Peek-a-boo. Adorable, sg.
White Butterflies. Playful sg.
The Moon. (speaking to it). sg.
The Green Bonnet. Quaint, sg.
A True Tale. sg.
Dance of the Elves. dg.
Peter Rabbit. Comical, sg 1-2.
A Little Sunbeam. sg. 1-2.

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The Rag Doll. Babies', sg 1.
The French Doll. Automaton's p sg 1.
Pampadour. Hoopskirt sg 1.
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Golden Stars. German legend, s 1-2.
The Shepherd Boy. w flute, s 1-2.
Dixie. Esp. captivating, 2.
The Tin Soldier. Humorous sg 2.
The Shepherdess. Dainty sg 2-3.
The Village Belle. Polka sg 2-3.
The Flower Seller. Pretty sg 2-3.
Columbine. Playful sg 3.
Pierrette. Light sg 3.
Joy of the Rose. p s of Pierrot w guitar & rose from C; 2-3.
Pierrot. p s for m or f, 3.
Queen of Hearts. Flirt's sg 3.
The Letter. 1830 costume, p s 3.
The Dragonfly. Light, sg 3-4.
The Stolen Gipsy. p s for f, 3-4.
My Regimant. Semi-mil. sg.
Puck. Sprightly s.
The Dresden Doll. Quaint sg.
The Nightingale's Wooing. d 1-2.
Jean et Jeannette. p d 2-3.
Spring in Town. 1830 p d, 3.
Village Festival. 4 m & 4 f g.
Masqueraders. g of 3, 2-3.

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Tarantella. Neapolitan t dg, 2.
Saltarella. Modern Roman dg, 2-3.
Siciliano. Fiery t sg. 2.
Furiana. (Nat'l). Venetian t sg. 2.
The Tarantula. p t sg 3.

SPAIN

La Mancha. Attractive sg, 1-2.
A Flower of Spain. D-C sg, tango rhythm. 2.
Cachuca. Like Elssler's, sg, 2.
La Feria. Fiery waltz sg 3.
Madrilsña. Waltz s 3.
Bolero. Spectacular sg 3.
Spanish Fan Dance. Dashing sg 3.
Pearl of Andalusia. Tango rythm, Sarasate music; sg 3.
Ole Gaditano. Andalusian s, 3-4.
Spanish Rhapsody. Graceful sg.
Jota Aragonesa. Peasant dg, 2-3.

TYROL

The Beauty of the Alps. p. sg. 2-3.
Tyrolienne. National pass. dg. 2.
Tyrolian Trio. 1 m & 2 f, g 2.

THE GIPSIES

The Gipsy Camp. Fiery Moldavian char. t s or good g, 3.
The Andalusian Gipsy. sg 3.
The Gipsy Beggar. Tragic Spanish p t s, for m or f, 3.
By the Fire-light. s 3-4.
L'Amour Tsigane. Fiery d t 3.

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Musette. Louis IV sg, 1-2.
Gavotte. s or an esp. good g, 2.
Rigaudon. Delicate, running sg 2.
Grandmother's Minuet. sg 1.
Pavane. Court figure dg. 2.
Menuet de la Reine. Stately dg 2.
Sarabande. Pastoral dg, 2-3.
Chaconne. dg. 2-3.
Gavotte Pastorale. Bright p g 1-2.
Menuet de la Cour. Square g 2.
Allemande. For 3 cpls., g 2.
Queen of Swords. Stately & picturesque minuet, 12 or 8 cpls, 2.

RUMANIA

Ca la Breaza. Peasant sg 2-3.

HUNGARY

The Hussar. Pop. char. sg, 2.
Nagya. Brahms sg, 2-3.
The Magyar. Pop. csárdás sg. 3.
Brahms' 5th Hungarian Dance. For m or f, varying time, sg 3.
Csárdás s or g, typical, 3.
Csárdás d or g, strong, 3.
Waglerka. Military char. d g 3.

HOLLAND

Dutch Dolls, w a doll, e 1-2.
Dutch Twins. Comic p d 1-2.
The Villagers. Rollicking d 2.

GREAT BRITAIN

Sailor's Hornpipe. sg, 1-2. $1.
A Shamrock. Jig for f, 2.
Coranto. Shakespearian d, 2.
Canaries. do., quick, 2.
Gaillard. do., graceful, 2-3.
Passepied. do., 2-3.

SCOTLAND

Bonnie Dundee. sg 2-3.
Highland Fling. sg 3.
Sword Dance. sg 3-4. Desc., $3.

GERMANY

Gretchen. Char. waltz, sg 2.
The Pied Piper. g 1-2, $1.

SWEDEN

Polska. Nat'l dg, 2-3.

CZECHO-SLOVAKIA

A Wayside in Bohemia. Polka pd 2
Czech Dance. Polka sg, 3.

POLAND

White Rose Mazurka. D-C sg 2-3.
Kujawiak. Gay & sad sg 3
Maryala. Peas. mazurka. sg 3-4.
Mazovian Maid. D-C sg, 3-4.
The Polish Princess. D-C sg, 3-4.
Maid-of-Honor. Nat'l mazur p s 4.
Krakowiak. Nat'l peas. dg.2-3.
Stach i Zoska. Char. p d 2-3.
Obertass. Rollicking dg 2-3.
Jolly Cortège. Peas. dg 2-3.
Polonaise. Nat'l ballroom g.).

RUSSIA

Piyasováia. Handkerchief sg 2.
Ukrainsky. Playful rustic sg 2.
Russian Bride's Dance. s 2-3.
Polovetzian Girl's Dance. Graceful Tartar sg w veil, 2-3.
Lezginka. Wild Cauc., e 2-3.
Swadébnaia. Odd sg 2-3.
Russian Rhapsody. Pan-Russian; 1917 Revolution, sg 3.
The Red Sarafan. D-C sg 3.
Donskoi Cossack Dance. sg 3-4.
Russian Court Dance. p d 2.
Kasatchok. Nat'l peas. p d 2-3.
Siev Dance. For m & f., dg.
Russian Quadrilla, 8 cpls, 2.
A Russian Wedding. g, 2-3.

The ORIENT

Moon Dance. Interpretive sg 2-3.
Cleopetra's Dance. Egypt, sg 3.
Salammbô. Carthaginian, s 3.
Anitra's Dance. Arabia, sg 3-4.
Enchantress. w a bird, p s 4.
The Blue Veil. Attractive sg.

JAPAN

The Waterfall. Interp. sg 1-2.
Saibara. Favorite fan p sg 1-2.
Japanese Lanterns. s, good g, 2.
Cherry Blossoms. Pretty p d 1-2.
Japanese Group Dance. Parasol, figure g for 8 or 16; 1; $2.

AMERICA

Over There. sg, 2-3. Descrip.
La Paloma. Mexican sg 3.
The Inca Princess. s 3.
La Créole. Character sg 3-4.
Her Warrior. Indian p d 2-3.
Hallowe'en Dance. Circular g 2.
America. Entertaining historical series of 8 s & 1 g, 2.

FOLK DANCES
80c each, or less where stated.

ITALY

Sorrantina. Lively, t, 2.

SPAIN

Zorongo. Showy, 3.
Maschegas (Beguidillas M-). 3.
Tripoli-Trágola. From the Andalusian Gipsies, popular, 3.

The SOUTH SLAVS

Cola Serbienka. Serbian; 55c; 1.
Bulgarian Folk Dance. 55c; 1.
Croatian Folk Dance. 55c; 1.

OLD FRANCE

The Bridge of Avignon. 1.
Tourdion. A favorite. 2.
Le Tambourin. Gay, t, 2.
Le Tambourin. Gay; t, 2.
Fricassée. Soldier polka, 2.
Normae Folk Dance. Interesting, 2.

HUNSARY

Csabbogár. Popular, 55c; 1.
Ritka. Tuneful & popular, 3.

GREAT BRITAIN

Morris Dance. Regular s; 1; 30c.
Morris Dance. Circular, 1; 30c.
Old English Folk Dance. 1; 30c.
Maypole Dance. O. E., 1; 30c.
Old Rustic Dance. 1; 30c.
Thanksgiving Dance. (OE), 2; 55c.
Old Welsh Dance. Esp. pop., 2.
Highland Schottische. 2.
Irish Lilt. Young or old, 2; 55c.

The LOW COUNTRIES

Flemish Folk Dance. popular, 1.
Ostendaise. Belgian, milit., 2.
Wooden Shoes. Dutch, pop., 2.
The Windmill. Dutch, 3.

GERMANY

May Dance. Bowing, 1; 30c.
Westphalian Peasant Dance. Waltz time, beautiful. 2.
Bavarian Folk Dance. Waltz, (hop); especially good, 1.

SCANDINAVIA

Long Dance. Swedish, 1; 30c.
Ring Dance. Swedish, 1; 30c.
First of May. w song, 1; 30c.
Mountain Trio. Norwegian, 2; 30c.

CZECHO-SLOVAKIA

Skákání Skoky. Polka, p, 1-2.
Baborák. To a slow waltz, 2.
Slovak Folk Dance. Military, 2.
Strasák. Polka, clapping, 2-3.

POLAND

Góralski Taniec. Esp. pop., 1.
Cracovienna. 2; 55c.
Tatra Dance. Carpathian, 2.
Zbojecki. Carpathian, boys, 2.

LITHUANIA

Suktinis, polka, 1.
Klumpakojis. Quick polka, 1.
Kriputis. Clapping hands 1-2. These 3 dances together, $1.50.

RUSSIA

Snow Storm. Popular, p. 1.
Pletyonka. "Braiding." 1.
Lulóck. Russian polka, 1.
Khorovód. (The Crane) 1, 55c.
Troika. 2 f to 1 m, pop., 1.
Utushka. Unusual & good, 1.
Kolomaika. Effective, 2-3.
Kukushka. The Cuckoo. 3.

AMERICA

Snake Dance. Indian, O-1; 55c.
Scalp Dance. Indian p, 1; 55c.
Indian Maids. w queint p, 1-2.
The Wheel. Athletic, m, 2; 30c.

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Hewett's Fancy. Esp. good, 1.
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